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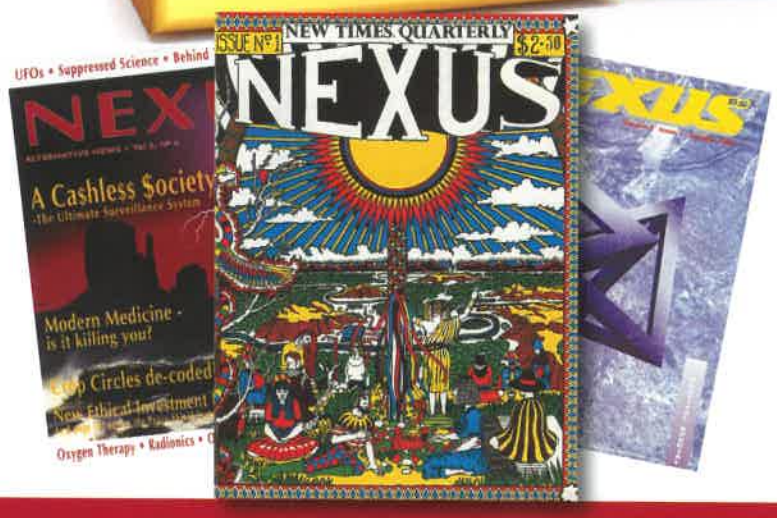
NEXUS

THE ALTERNATIVE NEWS MAGAZINE

October–November 2022
Vol. 29, No. 6
UK £5.50

200 ISSUES CELEBRATION



In this special issue:

- Our Top 20 articles of all time
- History of fermentation
- Crop circles: the twilight zone?
- CoEvolution: new disclosures
- How child abuse is normalised

An interview with visionary Rupert Sheldrake

ISSN 1039-0170

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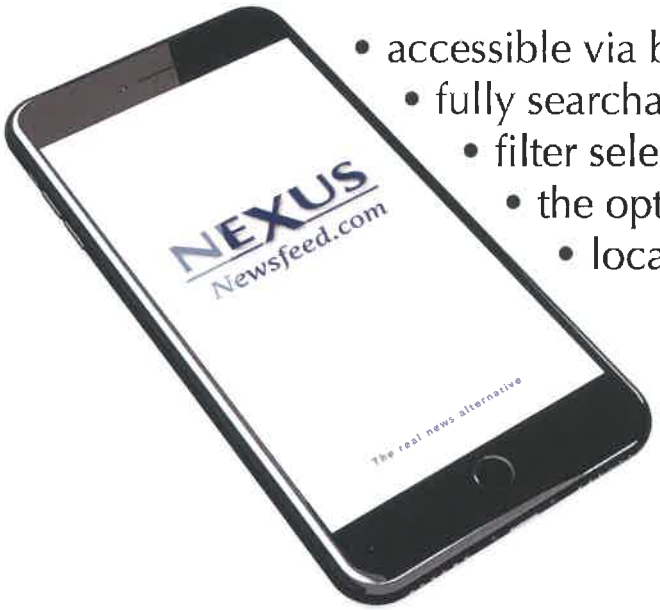

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NEXUS MAGAZINE
Published under licence by
Nexus Magazine (UK) Ltd

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STATEMENT OF PURPOSE
NEXUS recognises that humanity is undergoing a massive transformation. With this in mind, NEXUS seeks to provide 'hard-to-get' information so as to assist people through these changes. NEXUS is not linked to any religious, philosophical or political ideology or organisation.

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Welcome to Issue 200!

Welcome to the 200th issue of NEXUS Magazine. There is probably a lot I could say and reminisce about, but I really don't see the need. NEXUS has never been about me; it has always been about providing you with information that empowers you. That said though, NEXUS has certainly been an amazing journey of learning for me. It has taken me to many countries for many reasons, ranging from business meetings about NEXUS being published in other languages, to clandestine appointments with ex-intelligence officials where we've discussed aspects of the global ET and UFO situation. I've been inside secured information facilities in countries ranging from Australia to Libya to Russia, travelled to see the world's ancient mystery sites, witnessed strange science experiments, and experienced seeing the magic of nature.

During the past 33 years, I've organised over 30 international NEXUS conferences, each hosting a dozen or more top speakers from around the globe, all addressing subjects that you have seen in NEXUS Magazine.

I've always known of the long-standing plan to create a new world order where the minds and bodies of humans are enslaved by a small elite. Whether that "elite" group is actually human or not, remains to be seen. And I've always suspected that the trigger event necessary to spook the herd of humans in a mass fear panic would be either a fake pandemic that forces people to receive a new type of vaccine, and/or a fake, but very believable, ET attack on Earth. These were, and still are, the only two fear "tipping points" that I could see driving the panicked public straight into the arms of their new overlords.

I've always known of the long-standing plan to create a new world order where the minds and bodies of humans are enslaved by a small elite.

The tipping point for me believing in a century-long plot to create a technocratic new world order was hearing Colonel Muammar Gaddafi talking about it in 1986, while I was in Libya attending a conference about the Intifada, (the latest Palestinian uprising). I'd heard of global conspiracies before, but they had been coming from the religious right of America, and while I found them interesting, I was not convinced. Gaddafi obviously had first-hand knowledge, and he made it clear that nations not wanting to be part of the new world order and its global cashless currency should be preparing *now* (remembering that was 1986).

You might by now understand why NEXUS has put out so much information challenging every aspect of modern medicine, ranging from the germ theory upon which the fraud of vaccination is built to the total lack of safety and efficacy of any vaccine ever invented. You might also see that NEXUS has never sought to portray ETs and other non-Earth visitors as an inherently hostile threat to humankind. In fact, there is more evidence to suggest that historically, ETs have intervened to keep humans alive on this planet.

All that aside, because this is issue 200, I've put together a commentary containing my all-time favourite articles from all the issues published since 1987.

Before the widespread use of the internet, there was NEXUS Magazine. Published in over a dozen languages, it was the main go-to magazine for people thinking outside of the box, and gave people their "conspiracy fix" every two months. These days, most people get their conspiracy fix every day, or every few hours. Just remember that you are an immortal being of spirit, having a human experience, and don't forget to smell the flowers along the way.

– Duncan

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NEXUS Magazine and the Good of Humanity

Dear Duncan: Firstly, congratulations on your 200th edition. What an achievement! Secondly, thank you for publishing my earlier letter in your April–May 2022 [29/03] issue. I was very astonished! And thirdly, thank you so much for the latest magazine, full of interesting thoughts as usual.

Your request about readers' journeys made me think deeply about my contribution to the good versus evil battle taking place in plain sight (not obvious to many people of course) and wonder if it is time I spoke out. For many years (I am now 80) I have increasingly recognised that I channel a huge amount of power from the higher consciousness and am able to change things with a single thought or visualisation.

Through trial and error, and with the help of guides and many symbols on the path (literally!) I have learned to use this power wisely! I have experienced a God light experience when I desperately needed it and also felt the disgusting stench of evil (picked up from a third party), so I absolutely know that the two forces exist.

Just lately I have been entrusted with the power of the archangel Gabriel, who is the only female archangel in ancient scriptures. I generate this God-given power to send intense light to the planet and everyone and everything on it. I use no destructive thoughts to obliterate the negative elements at work, because having negative thoughts only adds to their power. Positive thinking and healing light visualisations are the only way to defeat the darkness. And I know that good will win the battle.

My letter, and the contents, may not be suitable for the magazine, but I would like to thank you most sincerely for the help and confirmation that your editor's letter and magazine have given me since 2017, when my instinct led me to first be aware of you. I want you to know that you are doing really important work in encouraging people like me to work very hard for the common good of humanity. Thank you so much!

Very best wishes,
Sheila Attwater, UK

Two-Hundredth Issue of NEXUS Magazine!

Hi Duncan: 200 issues of NEXUS! Wow! Where do I begin?

Well, when I bought my first issue of NEXUS, I thought it was an April Fool's joke. Either that, or someone with a strange sense of humour and a warped agenda was attempting to hijack truth and turn it into weird satire. But no, it was actually the real deal.

What I was reading was unvarnished—not tweaked and not censored. More importantly, it gave us all hope. It presented a venue to vent the intolerable imposition that the mainstream media constantly places upon those who desperately want their voices to be heard, instead of being shut up. At long last, a conduit had opened out, seemingly, just like a sci-fi portal. I didn't hesitate, I stepped straight in. There I'd be, straining at the leash to know what further revelations would be revealed in the next upcoming issue. Exciting times.

It never disappointed. There was always something to tickle your prior worldview. Something would be published within its pages to stop you in your tracks.

Complacency was the enemy. And more often than not, I'd consume one whole NEXUS Magazine at one single sitting. One bite at a time was not for me!

Last issue [29/05] I enjoyed reading "False Flags: How Wars Really Start". As T.J. Coles' article implies, false flags have become the opiate of various countries and their respective governments to initiate wars for decades. What better way can there be to get a populace into gloom and doom mode than by using the convenience of a "false flag". It works every time. And not unexpectedly, during modern times, America has, and still is, an ardent abuser of the false flag methodology.

Best regards,
Ray Howes, UK

NEXUS and the Evolution of an Alternative Community

Duncan: Aloha amigo comrade! You are a true hippy hero. Similar to Julian Assange, John Pilger, John Perkins and other brave journos who are making a difference in the fight of the fourth estate to report on all the truth of what's happening in our world.

Congrats for knowing how to stay in business when many have disappeared via nefarious means. We remember the old days, when NEXUS was distributed via car boots up and down the east coast of Australia. You co-created ASTRO [Alternative Science & Technology Research Association] and supported us when we formed a branch in Byron Bay, and then elsewhere around the country.

You gave us free subscriptions and free stall space at the NEXUS Conferences, where we displayed our Brown's Gas hydrogen welder, our "Joe Cells" and other weird inventions that nobody else would let us promote.

You supported and helped bring

all those inventors and researchers out to Australia. Bruce DePalma, George Wiseman, Dan Winter, Roger Green, Stan Deyo, Bruce Cathie, Stan Meyer, Yull Brown and his mate Gus and his hydroxy project and many others. ASTRO outlasted the ASIO infiltrators and the Feds with their trickery.

ASTRO has morphed into Byron New Energy, and still meeting and sharing and working on various projects. Cliff is now head of the hydroxy project, Sapoty has his EV Power Panel vehicle array and vacupulsion motor project, Dieter has built a Byron eco centre with solar farm, methane, hydrogen fuel cell and solar recharger, among others.

I am still making medicinals with NACLO Health Products and staying one jump ahead of the TGA, DPI and HCCC. Jain is now an international Mathemagician, Peter is the Rainmaker, Moksha is the medical researcher—and we are all still hanging in there doing our bit.

So, thanks for all your great work, and may you and all the NEXUS staff, past and present, and supporters and readers hold the light and love that will see us through the coming transformation.

Noah Yamore, NSW, Australia

Call for More Cryptozoology and Paranormal Content

Dear Duncan and crew: Congratulations on this milestone. I'm not sure when I became a regular subscriber, but I reckon I've been with you folks since at least the late 1990s.

It's something I look forward to every two months. One thing (or two) that I would suggest—I really miss the stories covering things cryptozoological (yowie, bigfoot, etc.). If there isn't enough being written in Australia, there's plenty of weird things abroad. Like what's this dogman and the Rake that you come across on sites like YouTube?

I also miss the really weird stuff that you would call paranormal (as opposed to ETs/UFOs which you generally cover to some extent in each issue). Paul Stonehill's articles on ghost railroads/trains is a good example. Also, more on the ancient/lost civilisations. I appreciate that Great Reset matters. Geopolitical and conspiracy are important, but without some of the weird stuff, it gets a little heavy, a little depressing. I surmise that most NEXUS readers are like myself—explorers. We are not afraid of the strange or to tread on topics that people would consider a joke. So maybe a section on cryptozoology and a section on paranormal in each future issue might be a great way to open the new era for NEXUS Magazine.

Finally, a *very* big thank you to you and staff for your dedication and hard work this past 33 years (great number!!!).

Cheers,

Anthony, NSW, Australia

NEXUS Reader Since 1989

Hi Duncan: The 200th issue! Congratulations!

I have been reading NEXUS since 1989 and never miss an issue. The mice got to my old paper copies in storage, so I was very grateful to be able to receive all back issues on digital—best move ever and makes searching so much easier.

Reading NEXUS made me feel normal again, that you were creating a magazine that let me know there were others awake just like me.

Thank you for all your hard work for all these years.

Kind regards,

Debbie Anne, Qld, Australia

Field Structure and Einstein–Cartan–Evans Theory

Dear Duncan, I am impressed with your magazine, because it brings new science to a wider audience.

I live in Wales and can access your magazines in many local towns, because it is stocked by WHSmiths.

It is displayed next to rival magazines, such as *Scientific American* and the weekly *New Scientist*. Nexus is often given pride of place, and a science article is given a higher profile exposure by virtue of the magazine being displayed the longest at two months.

With regards to your latest edition [29/05], I am very impressed by the blue-sky thinking displayed by the German, Horst Eckardt, who has given us here a fresh look at the nature of fields.

He suggests electric charges do not produce static action-at-a-distance fields, but rather evoke the aether and spacetime to offer an alternative dynamic view of low energy gravitons returning the energy given out by higher energy photons. In so doing, Eckardt is seeking to extend even further the reach of the all-encompassing ECE theory unification of electromagnetism and gravitation.

In his bio at the end of the article, you state that Horst is a leading scholar of ECE theory, which is popular with expert groups. This is true and I am in regular contact with some of them across the globe.

Why I am writing to you is to inform you of the impact that another magazine or journal made on the formulation of ECE theory at the dawn of the millennium.

Some years ago, I contacted some of these expert groups to ask them how they became aware of ECE theory. Amazingly, they all quoted the 1999 edition of the *Journal of New Energy*. They were inventors and engineers looking for new leads in their work.

What they found was that in a series of articles, Myron Evans had gone back to Maxwell's original quaternion equations, had found new insights there and added his own knowledge of polarisation to them. Evans was at that time using Clifford algebra to describe the nature of light, in the book series, *The Enigmatic Photon*.

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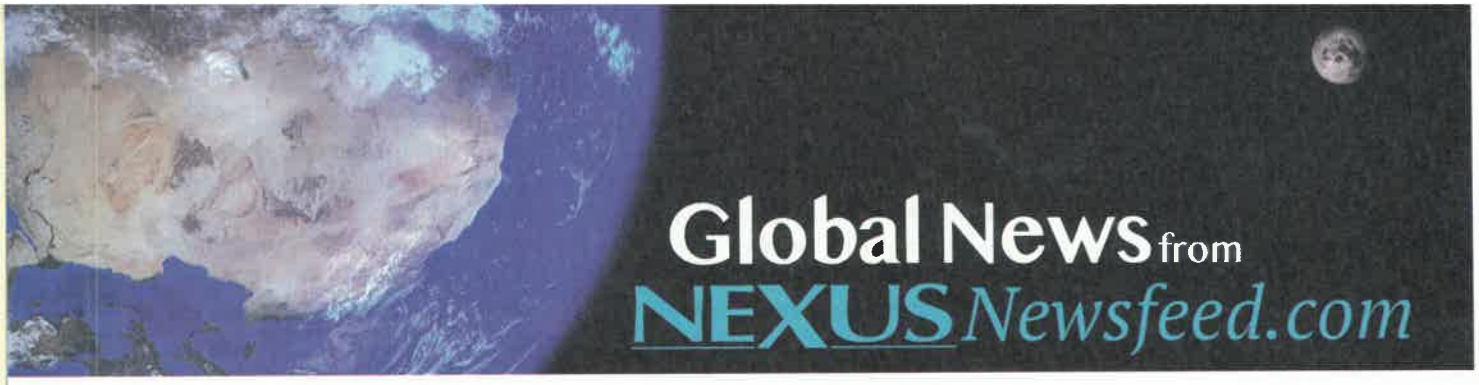

OVER HALF OF TOP ATHLETES HAVE MYOCARDITIS WITH NO SYMPTOMS

Myocarditis, which typically occurs as a result of a bacterial or viral infection, has been linked to as many as 20 per cent of sudden deaths in young athletes. The COVID-19 pandemic raised concerns over an increased incidence of the condition in student athletes.

For a new study presented at the annual meeting of the Radiological Society of North America (RSNA), clinicians at schools in the highly competitive Big Ten athletic conference collaborated to collect data on the frequency of myocarditis in student athletes recovering from COVID-19 infection. Conference officials had required all athletes who had COVID-19 to get a series of cardiac tests before returning to play, providing a unique opportunity for researchers to collect data on the athletes' cardiac status.

Jean Jeudy, MD, professor and radiologist at the University of Maryland School of Medicine in Baltimore, serves as the cardiac MRI core leader for the Big Ten Cardiac Registry. This registry oversaw the collection of all the data from the individual schools.

The results of 1,597 cardiac MRI exams collected at the 13 participating schools revealed thirty-seven of the athletes, or 2.3 per cent, were diagnosed with COVID-19 myocarditis, a percentage on par with the incidence of myocarditis in the general population.

However, an alarmingly high proportion of the myocarditis cases were found in athletes with no clinical symptoms. Twenty of the patients with COVID-19 myocarditis (54 per cent) had neither cardiac symptoms nor cardiac testing abnormalities. Only cardiac MRI identified the problem.

"Testing patients for clinical symptoms of myocarditis only captured a small percentage of all patients who had myocardial inflammation," Dr Jeudy said. "Cardiac MRI for all athletes yielded a 7.4-fold increase in detection."

The implications of post-COVID-19 myocardial injury detected by cardiac MRI are still unknown.
(Source: RSNA.org, 29 November 2021, https://tinyurl.com/3yks7f4k)

FRANCE LAUNCHES A CLIMATE CHANGE POLICE FORCE

Much like Canada, France has begun recruitment efforts to launch a new climate change police force to enforce strict climate laws.

Media reports that French Interior Minister Gérald Darmanin is hiring 3,000 "green police" officers to go after those who violate "green-related criminal issues" to safeguard the country from disasters supposedly caused by human-related climate change.

In an interview with *Le Journal du Dimanche*, "Faced with this, we must improve the work of judicial investigation," Darmanin said. "We have therefore decided to massively reinforce the resources of the Central Office for the Fight against Damage to the Environment and to launch 3,000 'green police' posts."

He continued, saying that the climate change police force "will be a revolution."

The announcement comes after the EU crisis management tsar Janez Lenarcic called for the rapid creation of a Europe-wide "Civil Protection Force" to enforce climate laws across the EU.
(Source: thecountersignal.com, 23 August 2022, https://tinyurl.com/2hwdlpx2)

PAKISTAN THREATENS TO BLOCK BANK ACCESS VIA DIGITAL ID SHUTDOWN

Amid continued blackouts and great political unrest, the CIA-backed Pakistani government has threatened protesters with having their digital IDs blocked so they can't access their bank accounts.

Interior minister Rana Sanaullah issued the threat as a warning to former PM Imran Khan, his cabinet, and protesters—after a federal government minister was publicly heckled in a restaurant.

Khan has since been charged with "terrorism" after he accused

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Pakistani police and the judiciary of detaining and torturing one of his aides. The charge has, predictably, not gone over well for the current administration and has only revitalised protests.

Khan has been extremely critical of the current administration since being ousted from the government following a no-confidence vote in April, with his rhetoric growing increasingly accusatory in nature. For their part, the government has responded by blocking online and live TV coverage of Khan's speeches.

"The fascist imported govt sunk to a new low today by banning live coverage of my speeches on TV & then blocking YouTube temporarily during my speech at Liaquat Bagh. All this after continuous intimidation of mediapersons & taking channels off air earlier," Khan wrote on Twitter.

(Source: thecountersignal.com, 26 August 2022, https://tinyurl.com/bdhacnfa)

WEF CALLS FOR GLOBAL AI TO POLICE AND ERASE IDEAS FROM THE INTERNET

In a recent article post, the World Economic Forum (WEF) began calling for a "global intelligence collecting AI" to be created to help censor content across social media which the WEF believes should be removed.

The WEF article, written by Inbal Goldberger, notes how the people currently working in content moderation and censorship "are challenged by an ever-growing list of abuses, such as child abuse, extremism, disinformation, hate speech and fraud; and increasingly advanced actors misusing platforms in unique ways."

The WEF believes the "solution" to censor ideas contrasting the WEF's standards is not to hire any more human content moderators, but to roll out artificial intelligence.

In a draconian recommendation, the WEF explains: "By uniquely

combining the power of innovative technology, off-platform intelligence collection and the prowess of subject-matter experts who understand how threat actors operate, scaled detection of online abuse can reach near-perfect precision."

The AI would not be used to review content posted on social media platforms but would be constructed "to detect nuanced, novel abuses at scale, before they reach mainstream platforms."

Essentially, the WEF would capture intelligence or data from millions of sources across the internet and "subject matter experts", wielding the power of artificial intelligence, would be able to prevent any content they consider dangerous, from ever even reaching social media platforms.

Users banned from Twitter could automatically face equal censorship on other social media platforms, such as Instagram, Facebook, etc.

Additionally, individuals who operate under anonymous handles or usernames may have their identity exposed, especially if they utilise multiple social media platforms.

Independent journalist, Igor Chudov explained the potential ramifications that could occur under such WEF AI protocol: "For example, user @JohnSmith12345 may have a Twitter account and narrowly abide by Twitter rules, but at the same time have a Gettr account where he would publish anti-vaccine messages. Twitter would not be able to suspend @JohnSmith12345's account."

"That is no longer acceptable to the WEF because they want to silence people and ideas, not individual messages or accounts," Chudov added.

By collecting data across the entirety of the internet, the WEF can profile specific individuals as being too dangerous and essentially banish them from social media entirely.

(Source: NationalFile.com, 16 August 2022, https://tinyurl.com/2nlmptk2)

WEF PLANS TO IMPLANT ALL HUMANS WITH MICROCHIPS FOR THE GREAT RESET

The World Economic Forum (WEF) is attempting to normalise the idea of implanting tracking chips into humans, via the Internet of Bodies—a highly controversial technology.

The Internet of Bodies (IoB) is the biological extension of the Internet of Things (IoT) that brought us driverless cars and smart homes.

As part of the Great Reset, both are part of the plans for the future of humanity.

The IoB confirms its belief in the eternal benefits of technology and promises to improve our health and extend our life. That's a good idea,

isn't it? No, the meaning becomes clear once you understand it.

The keyword is here is data. Data is supposed to be the new oil in this new technological era. Our phones and Fitbits are used to collect data about our locations, spending patterns, educational and economic status, political allegiances, walking steps, and oxygen levels.

But through the Internet of Bodies, more and more nanosensors and robots will be embedded in our body, turning us into a quantifiable information platform that can be easily commoditised and even manipulated remotely.

By collecting all this data, data owners will be able to develop very detailed profiles of the population that can be used to enhance surveillance and security defined by authorities.

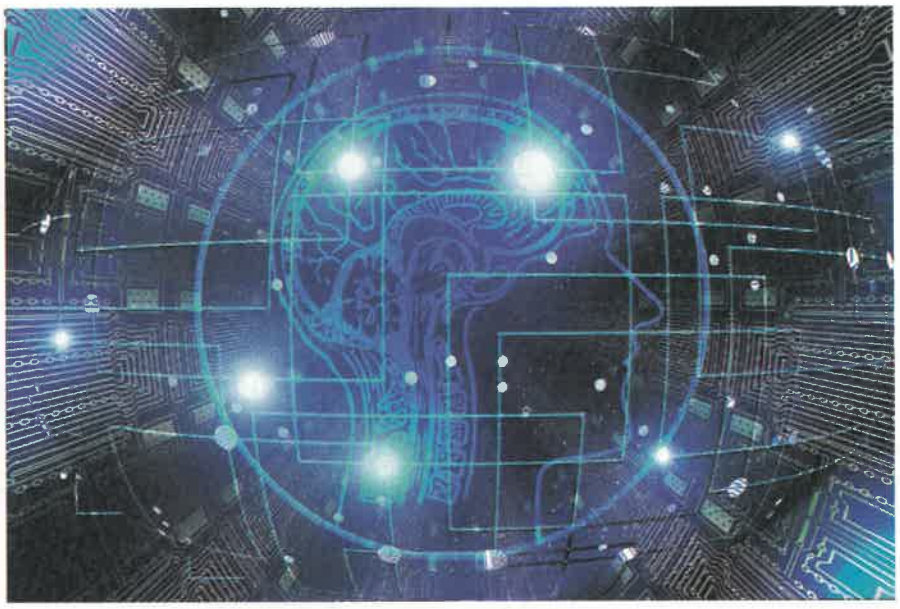
Klaus Schwab, founder of the WEF and proponent of the Great Reset, believes that the pandemic and lockdowns are an opportunity to spread this technological use, which "will result in a fusion of our physical, digital, and biological identities".

His aim is to overcome our human limitations by integrating enough technology into the body and placed within the Fourth Industrial Revolution framework.

In the 2020 WEF article, "Tracking how our bodies work could change our lives", published when the Great Reset was formally announced in June 2020, Xiao Liu wrote: "We're entering the era of the 'Internet of Bodies': Collecting our physical data via a range of devices that can be implanted, swallowed, or worn."

"With big data analytics, countless day-to-day actions and decisions can ultimately feed into our health profile, which may be created and maintained not just by traditional healthcare providers, but also by tech companies or other entities."

This is now being stepped up a



gear with a new WEF article published 16 August 2022, titled "Augmented tech can change the way we live, but only with the right support and vision", written by Kathleen Philips, Vice President of R&D at IMEC.

She suggests "we're already making the first strides towards an 'augmented society'".

Pushing the idea that we humans must be augmented/fused with technology to perform so-called smart tasks, the goal is to have the mass population of the world microchipped: "Are we moving towards a 'brave new world'? As scary as chip implants may sound, they form part of a natural evolution that wearables once underwent."
(Source: TruthTalk.uk, 21 August 2022, https://tinyurl.com/2lexerx2)

BRAIN CHIPS TO BE USED TO CONTROL CRIME? GET READY FOR A NEW WORLD ORDER

With recent advances in brain implants touted by the science community, mind-altering technology might not be the stuff of science fiction for much longer.

Neurotechnologies are brain implants or pieces of wearable tech that interact directly with the brain by monitoring or influencing neural activity.

They are already being used in medicine to treat Parkinson's disease and tested by military organisations looking to employ "cyborg soldiers".

A recent report by lawyer Dr Allan McCay from Sydney University looked at the ways the legal profession could change if implants become more mainstream in society.

It suggests that law enforcement agencies could utilise brain chips in order to manage the behaviour of the convicted and help prevent re-offending.

However, these chips may also be susceptible to hacking—meaning an offender could legitimately claim at trial that they were not in control of their actions.

"From an evidential perspective, it might be difficult to prove the victims' account," says Burkhard Schafer, a professor of Computational Legal Theory at the University of Edinburgh.

"Was it really an attack on their implant that made them not hear the incoming train, or were they just asleep at the wheel?

"When they fired a shot cleaning [a] gun, was this an involuntary muscle spasm caused by an attack on their implant, or is this just an excuse of convenience?"
(Source: dailymail.co.uk, 23 August 2022, tinyurl.com/2lwuvcfy)

US NAVY SAYS ALL UAP/UFO VIDEOS ARE CLASSIFIED AND EXEMPT FROM RELEASE

After a nearly two and a half year effort, The Black Vault was denied under FOIA to get videos declassified depicting Unidentified Aerial Phenomena (UAP) citing a harm to national security, if released.

[TheBlackVault.com is one of the internet's premiere resources for officially declassified US Government documents.]

Since December of 2017, two videos that surfaced of alleged Unidentified Aerial Phenomena (UAP) sightings captivated the world. Months later, a third was released that only increased public interest into the topic, but also strengthened their voice for transparency about the mysterious phenomena.

Even though the military said they were not cleared for public dissemination and considered leaked, the Navy later would officially release copies of the same in April of 2020 to satisfy public curiosity and calls for transparency. But, how many other videos were there?

So, in April of 2020, The Black Vault began a pursuit to have the US Navy release ALL of their videos that held a UAP designation. And after nearly two and a half years, the untold number of videos with that UAP designation have been fully denied due to national security concerns.

Gary Cason, Deputy Director, DON FOIA/PA Program Office, said in the response letter:

"The release of this information will harm national security as it may provide adversaries valuable information regarding Department of Defense/Navy operations, vulnerabilities, and/or capabilities. No portions of the videos can be segregated for release."

Potentially seeing a justification of an appeal, the US Navy uncharacteristically gave additional details for their decision, which cited the previous release of three UAP videos:

"While three UAP videos were released in the past, the facts specific to those three videos are unique in that those videos were initially released via unofficial channels before official release," Cason stated in the letter.

"Those events were discussed extensively in the public domain; in fact, major news outlets conducted specials on these events. Given the amount of information in the public domain regarding these encounters, it was possible to release the files without further damage to national security."

The Black Vault has filed an appeal seeking the release of the videos denied.

(Source: TheBlackVault.com, 8 September 2022, https://tinyurl.com/2gxy2rez)

UK: CASH HAS JUST 5 YEARS LEFT WARNS ATM BOSS

The chief of the UK's largest ATM network has warned that cash has as little as five years left, as the country's infrastructure experiences "death by a thousand cuts".

"The cost of providing cash infrastructure, which includes the ATMs, security and bulk cash centres is huge at £5bn a year," said John Howells, chief executive at Link. Many of these costs are fixed and will not change as consumers move to digital payments.

Since the beginning of the pandemic, "cash use is down by 40pc – and is still falling," he added. A recent report from UK Finance, the banking trade body, estimates that just one in every 20 transactions will be made using cash by 2031.

(Source: telegraph.co.uk, 28 August 2022, https://tinyurl.com/2frlsajm)

FBI TOLD FACEBOOK TO CENSOR BIDEN LAPTOP STORY

Facebook CEO Mark Zuckerberg has revealed how the platform used an algorithm to suppress the Hunter Biden laptop story when it first surfaced in 2020.

During a recent Joe Rogan Experience, Zuckerberg was asked by Rogan how Facebook handles controversial news topics like this.

Zuckerberg explained how although the platform did not completely block the story like Twitter, it was still pushed down users' newsfeeds for as long as a week until more information came down that would indicate whether the story was true or not.

The FBI told Meta employees to be wary of Russian propaganda ahead of the November 2020 election.

That was around the same time the sordid contents of Hunter Biden's computer were first reported by the New York Post - and censored by Twitter.

(Source: dailymail.co.uk, 26 August 2022, https://tinyurl.com/2zf9ckaq)

WESTERN WEAPONS SENT TO UKRAINE: 70 PER CENT DON'T REACH TROOPS

A recent CBS News report suggested that only around 30 per cent of the weapons sent by the West actually make it to the front lines. The report adds to ongoing rumours of waste, corruption, and black market profiteering.

Ukraine is consistently ranked as one of the most corrupt countries in the world, scoring 122/180 on Transparency International's 2021 "Corruption Perceptions Index", where 180 represents the most corrupt and 0 the least.

The US has approved more than $54 billion of economic and military aid to Ukraine since February, while the UK has committed nearly $3 billion in military aid alone.

An entire spectrum of equipment, from rifles and grenades to anti-tank missiles and multiple launch rocket systems have left the West's armouries for Ukraine, with most entering the country through Poland. However, this rarely goes smoothly, as CBS News discovered:

"All of this stuff goes across the border, and then something happens, kind of like 30 per cent of it reaches its final destination," Jonas Ohman, the founder of a Lithuania-based organisation supplying the Ukrainian military, told CBS. Ohman said that getting the weapons to the troops involves navigating a complex network of "power lords, oligarchs [and] political players."

Some officials in the West have sounded alarm bells. A US intelligence source told CNN in April that Washington has "almost zero" idea what happens to these arms, describing the shipments as dropping "into a big black hole" once they enter Ukraine. Canadian sources said last month that they have "no idea" where their weapons deliveries actually end up.

Europol has claimed that some of these weapons have ended up in the hands of organised crime groups in the EU, while the Russian government has warned that they are showing up in the Middle East. An investigation by RT in June found online marketplaces where sophisticated Western hardware—such as Javelin and NLAW anti-tank systems or Phoenix Ghost and Switchblade explosive drones—was apparently being sold for pennies on the dollar.

Drawing attention to this corruption is frowned upon by both parties in Congress.

Similar scenarios have played out in the world's war zones before, with devastating consequences. "We saw a lot of weapons come in 2003 with the US-led invasion of Iraq," Donatella Rovera, a senior crisis adviser with Amnesty International told CBS, "and then 2014 happened when ISIS took over large parts of the country and took over large stocks of weapons that had been meant for Iraqi forces."

In Syria, US weapons intended for use by so-called "moderate rebels" ended up in the hands of ISIS and Al-Nusra jihadists, while arms sold to Saudi Arabia ended up seized by Houthi rebels in Yemen.

(Source: rt.com, 7 August 2022, https://tinyurl.com/2ontoe3p)

BEWARE OF THE QR CODE: REMEMBER AGENDA ID2020?

Remember Bill Gates' initiative, Agenda ID2020? What we are confronted with now is much worse. It's Agenda ID2020 on steroids. It's the worldwide invasion of the QR code—QR coding of everything, including Agenda ID2020. All of your most intimate data, health, personal behaviours, habits; track records of where we have been and even where we may be planning to go. Nothing will escape the QR code. Nobody talks about it. It's been quietly sneaking into our lives, quietly, persistently—but by now almost unavoidably.

What is the infamous ID2020? It's an electronic ID program that uses generalised (COVID-19) "vaccination" as a platform for digital identity. The program harnesses existing birth registration and vaccination operations to provide newborns with a portable and persistent biometrically linked digital identity. Agenda ID2020 aims at connecting everything with everything, eventually covering and connecting data from the planet's 7.9 billion people, gradually building up individual, as well as societal data banks, including your highly personal data, bank account information, work information, behavioural trends, criminal records, relations with friends and family—an endless stream of everything that may be linked to an individual, or groups of individuals, and that may be watched and controlled.

While Agenda ID2020 has been silently adopted by most countries as a first phase of this monster surveillance program of the vaxx survivors, the time has come to universalise Agenda ID2020 into an all-encompassing uniform worldwide digitised platform called "Quick Response", or QR code. Google calls it a barcode on steroids. While the barcode holds information horizontally, the QR code does so both horizontally and

vertically. This enables the QR code to hold exponentially more information than a barcode.

And here lies the danger: the QR code can accommodate literally all the information your life has ever produced or accumulated in a single square code, unreadable to the bare eye. It can be read only electronically by a digitised QR code reader which is set to read only specific data, as required by the authority concerned. Only the QR code central management system can read all the data.

Mind you, in an ever more neoliberal world, outsourcing or what is euphemistically called public-private-partnership (PPP) has become the order of the day. It is very well possible that a PPP arrangement is made by a government with a large private sector agency or agencies, such as private banking and/or the insurance industry.

The private sector may even trade it for money. Never mind the type of contract they sign with their government, in a lawless world as we have reached in just about two years, everything is possible.

Over the past 10 to 15 years, the QR code has gradually and silently been stealing its way into every corner of our lives. The vaxx pass, whether "vaccinated" or healed from COVID, or by having to take—or being scared into taking—multiple PCR tests, on every occasion, has been an argument to give each one of us world citizens a personalised QR code.

No matter how invalid the PCR tests are, they are pushed on us—you can't enter certain venues in many countries without a PCR test. So, the multiple PCR test results will be put on our individual QR code.

Nobody is really interested in the PCR test, but they are perfect pretexts to expand the database on our QR code—where and why did we take the test?

The inventor of the polymerase chain reaction (PCR) method, Dr Kary Mullis, Nobel Prize winning biochemist, said way before COVID-19 appeared on the horizon, that the PCR method was not meant to test for diseases and especially for viruses. On 7 August 2019, he was mysteriously found dead in his apartment.

This was only a few months before Event 201 (18 October 2019, in NYC) which effectively launched SARS-CoV-2, alias COVID-19.

Did the players of Event 201 already plan to use this useless test to drive up the SARS-Cov-2 "infections", enhance the COVID statistics and spread fear—fear to facilitate the deadly vaxx drive?

The German virologist Dr Christian Drosten, also known as the Coronavirus Czar, as part of the bought scientific clan, had indeed soon after the launching of SARS-CoV-2 decided that the PCR method was to be used massively, but massively, for the testing of the COVID virus in people, including in children as young as five years, no matter whether they had any symptoms or not.

According to real science, even including WHO and CDC, the test produces 97 per cent false positives. But the steamroller of the ruthless, inhuman and lawless governments pays no attention to the truth. The masters of deception continue pushing ahead with their PCR and vaxx drive, relentlessly—to increase the COVID statistics and eventually the "COVID death toll".

The QR code was instrumental in perpetuating the lies about COVID.

By Now, the QR Code is Everywhere

Virtually all citizens of at least the western world have a personalised QR code. It holds more, much more than health data. Payments can increasingly be made only through a QR-coded message via a cell phone. Restaurants often don't give you written menus anymore. You have to scan a QR code on your smart phone. It's all for your safety. You don't touch potentially virus-infected paper. In museums, parks, anywhere you go and want to read information related to what you are watching, you have to scan a QR code.

The same with cash—in some places cash is no longer accepted. Official reason: Paper money and coins could be virus infected. Digital money to be paid via QR code is the solution. People go for it. It's so cool; just swipe your QR code in front of a payment device. The money is instantly deducted from your electronic bank account.

What (most) people do not realise is that every time you scan a QR code, it's registered on your personalised QR code. In other words, you're traceable wherever you go. They, the masters that be, know at every moment, real time, where you are, what you are doing, what you are buying, whether you buy an air ticket...

If you don't behave according to the "system's" values, they can turn off your money stream. They can indefinitely block your money or simply take it out of your account.

Sooner or later, the QR code will be in our body, remotely accessible by artificial intelligence (AI) or robots.

You may then convert from a human to a transhuman, as predicted by Klaus Schwab—the World Economic Forum Czar—in 2016 in an interview with Swiss-French TV.

(Source: GlobalResearch.ca, 10 September 2022, https://tinyurl.com/y35tzm7a)

SMART METERS—THE THEFT OF YOUR WEALTH AND FREEDOM IS ACCELERATING

by Dr Joseph Mercola © 2022

Many people have embraced the convenience of wireless devices in their homes, but these devices come at a price—your privacy and your health. With each smart device that you welcome to your home, such as connected alarm clocks, vehicles, refrigerators and doorbells, another layer of your personal life is revealed, and your health is sabotaged by the EMFs.

This is certainly true of smart meters, which are officially known in the US as advanced metering infrastructure (AMI) installations. In 2020, 102.9 million such smart meters were installed by US electric utilities, about 88 per cent of them in personal residences. AMI meters measure and record electricity usage at least every hour, if not more, and provide the data to the utility company and consumer at least once a day.

According to the US Energy Information Administration, "AMI installations range from basic hourly interval meters to real-time meters with built-in two-way communication that is capable of recording and transmitting instantaneous data."

What could be wrong with transmitting every last detail about your real-time energy usage to an energy company? Those data reveal far more than you might think—and could even be used against you to control your individual energy use or, one day, to help ensure "net zero" compliance.

Smart Meters Aren't There for Your Benefit

Before smart meters were widely available, your electricity usage was recorded by a meter reader, who would visit your property once a month and manually record your energy usage. Now this data is

tracked at hourly or half-hour intervals, which energy companies are billing as a way to save you, the customer, money. The UK's Shell Energy, which describes smart meters as "the future of energy," notes:

> "Smart meters bring a whole host of benefits: they'll tell you how much you're spending in real time, which means there are no nasty surprises when your bill turns up... But, perhaps best of all, smart meters give you real-time information on your energy use.
>
> "They let you know exactly how much it's costing you to boil that kettle or charge your phone. Armed with this knowledge, you can make a more informed decision about whether to turn up the heating, or put another load in the tumble dryer.
>
> "Smart meters are set to revolutionise the way we use electricity. They make it easier for suppliers like us to offer cheaper, off-peak rates for, say, charging your electric car. They tell us more about how you use your energy, which means we can offer you more suitable tariffs. It may be that, one day, you're offered cheaper electricity on sunny or windy days, when clean energy is easier to come by."

Smart Energy International also describes Comarch's smart metering systems as a solution for "remote and automatic measurement of media consumption." Note that their smart meters once only measured electricity and now are available for other utilities, including water, gas and heat, "the consumption of which should be constantly monitored."

Using the tactic of manufacturing fear, they spin smart meters as a necessity so that energy companies can keep close tabs on consumption and step in when needed:

> "A whole new era of readings has come. Smart metering systems provide companies in the utilities sector with the ability to monitor media supply networks and efficiently respond to current events. Data can be obtained even from meters that are difficult to access and those located at long distances from each other. They are sent periodically, informing the end-user about the reading, transmission data, and possible failures and errors.
>
> This makes it possible to send teams almost immediately where they are needed at any given time. All this is to respond as quickly as possible if a problem arises."

If They Control the Energy, They Control You

The technocratic elite, including both BlackRock CEO Larry Fink and Bill Gates, are pushing for "net zero" carbon emissions. While BlackRock is busy buying up houses, Gates is hard at work amassing

farmland and is now the largest owner of farmland in the US.

Gates is pushing for drastic, fundamental changes by 2030, including widespread consumption of fake meat, adoption of next generation nuclear energy and growing a fungus as a new type of nutritional protein. The deadline Gates has given to reach net zero emissions is 2050, and smart meters are already being positioned as an essential part of this plan. According to Shell Energy:

> "Indeed, the government considers smart meters key to the UK cutting its emissions and reaching net-zero by 2050. The Department for Business, Energy and Industrial Strategy has worked out that, if we all switch to smart meters, the UK can knock 45 million tonnes off its carbon emissions—the equivalent of taking 26 million cars off the road for a year."

But according to many experts, including Vandana Shiva, new conditionalities are being created through net zero "nature-based" solutions in order to force the world to accept a new food and agricultural system, along with a new wave of colonisation in the name of sustainability. Navdanya's report, "Earth Democracy: Connecting Rights of Mother Earth to Human Rights and Well-Being of All," explains:

> "...'Net Zero' is a new strategy to get rid of small farmers... through the burden of fake carbon accounting. Carbon offsets and the new accounting trick of 'net zero' does not mean zero emissions. It means the rich polluters will continue to pollute and also grab the land and resources of those who have not polluted—indigenous people and small farmers—for carbon offsets."

In other words, the elite will continue to consume resources as always, including indulgences like polluting private jets, but will be able to purchase carbon credits to offset the emissions they create. Meanwhile, the average person will face increasing scrutiny of their energy usage, to the point that it may one day be rationed in the name of "climate compliance."

Will Smart Meters Be Used to Ration Energy Use?

Smart meters do more than measure your energy usage. They're also capable of distinguishing what type of energy you're using. So, they know if you're doing a load of laundry, watching TV or have left your home for the day. While this might not sound nefarious on the surface, it's an intensely personal form of surveillance—one that could easily be used against you, including to ration your energy. Journalist Abby Martin explains:

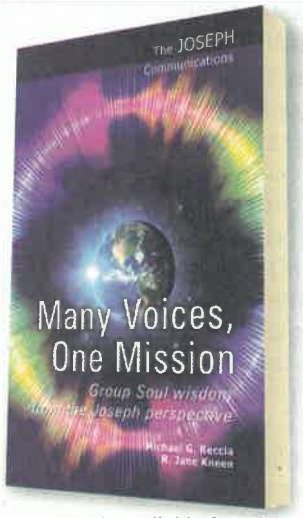
> "If the notion about what you are doing and when you are doing [it] isn't disturbing enough—it's worse. These devices are capable of regulating, controlling and even rationing your energy use. Take this example, you are running your fans in the hot summer months and the power company decides you are using too much power, they will take it upon themselves to lower it regardless of the consumer willing to pay for the extra usage.
>
> "A point to consider is what these companies will do with this information. Once this is shared with law enforcement, it can, and it will be used against you. Cops will be able to know what you are doing in the privacy of your own home.
>
> "Secondly these companies can sell this information of our daily lives for data mining and advertising. It is disturbing at so many levels, but these little surveillance units are being implemented across the country without the public's consent and in many cases without their knowledge of being installed."

It's Time to "Think the Unthinkable"

It's unthinkable that the powers that be could be intent on increasing surveillance and control, to the point that even your energy usage is under their thumb, but as GBNews host Neil Oliver put it recently, it's time to "think the unthinkable":

> "People raised to trust the powers that be, who have assumed, like I once did, that the state, regardless of its political flavour at any given moment, is essentially benevolent and well meaning, will naturally try to keep that assumption of benevolence in mind to make sense of what's going on around them.
>
> "People like us, you and me, raised in the understanding that we are free, that we have inalienable rights and that the institutions of this country have our best interests at heart will tend to tie ourselves in knots rather than contemplate the idea those authorities may actually be working against us now.
>
> "...We are no longer being treated as individuals entitled to make the most of our lives, but as a barn full of battery hens—just another product to be bought and sold, sold down the river... treat yourself to the gift of understanding that the powers that be fully intend we should have less heat and less fuel, and that in the planned future only the rich will have cars anyway. The plan is not to fix it. The plan is to break it and leave it broken.
>
> "...If net zero and the rest was about the good of the planet and not about clearing the beaches and skies of scum like us, don't you think those sainted politicians and A-listers would be lighting the way for us by their own example?"

(Source: Mercola.com, 7 September 2022)



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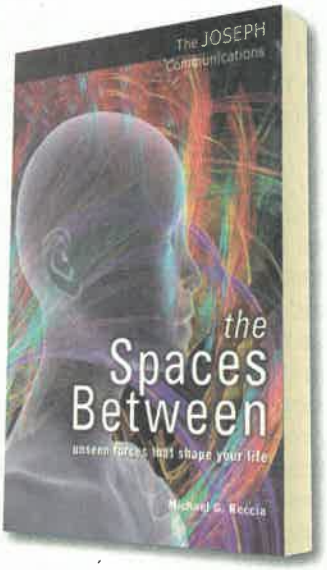

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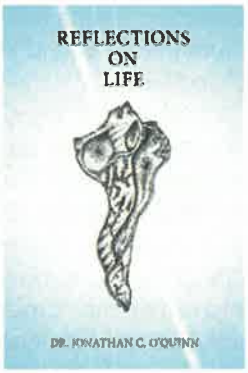
Reflections on Life

by Dr. Jonathan C. O'Quinn

Still your mind, and sense the quietness of Spirit. Picture the silver thread connecting all living things. Hear the silence within, the Source of Creation bubbling up like a spring in that quiet space between your thoughts. Learn to observe Life around you in a way you may never have thought of before. Let this serve as a guide to help train your mind to see the hidden beauty and perfect order all around you.



A member of the medical profession by training, Dr. O'Quinn has had a number of unique experiences that confirmed to him that there is so much more to life than what may appear at the surface upon a casual glance.

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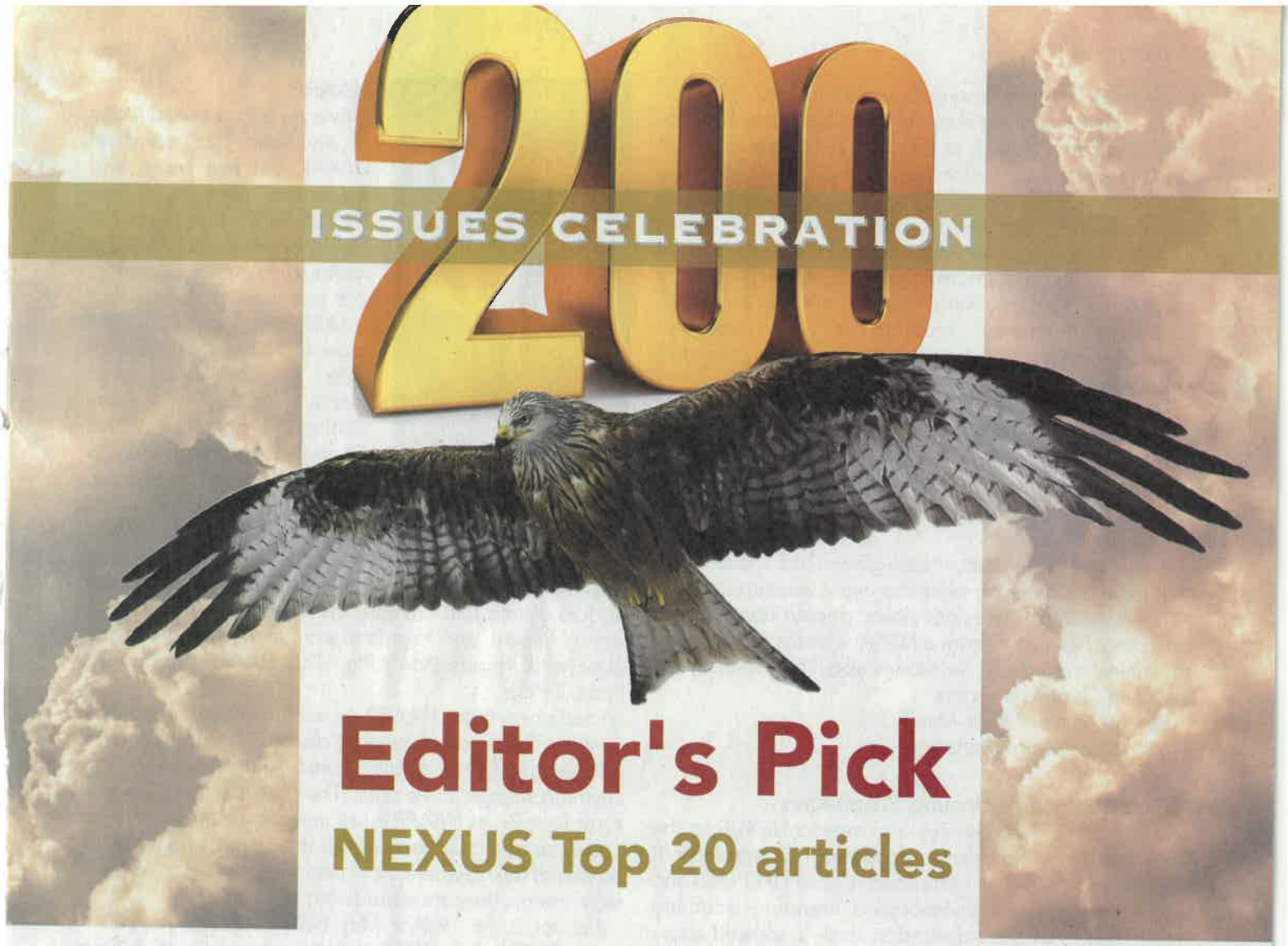


Editor's Pick

NEXUS Top 20 articles

Being that this issue of NEXUS is the 200th edition we've published, my hardworking staff suggested that I pick my top 20 favourite articles from the last 199 editions and list them as a special feature. It was a tougher challenge than I realised, because there are so many more articles that I would have liked to include.

The articles selected are not just personal faves, but ones with either an interesting back story, or lots of reader feedback. I've also included several which appeared first in NEXUS Magazine before elsewhere in print or the internet—the HAARP article for example.

Putting together this compilation was actually a real trip down memory lane, as my journey with NEXUS has already covered over three decades. So many writers of so many groundbreaking articles have passed on, so it gives me some comfort to see their efforts still rippling out and causing changes in their wake.

The articles that gave me the most pleasure were the health articles with which people empowered their lives and took control of their own health. Hundreds of people over the years have contacted us to thank us for providing them with information they consider literally saved their lives.

Missing from my favourites are the articles on vaccines. There was nothing nice about reporting on the coverups of mass death and injury from vaccines that don't confer immunity; vaccines that have been shot into arms starting back in 1796.

With that said, I hope you enjoy my Top 20 faves.

– Duncan

The Photon Belt

It was the mid-1980s, and I was active in several alternative subcultures, mostly based in Sydney, Australia: the peace movement; natural health and living; UFOs; meditation; and what I used to call "mad science". It was somewhere during this time frame that I got hold of a newsletter from a UFO group based in Adelaide, South Australia. The newsletter had been circulated to members in August 1981, but it contained an article which made all my hairs stand up on end. (I find this phenomenon only results from two settings: 1. It warns me of great danger and means I should leave where I am asap or 2. I read or hear something that my

body seems to know is very important to me.)

The article describes how our Solar System is about to enter a cosmic "cloud", as part of a 12,000-year cycle. It says that we will be in this "photon belt" zone for some 2,000 years, and that everything will change while inside (for the better), after having spent the last 10,000 years in relative darkness. Needless to say, it excited a lot of people, as it held information that might explain a mechanism underpinning several strong narratives regarding humanity entering a new age of enlightenment, after being purged of its negative influences.

I published the article in the February 1991 issue of NEXUS, and dutifully sent the magazine off to its growing number of readers around the world. The concept was popular and before too long it had been appropriated (word for word) by more than one American new-age channeller or another.

A few years after that, it had grown into a subculture that even put dates on when the event was supposed to happen. As these dates got closer, people started panic prepping. I got a call from a NASA scientist about it and the mainstream media ran stories about it. It was a good lesson in Chinese whispers.

See vol. 2, no. 2 (Feb–Mar 1991); https://tinyurl.com/2hehsmcw

Mother Shipton's Unsung Prophecies

In late 1990, I left Sydney and moved NEXUS to the Sunshine Coast hinterland of southeast Queensland. It was around then that I attended a local UFO talk, and while browsing the photocopied literature adorning trestle tables at the registration desk, I spotted some stapled sheets with the prophecies of Mother Shipton. I was quite familiar with Mother Shipton's verses, as they had been popularised repeatedly over the years, so I was intrigued to see dozens of verses that I had never seen before. I tracked down the person who was responsible for them being there, and learned that she had transcribed them from an old rare book held in the Mitchell Library (now named the State Library of New South Wales). The book was one of many other old rare volumes, kept behind glass doors in a secured room of the library not open to the general public.

The verses are quite extraordinary, and clearly describe not only the current and last two centuries, but also, what is to come. She even describes the planet being repopulated after the cataclysms caused by "the Dragon's Tail".

I published it in May–June 1991, and again alongside some other prophecies in February–March 1995, and yet again, this time with some notes on interpretations, in the October–November 2021 NEXUS Magazine.

See vol. 2, no. 3 (May–Jun 1991); vol. 2, no. 24 (Feb–Mar 1995); vol. 28, no. 6 (Oct–Nov 2021); https://tinyurl.com/axha4fpa

HAARP

Everyone into conspiracies of any kind has heard of HAARP, but few know, and fewer still remember, that NEXUS Magazine was the first magazine to alert the world to HAARP's existence. We put a news item about HAARP in the April–May 1994 issue and it caught the eye of Nick Begich, an Alaskan peace activist who was visiting the home of Patrick Flanagan, who happened to have that copy of NEXUS sitting on his desk in Sedona. Begich couldn't believe that he'd never heard of such a controversial project in his own state, and that he was hearing it first from some offbeat magazine from Australia. The rest is history. Begich found the facility, dug up lots of info that I'm sure the US military didn't want widely known, and together with Jeane Manning they published *Angels Don't Play This HAARP* (Earthpulse Press, 1995).

Ever since then, HAARP gets blamed by conspiracy thinkers for almost every big disaster, earthquake and wild weather event, ranging from bushfires and floods to anything strange in the skies. The truth is that we'll never know for sure, as HAARP is just one of several ionospheric heater facilities scattered across the planet, and we have no way of telling when it is in use, who is using it, or what experiments they are conducting.

See vol. 2, no. 19 (Apr–May 1994) Global News; vol. 2, no. 22 (Oct–Nov 1994) Nick Begich; vol. 3, no. 1 (Dec 1995 – Jan 1996) Nick Begich and Jeane Manning; vol. 10, no. 4 (Jun–Jul 2003) Richard Alan Miller; https://tinyurl.com/5cc8bm9w

Robert Adams' Pulsed Electric Motor Generator

The 1980s and 1990s were wild times for the many renegade scientists tinkering with fuel cells, and cars that ran on water, over-unity motors, rotating charged objects in magnetic fields. NEXUS was in contact with as many as we could find. One fine example was Robert Adams, and his Pulsed Electric Motor Generator. Robert Adams was a former Chairman of the Institute of Electrical & Electronics Engineers, Inc., USA (NZ Section). After having his invention suppressed for over 20 years, Mr Adams, at the age 72, decided to share his design with the world. The first article was printed in early 1993, and updated later that same year. Adams expanded a bit on his work the following year in NEXUS.

Most who tried to build the motor from what was available through NEXUS failed. But several did succeed, and they were *very* excited. Readers may recall the story of those two inventors in Cairns, Australia, with a device

that could power a house. The device they were using was based on Adams' manual, which they obtained from NEXUS.

Adams wanted to release what he considered groundbreaking information to the world, and put it into the public domain by having it published in NEXUS.

See vol. 2, no. 11 (Dec 1992 – Jan 1993); vol. 2, no. 15 (Aug–Sep 1993); vol. 2, no. 26 (Jun–Jul 1995); https://tinyurl.com/nf48dptz

Brown's Gas

In 1989, NEXUS published a series of articles about Yull Brown, and his Brown's Gas. Brown came to a couple of our Mad Scientist meetings in Sydney to show off his latest findings, which included a lawnmower engine running on his gas. His technology split water into hydrogen and oxygen which were collected separately, and recombined at a different ratio. That's the best way I can describe the mechanism behind it all.

Regardless, however, the resultant gas mixture has some extraordinary properties. If ignited, it has the ability to weld or fuse things together, but without "heat"; it can burn and weld underwater; the flame has been found to make certain radioactive materials inert. If the gas is bubbled through water, and the water is consumed, it has been found to have almost miraculous properties. The research and experimentation on all this is ongoing in many places, and I encourage readers to stay informed. My recommendation is to visit www.Eagle-Research.com.

See vol.1, no. 7, (Summer 1989); vol.1, no. 8 (Autumn 1989); vol.1, no. 9 (1989–1990); vol.7, no. 2 (Feb–Mar 2000) Science News; vol.13, no. 6 (Oct–Nov 2006); vol. 21, no. 4 (Jun–Jul 2014); vol. 25, no. 1 (Dec 2018 – Jan 2019); https://tinyurl.com/2p9p7pmw

Bruce Cathie's Energy Grid System

While still in high school, I was fortunate to encounter a copy of a book titled *The Pulse of the Universe: Harmonic 288* by an ex-airline pilot from New Zealand called Bruce Cathie. That book was one of my life-changing moments, and it set the course that led me to NEXUS and beyond.

As soon as I could afford the ticket, I flew to Auckland to meet him personally, and we remained firm friends until he died a few years ago. Cathie's research established the existence of a type of energy grid system, and how it could be accessed. He noted that all the ancient major mystery sites, as well as modern high-tech installations like Pine Gap, were all located exactly on this grid. He found relationships between successful atomic bomb detonations to their time and location, and postulated that the atom was not shattered via subcritical masses rammed together, but rather via a state of induced vibratory resonance—similar to how an opera singer's voice can shatter a crystal wine glass.

My many conversations with Bruce Cathie allowed me a glimpse into the world of shadowy secret science research, all of which is kept hidden from the general public. In 1994, Cathie asked NEXUS to publish his book, *The Harmonic Conquest of Space*, which summarised and updated the work in his previous three books.

See vol. 2, no. 9 (Aug–Sep 1992); vol. 2, no. 22 (Oct–Nov 1994); vol. 9, no. 2 (Feb–Mar 2002); vol. 18, no. 2 (Feb–Mar 2011) Science News; https://tinyurl.com/2p83jhmf

David Hudson and the Real White Powder Gold

Many readers will have heard of white powder gold or ORMEs (Orbitally Rearranged Monoatomic Elements), and many more will have seen advertisements for Ormus, which is completely different. David Hudson, a successful farmer in the Phoenix area of the USA, accidentally discovered substances he was able to precipitate out of his soil, which had extraordinary scientific properties. We published a transcript of one of his very rare public talks from July 1995, and it ran over two consecutive issues of NEXUS. This elusive form of the genuine "white powder gold" not only has quantum superconducting properties, but is considered capable of expanding human consciousness and restoring perfect health.

In late 2011, I caught up with David Hudson, where he was a guest speaker at a conference being held in Johannesburg, South Africa by Michael Tellinger. It was the first time that anyone had enticed Hudson out to do a talk for many years, so I was thrilled to catch up on the gossip with him, which interestingly enough, was that he was still producing white powder gold, by the *ton*, and shipping it to China where it was (or maybe still is) being used in classified research on superconductivity and other aspects of space travel technology.

Note however, that there is nobody anywhere selling the genuine white powder gold to the public. This white powder gold is not to be ingested, unless in miniscule doses under medical supervision.

See vol. 3, no. 5 (Aug–Sep 1996); vol. 3, no. 6 (Oct–Nov 1996); vol. 14, no. 2 (Feb–Mar 2007); https://tinyurl.com/2z2fwfpu

The Yin and Yang of HIV

AIDS stands for acquired immunodeficiency syndrome. AIDS is an acronym that means you have no immune system left. This leaves you vulnerable to dying from the first thing you contract, e.g. flu or pneumonia mostly. AIDS emerged largely as a by-product of the mass vaccination campaigns against polio in Africa, but

rather than blame the jab, they invented a causative connection called HIV. Anyone thereafter testing positive for HIV was pressured into taking the very toxic chemo drug, AZT. Needless to say, the HIV+ people who took AZT died, while the HIV+ people who did *not* take AZT and focused on strengthening their immune systems, lived to tell the tale.

We published a variety of articles challenging the validity of the HIV=AIDS narrative, but I am particularly proud of the groundbreaking articles NEXUS published that were authored by Val Turner and Andrew McIntyre of the now famous "Perth Group" which unequivocally showed that the whole HIV/AIDS narrative was deeply flawed. These were published over three consecutive issues in 1999 and were widely copied and circulated throughout the gay communities of the UK and Europe.

See vol. 6 no. 4 (Jun–Jul 1999); vol. 6, no. 5 (Aug–Sep 1999); vol. 6, no. 6 (Oct–Nov 1999); vol. 9, no. 5 (Aug–Sep 2002); https://tinyurl.com/4ef7skyn

MMS: A Treatment for Malaria

In early 2008, NEXUS published an article by Jim Humble on a miracle treatment for malaria. It described the journey of discovery by the author as he evolved his formula for treating and curing malaria cases. MMS is 28 per cent sodium chlorite, which generates chlorine dioxide when mixed with vinegar. It caused quite the sensation at the time, mainly because anyone could have a go at making this mixture—which is what happened, and with a full range of consequences ranging from life-saving successes to life-threatening failures from not following instructions correctly. Next thing you know, a bunch of unscrupulous people are making money out of selling prepared doses, some of which were the real thing, some of which weren't.

Respected health writer Walter Last wrote a comprehensive article covering all the pros and cons of using MMS against the background context of other sodium chlorite-based health treatments.

The original MMS formula is a very powerful treatment for malaria, with very quick-acting results; and used properly it can also kill many pathogens that reside in the human body. However, it is *not* the sort of thing one should ingest every day, *unless* you have no immune system and need to rely on an external source to kill pathogens coming into the body.

See vol.15, no. 2 (Feb–Mar 2008); vol. 16, no. 4 (Jun–Jul 2009);
https://tinyurl.com/4hu8sty8

Urine Therapy

Endometriosis is an allegedly incurable women's disease in which uterine tissue for some unknown reason detaches itself from the uterus, moves to other locations in the body and attaches itself to different organs or body tissue. This misplaced uterine tissue spontaneously bleeds in response to hormonal changes, causing internal bleeding, scarring and often excruciating pain that can destroy the woman's ability to live and function normally.

In 1996 we published the story of Martha Christy, who had, endured years of pain and suffering with endometriosis. Martha had diligently tried every mainstream and many alternative treatments, but with no lasting results. Then it got to the point where Martha was given just months to live, when one day her husband came home with a new suggestion—urine therapy. Martha exclaimed that she would rather die than drink her own urine, and her husband pointed out that she was likely going to die from her disease anyway. What did she have to lose? Martha took her urine, and a week or two later she was almost fully recovered, pain free and full of energy. Martha wanted to shout it out from the hilltops, which she did through her book titled *Your Own Perfect Medicine* (FutureMed Inc., USA, 1994).

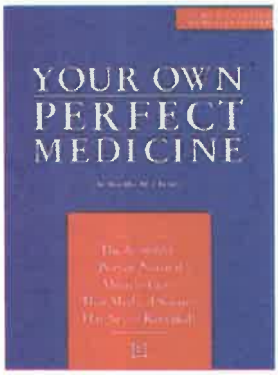
Many NEXUS readers, after recovering from the ghastly idea of drinking one's wee wee, tried it out—not for endometriosis, but for the many other conditions and diseases treatable with human urine. We had many letters and phone calls from excited readers with tales of success. Many readers reported spectacular results by applying it externally, which is to be expected, given our skin is literally our second stomach. (You should never put anything on your skin that you cannot safely swallow!)

See vol. 3, no. 2 (Feb–Mar 1996); vol.9, no. 4 (Jun–Jul 2002); https://tinyurl.com/mr34w2d4

The CHANI Project

This article took me to South Africa twice, where I met with the author (now deceased) to discuss his role in the sanctioned public release of the CHANI Project. CHANI is an acronym for Channelled Holographic Access Network Interface.

During the years 1994 to 1999, a group of researchers from an organisation/corporation, which the author referred to as RAND and Associates, or RA, had access to a top-secret underground CERN-like collider facility in Africa (the location is still classified). A contingent of AFRICOM security personnel was tasked with securing the base and, of course, keeping its location secret. The AFRICOM station commander made and supervised all the travel and accommodation arrangements for the team of researchers. They were closely watched 24/7. Starting around 4 February of 1994, the researchers began receiving peculiar data strings, which appeared to be some sort of signal transmission. By 18 April they had established how to receive, but not reply. Then on 15 May 1994, they commenced



the first official two-way communications from an entity who claimed to be from Earth, but in a parallel universe/dimension/timeline. For a period of five years, researchers asked the entity a series of over 20,000 questions and received answers to more than 95 per cent of questions asked.

There were other active projects running concurrently, like Space–Time Fabricating, Simulation by Atom Replacement and Removal, Holographic Programming of Dark Matter, Manifestation of Quantum Energies and Associated String Programming with Ether/Etheric Interaction and a few more.

In October 1999, technicians began a series of software and hardware upgrades to all the collider equipment and computer networks. The purpose was to get the system infrastructure Y2K compliant. It was soon apparent that the Y2K-compliant upgrades had a direct effect on the CHANI research project. Thus, on 14 November 1999, all contact with the entity, which for five years was continuous and constant on a daily basis, was effectively lost. Months were spent trying to re-establish contact. It was not to be, and in April 2000 the research part of project CHANI came to an end.

The article we published in NEXUS in mid-2011 was written by the intelligence officer tasked with the sanctioned release of some of the entity's responses. It contains a description of the project, along with some of the more fascinating responses from the entity.

See vol. 18, no. 4 (Jun–Jul 2011); https://tinyurl.com/4dctw8wa

Hurricane Andrew aftermath, 1992 (Photo: Steven Martin, flikr.com)

The Hurricane Andrew Cover-up

"The largest natural disaster ever recorded in the history of the United States was Hurricane Andrew, which struck South Dade County, Florida, as midnight turned the clock into August 24, 1992. Contrary to what the American news media broadcast across the United States and throughout Europe, the first outer wall of the hurricane unexpectedly slammed into South Dade, packing 214+ mph winds which quickly escalated to 350+ mph. Most of the 414,151 residents living in the danger zone were asleep when the outer wall struck. Thousands of them lost their lives, for no one in South Dade had been evacuated, or even advised to evacuate. Instead, residents had been repeatedly informed by local news media that South Dade should expect to experience '50 mph winds'. By 11.00 am the following morning, 8,230 mobile homes along with 9,140 apartments had vanished off the face of the Earth. The Hiroshima-like horror was beyond catastrophic. Entire families perished in ways too horrifying to describe. The stench of death had already begun to saturate miles and miles of the massive devastation; the hot humid air was reeking with foul, rotting flesh. How do I know? Because I was in the midst of it all."

Those were the powerful words of a survivor and author of "Deadly Silences: The Hurricane Andrew Cover-up" published in mid-2001, some nine years after the event. The article drew outrage from Florida residents who were obviously on the fringe of the damage zone, but it also attracted several letters from others who were witness to the true scale of the carnage.

The big thing in all this is that a US government agency sealed off the worst affected area, left the people inside to die, removed and disposed of thousands and thousands of bodies and body parts, and then claimed a total death toll of just 65 people. The official top wind speed was 175 mph (280 km/h) which is a big difference to the 350+ mph wind speed claimed by the author and her research.

See vol. 8, no. 3 (Apr–May 2001); https://tinyurl.com/2s3byaz8

Britain's Secret War in Antarctica

In mid-2005 I was contacted by a close relative of a deceased British SAS officer. At the end of World War II and before Operation *Highjump*, this SAS officer had been part of a covert mission sent to investigate anomalous activities near the UK's secret base at Maudheim in eastern Antarctica, and, to seek out and destroy a secret subterranean Nazi base. We published his account in the first of a series of three articles by the author, all of which contain supplementary information about post-WWII secret bases and activities in Antarctica. It is an extraordinary account of a mission—the details of which will likely never see the light of day.

See vol.12, no. 5 (Aug–Sep 2005); vol. 12, no. 6 (Oct–Nov 2005); vol.13, no. 1 (Dec 2005 – Jan 2006); https://tinyurl.com/yexp9e6x

Solomon Islands: Giants, UFOs and Underground Tunnels

By early 2003 I had received almost half a dozen letters and emails from people living or working on the Solomon Islands. Each described their own personal knowledge or experiences, and collectively they referred to giant humanoids living deep inland, tunnels and caves with

lighting systems that did not go out, UFOs coming and going on a regular basis, secret UFO bases with joint human and non-human personnel. So, imagine my surprise when a former RAAF engineer who had been stationed there contacted me with an astounding wealth of personal research and information, all of which confirmed the accounts above. Thus, we packed the author's information into the very next issue of NEXUS, with a feature article and more in the Twilight Zone section. In 2009, the author, Marius Boirayon, published his book titled *Solomon Islands Mysteries*, which was available through NEXUS until sold out.

The articles attracted enormous attention from around the world, and I received even more accounts and experiences from people living there. Numerous people even organised expeditions to the Solomon Islands with the hopes of making themselves either rich or famous. To date, not one of these expeditions was ever successful in terms of retrieving proof of giants, proof of UFOs or proof of underground bases. To make things worse, the author was attacked and drugged not long after his articles were published in NEXUS, and our friendly Marius became a Jekyll and Hyde. On his good days we'd get phone calls of gratitude and praise for publishing his article. On a bad day, especially most full moons for many years, we'd get foul-mouthed abuse and threats accusing NEXUS of secretly republishing his book without his permission and making millions of dollars which we were accused of hiding in offshore bank accounts. Boirayon's state of mind also played havoc with several expeditions from Europe, and ensured that nobody anywhere has ever successfully exposed what is going on in the Solomon Islands.

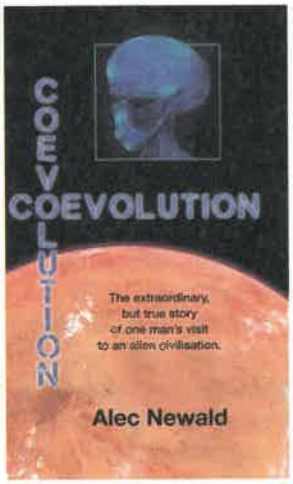
Coincidentally also in 2003, several regional governments decided to send a joint Regional Assistance Mission to the Solomon Islands (RAMSI), also known as Operation *Helpem Fren*. The mission was in response to an official request by the Governor-General of the Solomon Islands, who complained of threats from unhappy natives being displaced from their homes by mining activities. The uprisings were shown to be a total beat-up after a local TV news team from SBS TV travelled to the islands to report on the problems. The alleged warlords and their uprisings were nothing more than a fabricated justification for RAMSI to patrol the islands on both land and sea.

See vol. 10, no. 5 (Aug–Sep 2003); https://tinyurl.com/yc4xat5p

CoEvolution: Alec Newald

One of the most incredible UFO/ET abduction cases of all time is that of New Zealander Alec Newald. In 1989, Newald was driving across New Zealand in what should have been a three-hour trip. He arrived home a bit disoriented and found that he was missing ten days of his life! Gradually his memory of the missing time came back, and he wrote it all down and sent it to me.

There are so many things to unpack in this whole narrative, starting from the fact that he and the car were both taken aboard. Then he was told that he was originally from their world, and that he had family members on board. He was also told the history of Earth and how his new "friends" were interconnected with our history and maybe our future. They offered Newald the chance to stay with them and not return to Earth, but he chose to return, and so they returned him with his car. It was the car that caused Newald to be discovered by Earth authorities that track all incoming and outgoing non-human activity. The car (a Jaguar) didn't work properly after he returned, so he sold it. The new buyer must have paid to have it fixed, because only days later Newald had people at his door asking questions as to why his car had bits that were the mirror image of what came off the assembly line. Newald went into hiding, but was found and eventually jailed on trumped-up charges so as to allow unfettered access to him for interrogation. It was clear that they knew where he went, who abducted him and lots more. The interrogation section of his experience is some of the most interesting actually, especially given that the main interrogator was not fully human—as we define humans anyway.



In 1997, NEXUS published Newald's writings in the first edition of the book,

CoEvolution. In 2011, NEXUS published an updated version of *CoEvolution*, and we expect to publish the third updated edition by mid-2023.

See vol. 4, no. 2 (Feb–Mar 1997); vol. 18, no. 3 (Apr–May 2011); vol. 25, no. 1 (Dec–Jan 2018); vol. 26, no. 3 (Apr–May 2019); https://tinyurl.com/mtxh9rvb

Valery Uvarov: Russian Perspectives

Russia covers more land area than any other country, so it is no surprise to learn that there are some ancient and some modern mysteries worthy of attention from NEXUS. Russian author, influencer and researcher, Valery Uvarov penned several very interesting and controversial articles for NEXUS, starting in 2003. First up were the articles on the mysterious "Valley of Death" in Siberia, where Uvarov claimed the Russians had discovered ancient high-tech underground installations, designed to destroy asteroids and other bolide threat to planet Earth.

These installations seem capable of early detection and tracking of incoming objects, as the installations seem to require some time to "power up", at which point they "surface" and fire off some type of plasma energy weapon. Uvarov also wrote a very in-depth article or two on his findings about the famous Tunguska incident, and reported that the installations in the Valley of Death had activated back then, and had fired and destroyed most of the incoming rocks. Uvarov told me that the Russians were waiting to see when the next incoming threat would be destroyed by the technology, and sure enough on 24–25th September 2002, it "shot down" another bolide.

But the most intriguing of all was his article insisting on the presence of a twin Earth-like planet in our solar system, in the same orbit that our Earth is in, but exactly 180 degrees opposite at all times. As fortune would have it, the Russian group that Uvarov was part of invited me to come to Russia to discuss launching a Russian edition of NEXUS Magazine there. The day after arriving in St Petersburg, I was escorted into a large, heavily guarded building where I met with several respected scientists and other researchers into anomalous activities in and over Russia. They assured me there was indeed a twin planet opposite Earth, and referred me to historic observations by astronomers, as well as scientific understandings of our Solar System dynamics. They also claimed it is inhabited by advanced humans like us, and that they were the ones who installed the ancient equipment in the Valley of Death—on the understanding that our Earth needs protection from incoming asteroids in order to protect their own planet's orbital integrity.

See vol. 11, no. 1 (Dec 2003 – Jan 2004), vol. 12, no. 1 (Dec 2004 – Jan 2005), vol. 12, no. 2 (Feb–Mar 2005), vol. 12, no. 3 (Apr–May 2005) Siberia's Valley of Death, Parts 1, 2, 3 & 4; vol. 12, no. 4 (Jun–Jul 2005) An Alien Detour; vol. 15, no. 5 (Aug–Sep 2008), vol. 27, no. 4 (Jun–Jul 2020) Earth's Hidden Twin Planet; https://tinyurl.com/3fs6skus

The LOOSH Narrative

This is probably my all-time favourite article in NEXUS, and it came from a book by Robert Monroe. In my opinion, this article holds the most important of all information ever published in NEXUS Magazine. You see, this is the only non-mainstream creation narrative that includes and explains the reasons for the mass extinctions in our ancient past. This article should be considered by anyone trying to get to the bottom of UFO/ET disclosure, as it points to the fundamental reasons for our human existence. If you still believe that life somehow created itself as a single cell on a primitive prebiotic Earth, and then evolved into other species, then don't even bother trying to read this article. You need to go back and use real science and unlearn the nonsense you were told in school about the origin of life on Earth.

The LOOSH narrative pretty much describes Earth as a Petri dish, upon which a creator being was trying to find the ideal lifeform for its purposes, which was a lifeform that naturally produces high-quality, top-grade LOOSH. LOOSH is pretty much any and all feelings/thoughts/emotions or similar intangible experiences. Technically speaking, any time any form of consciousness has an objective experience, it automatically emits a primitive, unrefined type of LOOSH. But the human lifeform was created so that it emits or produces the highest grade LOOSH known to the creator(s). There are several interesting implications raised by this narrative, including that Earth may actually be the very first Petri dish planet upon which the sentient humanoid lifeform was developed, and which was then

propagated across the Universe. Another point to consider is that the more humans here, the more LOOSH created—meaning the original creators have incentive to keep the human populations flourishing here. The real origins of humans is going to be a necessary part of the conversation, once we realise that we are not alone in creation.

See vol. 19, no. 2 (Feb–Mar 2012), https://tinyurl.com/5a2n9ks7

Continued on page 72

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Normalising child abuse:

How certain groups push pro-paedophile reforms

T.J. Coles © 2022

The majority of people, groups, and institutions have a vested interest in keeping child sex abuse illegal and immoral. Most simply want to protect children. Others, such as elements of the intelligence agencies, use child sex abuse to blackmail adult targets,[1] so if society normalised paedophilia the power of blackmail would diminish. Organised religions and right-wing political movements, for instance, maintain power in part by frightening their congregations and supporters with moral outrage stories,[2] of which paedophilia is one: all the while protecting child abusers in their own ranks.[3] Likewise, right-wing tabloids sell copy and generate clicks by running headlines about predators and grooming gangs.[4]

But throughout history, a small number of people have tried to legitimise sexual relations between children and adults. They find mainstream sympathisers to amplify their message. The normalised adult male rape of boys has been found in traditional communities, e.g. in what are now Papua New Guinea and Melanesia. Anthropologists try to explain this away as a form of social bonding,[5] as do historians of Ancient Greece. During different periods of that culture, adult males would rape boys as a supposed rite of social cohesion. These activities were not considered to be rape because it was assumed that children could consent. Adult–child power dynamics were also not addressed in Ancient Greek constitutions.[6]

Groups attempting to legitimise child sex abuse exist today. Some are paedophiles. Others are ill-advised cognitive psychologists who try to tell us to distinguish between offending and non-offending "minor-attracted

persons," as they now call them. We shall see how, in some cases, monopoly corporations like Disney and Netflix corrupt the innocence of childhood with subliminal messages and for-profit content bordering on child porn. We shall also explore cases of lobby groups trying to lower the age of consent, reduce sentences for abusers, and even gaslight victims of incest by inventing a pseudoscience called "false memory syndrome."

Another much-covered topic is the exposure of children to adult pornography due to the persistence of online culture, leaving millions of kids unwittingly traumatised, some of whom try to act out what they see on other children. In addition, music videos have become increasingly pornographic, having similar effects. There does not appear to be a centralised conspiracy aiming to normalise paedophilia, but rather, there are persistent efforts of vested interests who mainly work through the entertainment industry to sexualise little girls (sometimes boys) in music videos, movies, and TV shows. The message they are sending, deliberately or not, is that it is okay for adult audience members to be attracted to the children featured in their productions; that we should accept that a minority of people find kids sexually attractive, and that even consent laws should be altered accordingly. The children, meanwhile, are encouraged to behave like adults.

(Photo: Steinar Engeland, unsplash.com)

Minor-Attracted Persons?

There are/were dozens of pro-paedo organisations throughout the world, including the North American Man-Boy Love Association (NAMBLA) and International Pedophile and Child Emancipation, both of which appear to still be in existence. Prominent NAMBLA defenders included the poet Allen Ginsberg (1926–1997)[7] and the feminist, Camille Paglia (b. 1947):[8] both of whom are revered today (the idolisation of pro-child abusers because of their work in other fields is another factor in normalisation; one too broad to explore here).

Despite the illegality of child rape, Britain's Paedophile Information Exchange (PIE) was a network of adults who openly traded information about themselves and children. Promoting the notion that children are capable of consenting (which they're not), PIE also advocated for what they called "paedophile rights" and the supposed "right" of children to initiate sex with adults and "consent" to adult advances. The UK's National Council for Civil Liberties (NCCL, now known as Liberty) was used as a vehicle by PIE. In 1975, the NCCL granted PIE affiliate status. PIE was not expelled until 1983.[9] A failed NCCL motion brought by PIE in 1976 advocated lowering the age of consent to 10. The motion was backed by future Labour MP, Patricia Hewitt (b. 1948).[10] PIE disbanded a year later.

Regularly cited in newspapers, interviewed by media, and hired as an expert witness, the German sexologist and child rapist,[11] Helmut Kentler (1928–2008), was one of the country's leading psychologists. Kentler promoted paedophilia under the pseudo-scientific claim that social unrest was caused by repressed sexuality. From the 1960s until at least the mid-2000s, Kentler trafficked vulnerable children to networks of often high-profile paedophiles with whom he was familiar. The rapists and molesters would foster the children under the cover of a scientific experiment, supposedly designed to demonstrate how well victims can integrate into society. Kentler knew that his alleged experiment was bogus because he only went public when the statute of limitations for prosecution and compensation had expired.[12] The German state, including the Berlin Senate, to which he wrote reports, and child welfare offices funded and endorsed his project, despite the obvious illegality. When local prosecutors tried to investigate, Kentler would intervene. This has led some to question whether the project was a US Central Intelligence Agency operation; the CIA having had a big hand in Germany's post-war politics.[13]

More recently, psychologists have laid out a spectrum of paedophilia. "Chronophilia" is attraction to people within certain age ranges. Nepiophilia is the attraction to infants. Although the public uses the term "paedophile" to describe a person sexually attracted to minors of any age, psychologists say it specifically refers to attraction to kids aged three to 10. Hebephilia is the desire for pubescent children and ephebophilia is the lust for 15–17-year-olds, which is where legal lines begin to blur because some countries have lower ages of consent than others.[14] In half a dozen US states, for instance, the age of consent is 18.[15] In Europe, several countries—from Austria to Portugal—set their ages of consent at 14.[16] Most people would agree, however, that while legal in some countries, it is immoral for a person in their twenties, for instance, to enter into a sexual relationship with a 14-year-old.

Despite this, there are long-standing efforts by certain individuals, groups, and institutions to normalise pre- and pubescent paedophilia, which is defined for the purposes of this article as the sexual attraction to children by adults; not, for instance, an 18-year-old attracted to a 16-year-old, but for example a 30-year-old desiring a 12-year-old. Psychologists note "overlap" in the "attraction patterns" of people attracted to infants, prepubescents, and early-pubescent children, whom they now label as "minor-attracted persons" (MAPs). They distinguish these from people who are attracted to later-stage pubescent children. They also note that so-called MAPs do not usually have an exclusive attraction to children and most, according to the psychologists, do not commit offences. As we shall see, the latter is a dubious assumption.

The American Psychiatric Association defines paedophile as a person over 16 years of age who is attracted to a child who is at least five years younger.[17] Certain media have been promoting MAPs. A BBC article reiterates that one MAP, whom they interview extensively, only has "emotional" connections to children (when "attraction" in this context clearly refers to sex abuse). The very end of the article states that the MAP "says that he hasn't [viewed child porn]. Partly because he wasn't 'tech savvy' enough to know how to avoid getting caught."[18] So, given the circumstances, he'd be a predator, yet according to the double-think of the article he's not a risk to kids just because he says so. A similar article in *USA Today* says: "Researchers who study pedophilia say the term describes an attraction, not an action, and using it interchangeably with 'abuse' fuels misperceptions."[19] This is like saying that a heterosexual male would never look at images of naked women.

Another way in which enablers of child rape and molestation have attempted to normalise is via the denial and gaslighting of victims in the form of a pseudoscience[20] called "false memory syndrome" (FMS). Particularly during the 1980s, when familial child sex abuse became exposed for the epidemic it is, victims felt empowered to seek legal and financial compensation. They were bolstered by the emerging science of recovered memory therapy. Accused parents responded by setting up and joining the recently defunct False Memory Syndrome Foundation: an entity established by Pamela (dates unknown) and Peter Freyd (b. 1936) in response to their daughter Jennifer's allegations. (Jennifer, [b. 1957] is a strong survivor who has developed a psychological model to help others to understand how abusers operate.)[21]

One of the Foundation's biggest personalities was Dr Elizabeth Loftus (b. 1944), a pioneer of FMS and a so-called expert witness in the defence of Bill Cosby, Michael Jackson, Harvey Weinstein, and serial killer, Ted Bundy.[22] In 1996, Loftus resigned from the American Psychological Association for lying.[23] More recently, she defended in court the child sex trafficker Ghislaine Maxwell (b. 1961). By then, the damage had been done. Many people believed that FMS is real and began doubting their own recovered memories and the claims of abuse survivors. Media studies at the time noted that in the early-1990s, 80 per cent of major newspaper coverage sided with the abuse victim. By the middle of the decade, however, the statistics were reversed: 80 percent doubted the victims, citing the "science" of FMS.[24]

From Shirley Temple to Maddie Ziegler

Hollywood and the music industry are two of the biggest cultural shapers in the English-speaking world. Both have a history and present of sexually exploiting child actors. One of the earliest cases is that of Shirley Temple (1928–2014): a major child star in the mid-1930s. One of her earliest roles was in the short film series, *Baby Burlesks* (sic)—a kind of ElsaGate of its day but seemingly without the controversy. (ElsaGate was—and in some cases continues to be—the production of YouTube videos that appear to be aimed at children but have adult content. The phenomenon is named after the character in Disney's *Frozen*, whom the videos sexualise.) In one movie, Temple plays a prostitute trading kisses with adult men for lollipops, joking "I'm expensive, you know?" In her autobiography, Temple later wrote that the films were "a cynical exploitation of our childish innocence." In another, *War Babies*, Temple plays an "exotic" dancer for soldiers played by shirtless boys.[25]

Beginning in the 1970s, maybe earlier, Disney began inserting subliminal sexual content into films aimed at children. The pervasiveness of the insertions suggests that more was going on than just young adult animators

Shirley Temple in the "Baby Burlesk" movie, *Glad Rags to Riches*, c.1933 (Author: Charles Lamont)

making inappropriate jokes. *The Rescuers* (1977) features a topless woman unseen by the conscious eye. The ability to freeze frames with VHS led to 3.4 million copies of the movie being recalled in 1999. *Who Framed Roger Rabbit?* is even more insidious, featuring frames of Jessica Rabbit's crotch identified only with slow motion. The original *Little Mermaid* featured the priest getting aroused when marrying Ursula and Prince Eric. Disney de facto admitted guilt by removing the trouser-lump from the DVD version. "Good kitty, take off and go," Aladdin says to Jasmine's tiger in the eponymous animation. Others reckon that it sounds suspiciously closer to "Good [kiddies] take off your clothes." Again, a roundabout admission was the removal of the line for the DVD release. While animator Tom Sito claims that dust clouds spell SFX in reference to the movie's special effects, critics say that The Lion King features the word SEX in the clouds.[26]

Abigale Miller (b. 1965) is an alleged mental and physical abuser of children (which she denies), as well as a convicted fraudster.[27] Her Abby Lee Dance Company trained children, mostly girls, to prance around in tight and revealing costumes, including topless-style leotards for an episode of her show that was removed from reruns after a backlash from fans.[28] Cable TV's Lifetime channel (part-owned by Disney) broadcast *Dance Moms*: a reality show centred on Miller's academy. The program featured pushy mothers living vicariously off of their daughters' achievements, as well as the allegedly abusive Miller directing and judging the children. The young Maddie Ziegler (b. 2002) became a star of the show. In one episode, the adult Miller "trained" the child Ziegler how to kiss a boy by kissing her on the mouth before making her rehearse kisses with the boy.[29]

Maddie Ziegler at the opening of Abby Lee Miller's Dance Company in Santa Monica, 30 May 2015

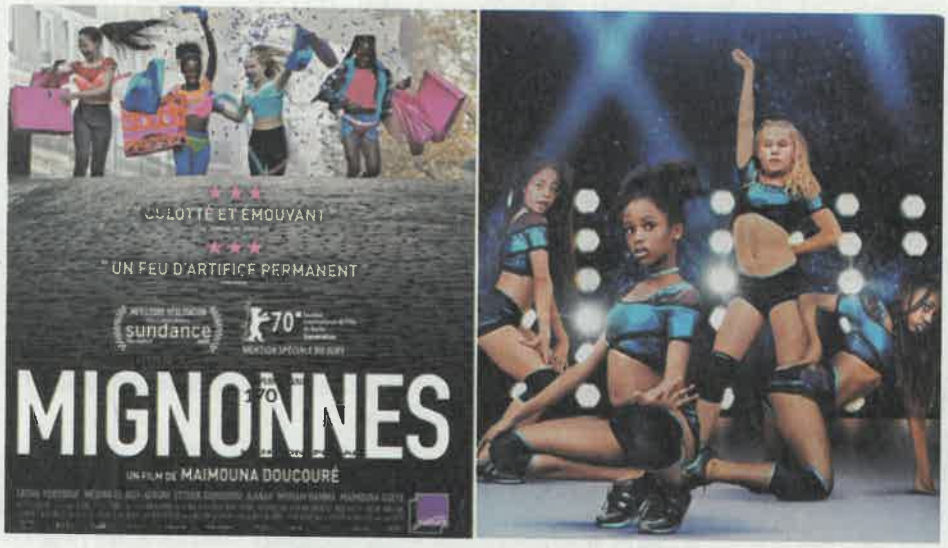
Ziegler was then cast by Sia Furler (b. 1975), the Australian singer-songwriter, as the dancer in the video "Chandelier", which has over 2.5 billion views on YouTube. In the video, Ziegler wears a skin-coloured leotard and is filmed in high-contrast light, which reveals the outline of her groin as she does the splits. (Ziegler also makes a reference to her eye: a gesture made by hundreds of musicians, which some suggest is a reference to a hidden cult in the music industry.)[30] Defenders of the video plead innocence, but Ziegler's dancing talents could have been displayed in ways that didn't make her appear to be naked. The follow-up video featured the 12-year-old Ziegler, again in a skin-coloured leotard, fighting in a cage with actor Shia LaBeouf (b. 1986). As if admitting guilt without admitting guilt, Sia (who strenuously denies any wrongdoing) tweeted: "I anticipated some 'paedophilia!!!' cries for this video."[31] "Dance Mom" Cathy Nesbitt-Stein (b. 1959) stated that the video made her feel sick, saying of Ziegler's mother: "I am flabbergasted Melissa would go to the levels she is going to get her daughter famous."[32]

Cuties Controversy

"The dance scenes are provocative, sexual in nature and can be sometimes uncomfortable to watch, featuring slow-motion shots of 11-year-old girls sucking on their fingers and close-ups on their crotches and behinds." These are the words of a secret January 2020 report prepared by the Netflix editorial creative team for the French movie *Mignonnes* (2020), directed by Maïmouna Doucouré (b. 1985). The film was released as *Cuties* in much of the English-speaking world. Despite acknowledging the pornographic nature of the movie, the team did not decide to withdraw the product or apply additional quality control, such as editing out the more sexualised content.[33]

In the US, *Cuties* was restricted for Mature Audiences only. So, the logic is that children were tasked with performing acts that were only suitable for adults to view. In Australia, the film was rated MA15+ and in the UK it was rated the equivalent 15.[34] The poster for the original French version of the movie featured the four preteens walking up a hill. The US poster was changed by the Netflix designers to depict a scene from the movie, in which the children are dressed in skimpy clothes and strike suggestive poses. Many argued that Netflix was not only guilty of legitimising child abuse by purchasing and distributing the film,[35] but creating its own child porn by designing a poster with the intention of generating controversy among the general public and appealing to paedophile or "paedo-curious" audiences.[36]

Doucouré claims that she made a movie designed to highlight the sexualisation of children and raise awareness about how young girls are exposed to inappropriate content due to the all-pervasiveness of online culture.[37] In the opinions of many, however, such a movie could have been made without making children perform sexualised acts.[38] Doucouré's defence seems implausible. Another possible agenda was the corruption of Islam, which French politicians, left and right, use as a



Original French poster on left and Netflix rebrand poster on right

weapon to win votes by telling voters that Allah-worshipping foreigners are corrupting "French" culture.[39] Islam, both its hard line and moderate spectrums, is a traditional religion that promotes strong family values. In the movie, one of the girls breaks from this tradition to profit from secular dance. In this respect, the movie could be read as encouraging young Muslim girls to defy their parents' traditions and transform themselves into objects of desire in service to modern French capitalism.

In the US, Netflix tried to sell the movie as the girls' efforts to explore their "femininity."[40] But the apparent efforts to corrupt Islamic family values and disguise child porn as feminism ignited a powder keg. At least one prominent black feminist[41] complained that Netflix's first major movie including black female protagonists had not only sexualised them, but that they were kids.[42] One well-known white liberal (i.e., the kind that supports the US Democratic Party) reported that their political enemies, the Republicans, were the ones making a fuss over nothing.[43] Not only does this reflect a pro-child abuse undercurrent that runs through some modern liberal political culture (in my opinion), it shows that when something is wrong the tribal instincts of some can be stronger than moral outrage. It is a sad state of affairs when people defend child porn even when the purveyors of such material, in this case Netflix, themselves apologise: "We're deeply sorry for the inappropriate artwork we use for *Mignonnes/Cuties*. It was not OK," read the company's tweet in August 2020, one month before the film's flop release.[44]

(Photo: Barnaby Dorfman)

The "liberal" author mentioned above is Alyssa Rosenberg (dates unknown). She denies any wrongdoing and her husband is Matt Gertz (dates unknown).[45] Gertz is a senior fellow at Media Matters:[46] an organisation founded by the prominent Democratic strategist, David Brock (b. 1962).[47] Brock's former partner, James Alefantis (dates unknown), is the owner of the pizzeria Comet Ping Pong and the more bourgeois Buck's Fishing and Camping. In 2012, *GQ* magazine rated Alefantis the 49th most powerful person in Washington, DC; apparently on the basis that influential Democrats hobnob at his establishment.[48] Alefantis courted controversy by allegedly posting images on social media of a "baby for sale" (an unhappy-looking doll), and a man standing behind a young girl tied to a table (whom he said was a relative playing), to give just a two examples. (Alefantis strenuously denies wrongdoing and has sued over claims that he is involved in child sex trafficking. The events are more commonly known as "Pizzagate". They allegedly involved many other people and are dismissed as a right-wing conspiracy theory by mainstream corporate media.)

The following connections and alleged connections do not point to a specific *Cuties* conspiracy, but rather, to a possible dark subculture running through elements of Netflix, Sundance, and the Democratic Party: Former Democratic US President Barack Obama (b. 1961) has a production contract with Netflix. In 2016, WikiLeaks published thousands of emails in which high-level Democrats, including Obama's staff, make frequent and bizarrely phrased references to food, including pizza and hotdogs, which some have interpreted as code words for child sex-trafficking.[49] The Sundance Film Festival's co-founder, Sterling Van Wagenen (b. 1947), is a convicted child abuser.[50] In addition to receiving prizes from other festivals, *Cuties* won best world cinema dramatic directing award at Sundance 2020.[51]

Conclusion

The normalisation of paedophilia is occurring because different groups have similar agendas. Realising that sexual attraction to minors is an epidemic, Netflix US apparently sought to capitalise on this by promoting what their designers thought was an erotic poster of little girls. Cognitive psychologists and neuroscientists are trying to prevent child abuse by understanding the neural makeup of so-called "minor-attracted persons," but as noted above their efforts are at best misguided because they don't consider the likelihood that MAPs will offend at some point. They also portray MAPs as determinately attracted to children without looking into potential abuse they may have suffered in childhood or examining ways to recondition or monitor them to prevent harm to children.

The extraordinary and horrifying Kentler experiment shows how far "liberal" attitudes towards child rapists can go...

The cases of the Paedophile Information Exchange and NAMBLA in the 1970s and '80s demonstrate that misguided attempts by "progressives" to give "rights" to paedophiles not only end up victimising children, they also show the insidiousness of such networks, which pose as empathic, trying to suggest that paedophiles are normal people with abnormal attractions, but actually they advocate for the abolition of the age of consent while creating platforms in which abusers can network. In the case of the False Memory Syndrome Foundation and related literature, we have seen how financially predatory professionals like Loftus (in my opinion) have re-abused victims by empowering sex predators like Maxwell and creating a culture of denial that sides with the abuser. The extraordinary and horrifying Kentler experiment shows how far "liberal" attitudes towards child rapists can go, when different layers of the state—from the Senate and child welfare organisations, to the media and professional associations—quietly trafficked vulnerable kids to known abusers for decades while fully aware of the illegality of such practices.

Not all abuse victims go on to abuse, but every abuser has been a victim. If we are to eliminate the scourge of child sex abuse, we need far greater monitoring of predators and massive support networks, therapy, and public awareness for abuse survivors. Such conditions will limit the opportunity for abuse victims to abuse others while providing them with the necessary tools to survive their abuse in constructive not destructive ways. Normalising paedophilia is the worst solution.

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Good Microbes: the dawn of fermentation

Karen Mutton © 2022

Fermentation, the chemical breakdown of a substance by bacteria, yeasts or other microorganisms, was the most important technical advance in food processing in the Neolithic age which lasted from 12,000 to 5,000 years ago. Fermentation, along with pickling (the addition of vinegar or salt to food) allowed vegetables, dairy, fruit, fish and grains to be preserved for long periods of time. The process of fermentation in many countries is responsible for the following popular foods and beverages: beer, wine, vinegar, mead, cheese, yoghurt, kefir, bread, sauerkraut, kimchi, miso, soy sauce and some pickled products.

This essay examines numerous fermented foods which helped precipitate civilisation in Europe, Asia, the Middle East, Africa and the Americas thousands of years ago. From bread to beer, wine and cheese, fermented products helped many cultures to advance beyond hunting, gathering and foraging for food. The dawn of agriculture and pastoralism saw permanent settlements develop for the first time along with the need to store and preserve food by adding salt or bacterial cultures. Inventions in agriculture such as the sickle for harvesting grains, mortar and pestle as well as the quern for milling grains, the sieve and the oven were also part of this Neolithic Revolution.

The Three Types of Fermentation

1) Lactic acid fermentation: Yeasts and bacteria process starches or sugars into lactic acid. Kimchi, yogurt, and sourdough bread are examples.

2) Ethyl alcohol fermentation: The pyruvate molecules in sugars or starches are broken down by yeasts into carbon dioxide and alcohol which is how wine, beer and liquors are made.

Making Bread, 2350–2300 BCE, Egypt (Photo: Sharon Mollerus, flikr.com)

3) Acetic acid fermentation requires oxygenation: Starches and sugars from grains or fruits are fermented into sour substances such as apple cider vinegar.

Grains, such as barley, einkorn/emmer wheat and millet were the first food to be fermented in Europe, Asia and Africa. Dairy products from cows, goats, sheep and camels soon followed. In the Americas, maize was the most important crop and fermented in Pre-Columbian times to create alcoholic beverages. The Chinese were also fermenting rice beverages 8,000 years ago.

Bread Making in History

Bread making first appeared as flatbread made by Natufian hunter-gatherers from wild wheat, barley and roots between 14,600–11,600 years ago in the Levant. The archaeological site of Shubayqa 1 in Jordan predated the earliest Neolithic bread making sites in Turkey and Europe by thousands of years. For the next eight millennia, bread was unleavened, minus the added yeast fungi which began the process of fermentation. Such flatbreads survive today as lavash, matzo, chapatti, naan, focaccia and tortillas in cultures from Europe to Mexico.

Yeasts are single-celled microorganisms from the fungi family. The yeast species *Saccharomyces cerevisiae* converts carbohydrates to carbon dioxide and alcohols during fermentation. It is believed that bakers first added yeast to bread over 5,000 years ago in ancient Egypt. Such a process, called leavening, allowed the dough to rise. A sourdough lactic acid bacteria and yeast culture in a mixture of flour and water was often used as a starter. The oldest sourdough bread excavated from 3700 BCE was discovered at a site in Switzerland, but the origin of sourdough fermentation possibly extends much further back into history.

Grains such as barley, emmer and einkorn wheat were grown to make bread, which was a staple in the Egyptian diet. Grain was cut with a sickle and taken to a threshing table. Emmer wheat spikelets had to be removed by moistening and pounding with a pestle. It was then dried in the sun, winnowed, sieved and finally milled on a saddle quern. This flour was coarse, even when sifted several times, and most Egyptians had bad teeth from the bread consumed. Yeast was used for the first time.

Bread making on an industrial scale was already well established during the Old Kingdom. Excavations at Tel Edfu by archaeologists of the Oriental Institute of the University of Chicago in December 2017 uncovered a large complex of courtyards and workshops with large storage containers and other artefacts associated with bread making and beer production.

The buildings date from 2400–2350 BCE and are the best Old Kingdom remains from Upper Egypt.

According to an article in *Smithsonian Magazine*, amateur baker and Egyptologist Seamus Blackley, a creator of the Xbox, managed to gain access to some Old Kingdom yeast from baking vessels stored at the Peabody Essex Museum and Museum of Fine Arts in Boston. Microbiology doctoral candidate Richard Bowman reawakened dormant yeasts by injecting a nutrient solution into the ceramics. In 2019, Blackley cultivated the yeast for a week using unfiltered olive oil, hand-milled barley and einkorn until he had a starter to make the bread. He then mixed the starter with the einkorn, barley and kamut and baked it in an earthenware vessel.

"It's much sweeter and more rich than the sourdough we are used to. It's a big difference," he wrote. "The aroma and flavor are incredible."[1]

The ancient Minoan and Mycenaean Greeks baked bread made from barley and emmer, but historians are not sure when fermented bread was first introduced. By the Classical Age of the 6th century BCE, both leavened and unleavened breads were popular, with recipes for raised breads, coarse brown barley bread, white bread from imported Egyptian fine flour, oven bread, wafer bread, flat bread and various cakes. While most Greek households baked their own bread, the Athenians were opening bakeries and selling fresh bread at market.

During the 5th century BCE, the Greeks invented the first milling machine called the Olynthus mill, also known as the hopper mill, which consisted of two rectangular-shaped stones stacked on top of each other and turned with a lever. This made milling the grain far more efficient than the laborious saddle quern which involved a person physically pushing one stone against another.

The Romans were prolific bakers churning out vast

amounts of loaves of mostly leavened wheat bread every day. Unleavened bread was called *maza* which was mixed with a yeast starter to form the more expensive leavened bread purchased by wealthier households. Specialised bakeries were also producing foreign versions of bread, such as Parthian water bread, which was full of holes like a sponge, and picennum, a sweet bread baked with nuts and honey in clay moulds.

The ancient Celts of Gaul used *barm*, the foam from fermenting beer, as leavening. Although the Gauls were considered to be barbarians by the Romans, ancient historians did acknowledge that their beer foam bread was lighter than Roman bread.

Fermented Beverages

• Beer

Beer is one of the oldest fermented drinks in the world and probably originated in Mesopotamia or Iran. Chemical tests of ancient pottery jars reveal that beer in Iran was produced 7,000 years ago, while a 6,000-year-old tablet in Mesopotamia depicts people consuming a beverage, possibly beer, through reed straws from a communal bowl. The Sumerian beer goddess, *Ninkasi* appears in the "Hymn to Ninkasi" which is a recipe for brewing beer from barley bread. An excerpt follows:

> When you pour out the filtered beer of the collector vat,
> It is [like] the onrush of Tigris and Euphrates.
> Ninkasi, you are the one who pours out the filtered beer of the collector vat,
> It is [like] the onrush of Tigris and Euphrates.[2]

The earliest chemically confirmed barley beer was discovered at Godin Tepe, in the Zagros Mountains, Iran, where fragments of a jug, over 5,000 years old, were found to be coated with beerstone, a by-product of the brewing process. Beer was also brewed in Neolithic Europe at the same time. In China, fermented alcoholic drinks were created as far back as 9,000 years ago, with similar production methods to those in ancient Egypt and Mesopotamia.

Bread and beer were the staples of the Egyptian diet. Egyptian beer was made from baked barley bread and also used in religious practices over 5,000 years ago. The oldest high-production brewery in the world was discovered in Abydos in 2021 by a joint Egyptian–American team. Dating back to the 1st Dynasty more than 5,000 years ago, it consisted of eight large areas 20 metres long (65 ft), each containing 40 earthenware pots arranged in two rows. A mixture of grains and water was heated in the vats, with each basin held in place by clay levers placed vertically in the form of rings. The facility was able to produce about 22,400 litres (4,900 gallons) of beer at a time. The brewery was a remarkable structure built on the cusp of Pre-dynastic and Old Kingdom times.[3]

In 2011, the Dogfish Head Brewery in Delaware consulted ancient Egyptian recipes in order to brew a beer with traditional ingredients which they called *Ta Henket*.

> "Ta Henket is brewed with an ancient form of wheat and loaves of hearth-baked bread, and it's flavored with chamomile, doum palm fruit and Middle Eastern herbs. To ferment this earthy ancient ale, Sam and friends traveled to Cairo, set out baited petri dishes and captured a native Egyptian saccharomyces yeast strain."[4]

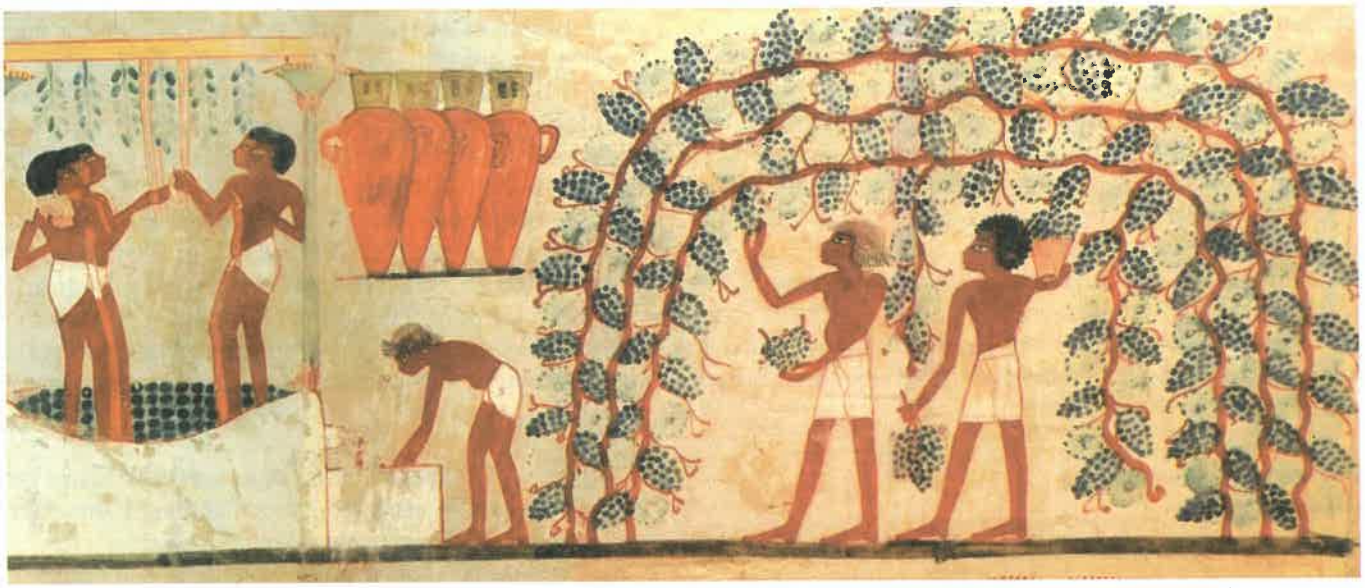
In historical European times, beer was less favoured than wine, except by northerners such as Gauls, Thracians and Germanics. According to *Science News*:

> "'Six specially constructed ditches previously excavated at Eberdingen-Hochdorf, a 2,550-year-old Celtic settlement, were used to make high-quality barley malt, a key beer ingredient', says archaeobotanist Hans-Peter Stika of the University of Hohenheim in Stuttgart. 'Thousands of charred barley grains unearthed in the ditches about a decade ago came from a large malt-making enterprise', Stika reports in a paper published online January 4 [2011] in *Archaeological and Anthropological Sciences*."[5]

The Celts soaked the barley in constructed ditches until it sprouted. Grains were dried by lighting fires at the ends of the ditches, giving the malt a darkened colour and smoky taste. Lactic acid bacteria, stimulated by slow drying of soaked grains, added sourness to the brew. Stika suspects that yeast-covered brewing equipment or added fruit triggered fermentation.[6]

Sumerian drinking tablet

Despite their disdain for barbarian practices, the Greeks were fond of barley wine and Greek philosopher Sophocles felt the need to caution moderation when consuming beer. Hops were not used in beer production until the 9th century in France.



Egyptian wine production, copyright unknown

• Wine

Wine fermentation occurs when sugar from grapes is added to yeast, producing alcohol and carbon dioxide. The earliest evidence of grape processing in Western Asia occurred at Lake Zeriber, Iran where grape pollen was found in a soil core dated to 4300 BCE. Excavations at a Greek site called Dikili Tash have revealed grape pips and empty skins dated to between 4400–4000 BCE, the earliest so far discovered in the Aegean. Viticulture was also very important in Minoan and Mycenaean cultures which followed the Neolithic in Greece.

The oldest known winery was discovered in the "Areni-1" cave in Vayots Dzor, Armenia where a wine press, fermentation vats, jars and cups have been dated to 4000 BCE. This winery consisted of a trough measuring 3 x 3.5 feet (0.91 x 1.07 m) with a drain leading to a two-foot-long vat that could contain 15 gallons (68 litres) of wine. The seeds were from *Vitis vinifera*, the grape still used to make wine.

In Egypt, a thriving royal winemaking industry was established in the Nile Delta following the introduction of grape cultivation from the Levant in about 3000 BCE. *Shedeh*, red wine was the most precious drink in the New Kingdom because of its resemblance to blood and many blood myths. White wine was also available during the time of New Kingdom pharaoh Tutankhamun.

In Neolithic times and well into Egyptian times, grapes were pressed in large troughs or vats by foot. It seems likely that the first wine presses, using planks of wood to extract the juice from grapes, may have been used in ancient Crete, along with the foot stomping method.

Wine was the most important drink in ancient Greece, including red, white, rosé and port wines. All wine was cut with water, as it was considered barbaric to drink it straight. They also drank kykeon, a combination of barley gruel, water, herbs and goat cheese.

Wine production was very important in the Levant Phoenician culture as well as the colony of Carthage in North Africa which challenged Rome in the Punic Wars. According to the famous Mago of Carthage, known as the Father of agriculture, Carthaginian raisin wine was sold to Italy in huge quantities.

> "Pick some well-ripened early grapes. Discard any that are mildewed or damaged. Drive forked branches or stakes made of rods tied into bundles into the ground at a distance of about four feet apart. Lay reeds across them and spread the grapes out in the sun on top. Cover them at night so that the dew will not moisten them. When they are dried, pick the grapes off stems and put them in a jar or pitcher. Add some unfermented wine, the best you have, until the grapes are just covered. After six days, when the grapes have absorbed it all and are swollen, put them in a basket, put them through the press, and collect the resulting liquid. Next, press the mass, adding fresh unfermented wine made with other grapes which have been left in the sun for three days. Stir it well and put it through the press. Bottle the liquid of the second press in stoppered jars, so it will not turn sour. After 20 or 30 days when the fermentation is over, decant it into fresh vessels. Coat the lids with plaster and cover them with leather."[7]

The Romans developed viticulture to a high degree and exported it around the Mediterranean. They invented efficient wine presses consisting of a horizontal beam held up by two upright fixtures beneath which pressure was applied to the grapes by a windlass fixed to a rope. The juice fell through a shallow basin towards the exit. Later, the windlass was replaced by a vertical screw in the "Greek press."

Smaller farms used slaves to stomp on the grapes, but

in large estates, presses were huge, up to 12 metres long, 3–4 metres high and weighing many tonnes. The wooden beams holding the stone were operated by ropes and pulleys built by the rural population using local stone and wood.

• Cider and Vinegar

Both vinegar and cider share a long history extending into antiquity. Around 5,000 years ago, the Babylonians and Egyptians used the fruit and sap of the date palm which fermented naturally into vinegar in contact with air. The Greeks and Romans made vinegars from wine, using it for culinary and health purposes. Cider is made from the fermented juice of apples. The British Celts were producing it from crab apples, and it quickly spread throughout the Roman Empire after the invasion of Britain in 55 BCE.

• Other Fermented Alcohols

Jiahu, an advanced Neolithic settlement in central China 8,000 years ago with some of China's oldest pottery, was chemically analysed by Patrick McGovern and his team from Pennsylvania Museum. They discovered that alcohol was fermented from rice, honey, grapes and hawthorn by the process of mould saccharification, whereby several mould species were used to breakdown the rice and sugar into simple fermentable sugars.

Mead, a fermented honey beverage, was popular in Europe during the Bronze Age from 2800 BCE. The ancient Greeks called it *hydromeli* which may have been the ambrosia of the gods. Mead probably preceded wine and was portrayed as a bee-faced goddess in some Minoan seals.

Soma was a fermented juice which was consumed by Hindu priests during the Vedic era in India (1500–500 BCE.) However, the origin and composition of the drink is shrouded in mystery and may have been anything from mushrooms, cannabis, or pomegranate. The god Soma was considered a bringer of health and wealth. Surd, a spirituous liquor, was commonly used at marriage ceremonies and in some religious rites. It was prohibited for the Brahmins, as was *parisrut*, another semi-fermented liquor. Wine was also mentioned in the Vedas.

Fermented Dairy Products

Fermented dairy products have existed since humans domesticated cattle, sheep, goats and camels around 12,000 years ago. Natural fermentation occurred in the desert areas of North Africa and the Middle East when milk stored in animal skins turned into yoghurt due to naturally existing microflora present. Indians in the Indus Valley also began fermenting milk around 8,000–6,000 years ago. With cows a sacred animal in Hindu India, yogurt and dairy have been long prized on the sub-continent. Across Eastern and southern Europe, yogurt was known, especially in Bulgaria where milk stored in animal stomachs created a warm environment for bacteria to grow and transform milk into yogurt or cheese.

Cheese was originally made from sheep milk during the Neolithic in Europe and the Middle East around 8,000 years ago. It may have been discovered accidently by the practice of storing milk in containers made from the stomachs of animals. Rennet is a natural enzyme found in the stomach of ruminant animals and causes milk to coagulate, separating the curds and whey. Or Neolithic people could have salted curdled milk for preservation purposes.

Many Neolithic humans were lactose intolerant as adults, so early milk production may have been for suckling infants or to create lactose reduced products like butter and cheese. The first cheeses were probably soft like feta or Indian Paneer.

By 7,000 years ago, cow's milk was used to make cheese in Poland, according to studies of perforated ceramic material that had been used as sieves to separate the curds from whey. Traces of 7,000-year-old cheese have been detected on Croatian pottery. Milk residue has also been discovered on 8,000-year-old ceramic vessels from Çatalhöyük in Anatolia.

In historical times, cheese was made in Sumer, Hittite Anatolia, Greece, Rome, India, Celtic Europe and Iran. In Greece, dairy products and cheese making were widespread in Hesiod's day, nearly 3,000 years ago. Goat and ewe cheese was a staple food, along with curdled milk products similar to yoghurt. Cheese was also used as an ingredient in cooking, including fish dishes.

Nomads of the Eurasian steppes from the Caucasus to Mongolia fermented mare's milk at least 6,000 years ago.

Herodotus wrote of the Scythian method of creating mare's milk or kumis over 2,500 years ago in his famous *Histories*.

"The Scythians blind all their slaves, to use them in preparing their milk. The plan they follow is to thrust tubes made of bone, not unlike our musical pipes, up the vulva of the mare, and then to blow into the tubes with their mouths, some milking while the others blow. They say that they do this because when the veins of the animal are full of air, the udder is forced down. The milk thus obtained is poured into deep wooden casks, about which the blind slaves are placed, and then the milk is stirred round. That which rises to the top is drawn off, and considered the best part; the under portion is of less account." (*The Histories*, Book 4)

Kumis is similar to kefir, but produced from a liquid starter culture, whereas kefir is fermented milk using a colony of yeast and bacteria in the form of small gelatinous grains which were highly prized. Although the oldest traces were found in a 4,000-year-old tomb in Xiohe, China, the nomads of the Caucasus were fermenting kefir over 2,000 years ago.

In India from Vedic times, cow, buffalo and goat milk were consumed and fermented to produce yoghurt and curd. Various microorganism species were involved in the production of curd, depending upon the temperature and humidity of the environment. The ancient Persians were also fond of dairy, including cheese and yoghurt. A dried fermented milk product called *kashk* allowed for preservation of dairy ingredients for cooking.

Fermented Fish Sauce

Garum was the most popular sauce eaten in Roman times which may have been invented by the Carthaginians. According to Pliny:

"It is prepared from the intestines of fish and various parts which would otherwise be thrown away, macerated in salt; so that it is, in fact, the result of their putrefaction." The resulting liquid is garum, which when combined with other foods creates the umani flavour."[8]

Vietnamese fish sauce, nuoc mam may also have had its origins in ancient Carthage, as the oldest records of the sauce were found in the writings of Mago. After the Roman conquest of Carthage, fish fermentation techniques for garum were spread across the Roman Empire and into Asia along the Silk Road. From the 5th century onwards, for nearly one thousand years, fish sauce was the main condiment in Asia until the Chinese invented soy sauce in the 14th century.

Prahok is a Cambodian staple fish paste with a long history going back to 100 BCE. Originally it was created to preserve fish during the dry season. Made from mud carp, it was originally crushed underfoot before being salted and fermented in baskets. The liquid from the fermenting fish is a fish sauce which is dried and salted again before being placed in containers for up to two years. The flavour is very pungent.

Rice has been fermented in India and China for thousands of years. The process starts with soaking or boiling the grains which initiates germination. Archaeologists at a site known as Qiaotou discovered that Chinese were drinking rice beer 9,000 years ago as a part of ritual celebrations. Oracle inscriptions from the Shang Dynasty in China mentioned three types of rice wine available over 3,000 years ago. Jiu Qu, a rice wine, was popular with the Zhou court and highly regulated. During the Han Dynasty (206 BCE–222 CE), fermentation to make staple rice foods such as steamed cakes, stuffed buns, steamed buns and soy sauce was already fully adopted, and by 600 CE a book on fermentation, including rice wines, was published by Jia Shixi.

Rice wine fermenting jars, Jeju Stone Park, Korea (Photo: amanderson2, flikr.com)

Amakaze, a fermented rice drink first appeared in the Kofun Period in Japan, from 250–580 CE. It was created by boiling rice, water and koji, a fungus. The earliest form of sushi, called narezushi, was created during the Yayoi period (300 BCE–300 CE), with salted fish coated in fermented rice which prevented it from spoilage. The rice was discarded when the fish was eaten. After the 8th century CE, haya-zushi was assembled so the rice and fish could be eaten at the same time. The rice was no longer fermented but mixed with vinegar, vegetables and dried ingredients.

Soybean Fermentation

Soybeans originate from China. Emperor Shennong named soybeans as one of the five sacred plants. Charred remains of wild soybean, *Glycine soja* were discovered in

Jiahu, Henan province, a Neolithic site occupied between 9,000 and 8,000 years ago. They were domesticated between 1800–1100 BCE in eastern China during the Shang Dynasty and cooked or fermented into a paste. The oldest preserved soybeans resembling modern varieties were found in Korea and dated to 1000 BCE.

Soy sauce began to appear more than 2,500 years ago when soybeans were fermented with wheat and salt which was expensive. It is boiled in water, cooled down to 80 degrees Fahrenheit (27°C) and inoculated with koji mould. It is fermented between three and seven days in dark vats and then fermented again with lactic acid and yeast for several months. The longer the fermentation period the deeper the flavour. During the Han dynasty it was also espoused by Buddhist monks who wanted to avoid fish sauce. It became popular with Chinese Buddhists to enhance their bland vegetarian diet. By the 8th century CE soy sauce had spread to Japan and Korea where it received further refinements.

The production of tofu, curdled soy milk or bean curd, allegedly occurred during the Han period, although its origins are shrouded in legend. One fable claims it was masterminded by King of Huainan, Liu An, while another legend credits its discovery with a man who created tofu as an easy way to feed his elderly parents. Or it could have been invented by copying the cheese-making methods of Mongolian herders who drank milk.

Excavations at Okbang in South Gyeongsang province, Korea indicate that soybeans were cultivated as a food crop 3,000 years ago. Soybean sprouts were cooked as a vegetable, while dubu (tofu) was cooked for its protein. During the Mumum period animals were domesticated and the fermentation of beans was developed. The Baekje kingdom (18 BCE–660 CE) was known for its cold foods and fermented foods like kimchi.

In Japan, the Nara Period from 710–794 CE saw the mastery of soybean fermentation with the introduction of natto made from *Bacillus subtilis* and unleavened bread as well as miso, mirin and shi. The Chinese also fermented black soybeans and made them into *douchi*, a sauce and seasoning.

Pickling

Vegetables have been preserved by pickling with wine and vinegar, salting and fermentation using the lactic acid produced by the vegetables for thousands of years in many cultures. In China, pickled cabbage, known as *suan cai*, was first mentioned in the *Book of Odes* dating back to the 7th century BCE. Fermented vegetables were used as offerings in the ceremony of worshipping the ancestors. Centuries later, the workers building the Great Wall of China lived on rice and cabbages. To preserve the vegetables in winter, they added rice wine to the cabbage, which fermented them with a sour taste.

Suan cai is still eaten in China, with variations in Vietnam and Thailand. Northern Chinese used napa

cabbage, while Chinese mustard has long been fermented in southern and western China. From Asia, fermented vegetables spread to eastern and central Europe via invasions by the Mongols. By the 16th century, it became known as sauerkraut in Germany, created by the production of lactobacillus bacteria in the fermentation process.

In Korea, pickled and fermented vegetables were mentioned in the historical record of the Three Kingdoms, (57 BCE–668 CE) and kimchi became popular during the Silla Kingdom. It was made during the winter by fermenting the vegetables and burying them in the ground in brown ceramic pots called *onggi*. Radishes were the most popular vegetables along with the addition of various spices and seasonings, although chilli spice did not exist until the 17th century when it was introduced to Asia by Portuguese traders. Cabbage was also used for kimchi during the Three Kingdoms.

Maize, which is indigenous to the Americas, was first cultivated from the wild teosinte grass 9,000 years ago. It became a staple crop to the diet of Mesoamericans around 4,000 years ago and was also fermented as a form of liquor. In ancient Mexico, agave and maguey were also fermented, producing *pulque* and mescal. Another alcoholic popular drink was *balche* made by soaking the bark of the balche tree in honeyed water until it fermented. The result was a form of mead which was used in religious rituals.

The Mayans were among the first people to discover cocoa and make chocolate spiced with chilli peppers and vanilla called *xocolatl*. They harvested the cocoa beans and fermented them for some time. Then they removed the shells of the beans, dried and eventually ground the bean into a paste or powder form. To make a chocolate drink, the Mayans poured it from a vessel at some height into another vessel several times so that the fats created

a thick layer of foam on top. Only the rich and the elite were able to drink chocolate which could also be sweetened with honey.

South Americans of pre-Incan cultures fermented gourd, potatoes, quinoa, cassava and molle to make alcohol. Potatoes are indigenous to South America and may have been cultivated up to 10,000 years ago, but the oldest tuber remains have been found at Ancon in Peru, dating to 2500 BCE. Indigenous Andeans prepared their potatoes by boiling, baking, mashing or stewing. One of their dishes was *papas secas*, which involved boiling, peeling and chopping potatoes which were then fermented to create *toqosh*. Finally, they were ground to a pulp, soaked and filtered into a starch known as *almidón de papa*.

Fermentation has a long history in Africa, but little research has been conducted to date the origins of fermented foods and beverages derived from sorghum and tubers such as cassava. Coffee was originally grown in the Ethiopian highlands and became known to the monasteries a thousand years ago for its ability to keep the monks awake for their long devotions. Fermentation of the coffee cherries takes place either naturally when they are picked or when they have been submerged in water for a few days, before they are roasted. Cultivation, production and trade began in the 15th century in the Arabian Peninsula from where it spread to Europe.

Although there are references in early European texts about First Nations Australians fermenting food and beverages, very few studies have been undertaken. In 2016, Professor Vladimir Jiranek, of Oenology at Waite Campus, University of Adelaide, was recruiting students for a study on traditional fermentations of cider gum sap, Banksia and quandong roots from South Australia. He reports:

> "There is an important historical and anthropological aspect to the project. Some of these processes are not being practised anymore, but there may at least still be people with living memory of them. We're keen to record what we can while still possible.
>
> "The work may also reveal that novel organisms are involved that are unique to Australia, making this an opportunity to identify some new species of yeast and bacteria, perhaps with interesting new properties. We will also characterise the composition of the saps, nectars and various extracts as fermentation substrates while the Australian Bioactive Compounds Centre will determine if bioactive compounds are also present."[9]

In 2020, Professor Jiranek announced that some of the bacterial and fungal communities from the cider gums they had studied could not be matched to existing databases:[10]

> "It also allows us to identify new strains, or species of yeast and bacteria from the fermentations that are unique to Australia. Further work will characterise single microorganisms that have been isolated and grown from the cider gum.
>
> "We are particularly interested in their fermentative abilities, their potential flavour impacts, how they've adapted to the cider gum environment and the possible symbiotic relationship they have with the trees."

This brief survey shows that most ancient cultures were familiar with fermenting grains, fruit, vegetables, dairy or fish for preservation. Along with the Neolithic farming revolution, fermentation, the gift of the microbes, was the greatest advancement in food technology in human history.

About the Author:

Karen Mutton is a retired ancient history teacher and author. She has written books on various ancient history/human origins topics as well as finance. Mutton has contributed numerous articles on these topics to NEXUS over the years and appeared at several NEXUS Conferences (visit NexusMagazine.com for more). This article is an excerpt from Mutton's upcoming eBook, *The Dawn of Food*, available for A$17.95. To find out more, contact kazganymede@yahoo.com.au.

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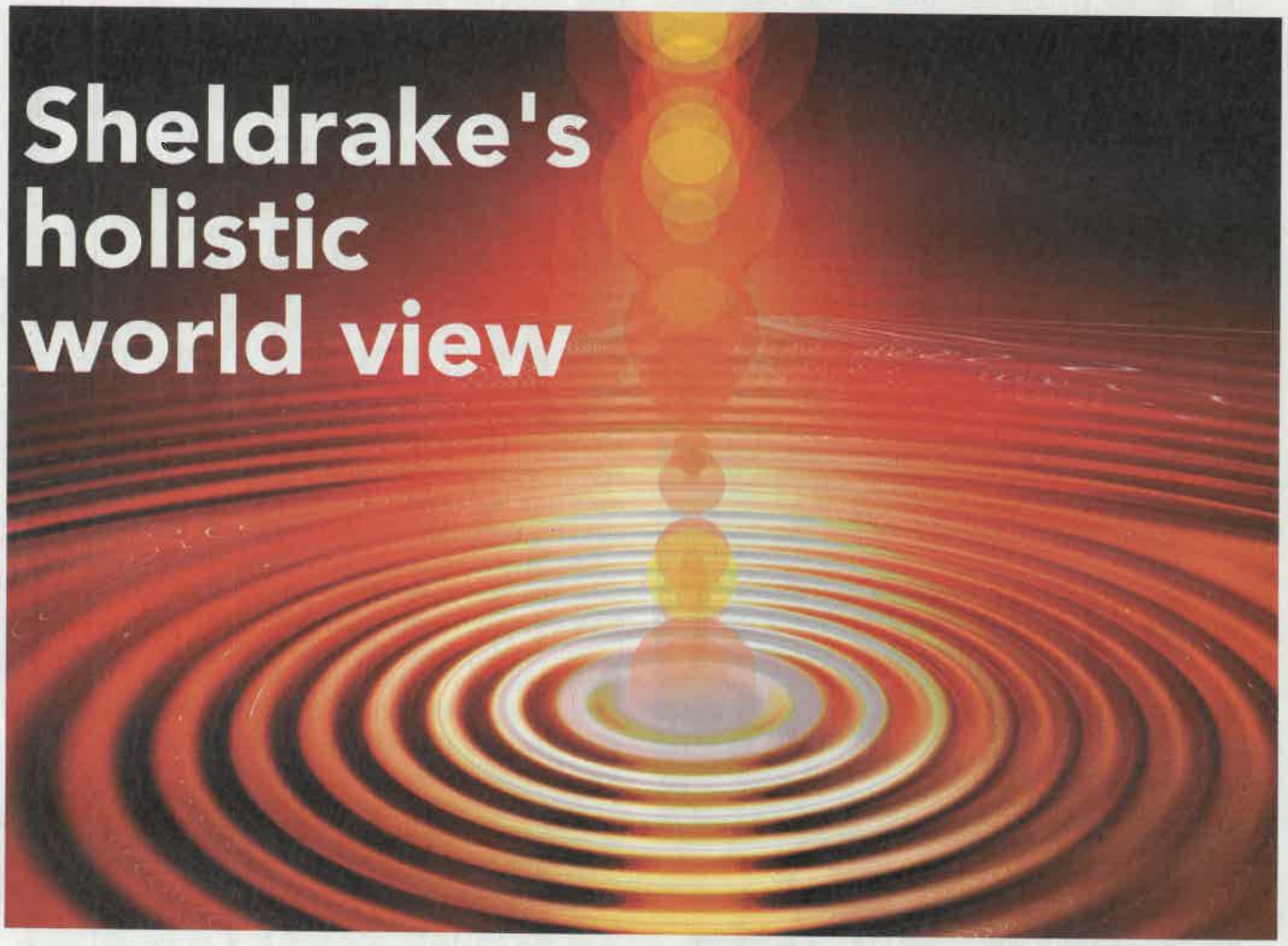


Sheldrake's holistic world view

An interview with Rupert Shedrake, PhD, by Robert Boucnik © 2022

Rupert Sheldrake, PhD is an eminent biologist and author whose views on pattern formation in nature have been criticised by much of the scientific community. He was director of cell biology and biochemistry at Clare College, Cambridge (1967–73) where he came to conclude that the reductionist method of analysis was inadequate to explain how organisms take their eventual shape. He argued that we can only explain how cells replicate and not how they differentiate into each type of cell—so some sort of "morphic field" must be in place.

He put forward his hypothesis of "morphic resonance" in his first book, *A New Science of Life* (1981), which received the now infamous review by the editor of *Nature*, John Maddox who described his work as "heresy" and recommended the book for "burning".

Despite fierce criticism, Sheldrake has continued to publish works giving credence to memory in nature, consciousness independent of brains, and telepathic powers of living organisms, arguing that modern science is stuck in a mechanistic paradigm. *The Science Delusion* (2012), the seventh of his eight books, was very well received and he was given a TED Talk to summarise his critique of current scientific practice. Public recordings of his lecture were then censored by the organisers.

His association in the 1990s with ethnobiologist Terence McKenna involved public discussion not only on mystery and spiritualism, but on the extended mind and collective consciousness, both men advocating the use of psychedelics to reveal these insights.

Rupert Sheldrake

Rupert Sheldrake is a biologist and author of more than 90 scientific papers and nine books, and the co-author of six books. His books have been published in 28 languages. He was among the top 100 Global Thought Leaders for 2013, as ranked by the Duttweiler Institute, Zurich, Switzerland's leading think tank.

He is best known for his hypothesis of morphic resonance. At Cambridge University he worked in developmental biology as a Fellow of Clare College. He was Principal Plant Physiologist at the International Crops Research Institute for the Semi-Arid Tropics in Hyderabad, India. From 2005 to 2010 he was Director of the Perrott–Warrick project for research on unexplained human and animal abilities, funded by Trinity College, Cambridge. *(Source: www.Sheldrake.org)*

Morphic Resonance

Morphic resonance is a process whereby self-organising systems inherit a memory from previous similar systems. In its most general formulation, morphic resonance means that the so-called laws of nature are more like habits.

The hypothesis of morphic resonance also leads to a radically new interpretation of memory storage in the brain and of biological inheritance.

Memory need not be stored in material traces inside brains, which are more like TV receivers than video recorders, tuning into influences from the past.

And biological inheritance need not all be coded in the genes, or in epigenetic modifications of the genes; much of it depends on morphic resonance from previous members of the species.

Thus each individual inherits a collective memory from past members of the species, and also contributes to the collective memory, affecting other members of the species in the future. *(Source: www.Sheldrake.org/research/morphic-resonance)*

The Interview

Robert Boucnik: I would say, and I don't think I'm speaking for myself here, that probably the most valuable insight you've given people like me who want to read your work to learn and understand, is on cell differentiation where you point out that for all we know about molecular biology we only know how cells replicate and duplicate, we don't know how they actually change, and most of us have been lulled into a false sense that genetics is the sole factor in making things take their ultimate shape.

But you point out that the bundle of stem cells from which everything begins—all the cells are identical, and whatever makes them change into nerve cells, skin cells, blood cells whatever, cannot have anything to do with the internal contents of each cell. It must be something beyond that. You posit morphic fields as an explanation and you extend that into morphic resonance, which also includes patterns re-emerging in different parts of spacetime, but with morphic resonance this applies not only to patterns of shape but to patterns of behaviour as well, and so there we have to go into considering seriously things like collective memory, things like that.

And because of this you've been criticised and slurred over the years as being pseudoscientific, mystical, irresponsible, whatever, and so rather than ask you a question that you've answered 1,000 times I'll just try and tweak it slightly.

You've responded to your critics by saying they're part of a belief system that's materialistic and atheistic and actually inhibits genuine scientific inquiry, so my question is—this dominant materialist tendency in the scientific community... they're perfectly entitled to criticise your hypothesis of morphic fields or morphic resonance, even though I would say you've pointed out in one case an eternal mystery and in the other case something that's definitely... a genuine occurrence. But I don't think... it's hard to support the denial they have—they might not like your answers but they're in denial about the question, you know. So why do you think that is—that's the first question; what's the issue with them?

Rupert Sheldrake: Well, I think the issue basically is a belief system. Most of my critics are mechanistic materialists. In other words they believe that the Universe is mechanical, machine-like, that it's made of matter, that matter is unconscious and purposeless and that the entire Universe is only made of non-conscious, material stuff. That is what materialism says.

That leads to the idea that the brain is what produces the mind, and the mind is simply inside the head. It's an inexplicable epiphenomenon, or hallucination, produced by the brain; an illusion. And that nature is governed by fixed laws which don't change with time.

Therefore the idea of morphic resonance, and an influence from the past working across time, simply isn't

on that map of reality. And the phenomena, like telepathy I investigate—implying minds extend beyond brains, are simply impossible. Therefore my proposals from their point of view are ridiculous, impossible, and because they can't entertain that these are possibilities; that they are hypotheses, they prefer to treat them as false claims which need to be debunked; whereas what I am trying to do is play science by the rules. And science is about expanding our understanding, looking beyond what we already know, putting forward hypotheses as to the way things might be, and then testing those hypotheses to find out if they're true or not.

That involves living in a place of uncertainty. We don't know—I don't know—whether morphic resonance really happens or not. I think the evidence suggests it does, and I've suggested lots of experiments, some of which have been done to test whether it does or not. It's a testable hypothesis, it's not a claim that, "this is true, I'm right, you're wrong". It's not like that, that's how they'd like to frame it—it's a testable hypothesis. I'm trying to

work scientifically investigating what we don't know, so that's really the point of my endeavour.

I try and explain why materialists are trapped in this belief system or worldview in my book *The Science Delusion* (called *Science Set Free* in the USA) which is really about how we can go beyond the ten predominant dogmas of materialistic science, remaining scientific; in fact being more scientific because it's rather unscientific to be dogmatic and to refuse to look at things that don't fit into a particular worldview.

Boucnik: Of course, in their defence perhaps, when you say that minds extend beyond brains, the electricity which creates the mind does emanate inside the brain, it's just it's difficult to know when electricity stops or energy stops and consciousness begins. So, how does the brain produce the mind then? If you're saying, for example...there's panpsychism isn't there... that consciousness doesn't necessarily rely on the brain? And very eminent people like Christof Koch, I think, thinks that even microbes have consciousness, some people, one interviewee even said photons can have consciousness, that's how photosynthesis works, But how can... the brain at some point does actually produce the mind or are we saying that our consciousness is diffuse or non-locatable in our physicality?

Sheldrake: Well there are two points here: the first is whether minds are necessarily tied to brains. And as you point out, there is a fashion for panpsychism at the moment with Christof Koch, who used to be a hardcore materialist, who has become a panpsychist, and Philip Gough, a philosopher here in Britain, who makes a strong case for panpsychism. Their point is that if consciousness is present in some vestigial form or in some lowly form in electrons and atoms, then when it emerges in brains it is a difference of *degree*, not of *kind*.

That's because the materialists have what's called the "hard problem of consciousness". If you say the Universe is totally unconscious, i.e. there's no consciousness anywhere, then you have to explain how come consciousness somehow seems to appear in human brains and possibly in animal brains too.

Something totally different seems to emerge. There is

I wrote a paper published last year, called "Is the Sun Conscious?", suggesting that the Sun and other stars may be conscious beings.

a difference in *kind*—an almost miraculous appearance of something utterly different from the rest of nature. So to overcome that problem they say, let's assume there's a little bit of consciousness in photons and electrons.

I think the best way of looking at panpsychism is not to go down to the very small, we don't have a clue what the consciousness of an electron might be, but to go up and look at larger things.

I wrote a paper published last year called "Is the Sun Conscious?", suggesting that the Sun and other stars may be conscious beings. Whole galaxies may have a kind of consciousness, so may the whole Universe, and their consciousness doesn't depend on brains obviously. The Sun doesn't have a brain with left and right hemispheres, neurotransmitters and things, so even if it's only a thought experiment the question of "Is the Sun Conscious?"—which anyone can read on my website, published in the *Journal of Consciousness Studies*, a peer-reviewed journal—is a way of freeing our thinking about minds, from saying they've got to be in brains, the cerebro-centric view.

And then when it comes to the question of what's the relation to the brain, this is of course a vast question and huge papers and thousands of books have been written on the subject. We are not going to solve it today, but you see one way of seeing the mind and the brain is the materialist way. The mind is somehow produced by the brain, it doesn't actually do anything, it doesn't have... there's no free will. The mind doesn't causally affect the brain, it's an epiphenomenon, that the mind is like a shadow produced by brain activity.

The other possibility is that the mind and the brain interact like the signals that go into your TV set interact with the TV set. The TV set in a sense produces the pictures you see on the screen. It produces the sounds you hear coming out of the loud speakers, but they're not all originating inside the TV set. There aren't the entire cast of period dramas or news bulletins or talk shows. They're not all like little people inside your TV set. There's an invisible influence coming into the TV set and by interacting with the set, this is producing the pictures you see on the screen.

So I think minds are like fields that influence brains, that work through brains and also that stretch out beyond brains. So when, for example, I'm looking now at my computer screen I'm seeing it out there about two feet in front of me, now the official view is those images. Now I look out the window and am looking at a tree, the official view is that those images are generated inside my head; they're inside my brain. My suggestion is that they are actually where they seem to be!

Our minds project out everything we see where it seems to be, and therefore they are extended out beyond the brain in every act of perception, and that means that there is a sense that our mind touches what we are looking at, even if it's a distant star and this should be detectable. That's why I got interested in the sense of being stared at, the feeling that you can tell you are being looked at from behind. Most people have had that experience—you turn around, there's someone looking at you or you stare at someone and they turn around. That ought not to happen if the mind is inside the brain. And so dogmatic materialists say that it doesn't happen, it can't happen, and anyone who says it does is stupid or fraudulent or something like that. They try to deny the entire phenomenon even though it's part of everyday experience for 95 per cent of the population. So what I'm suggesting is that that is actual evidence that the mind is extended through morphic fields beyond the brain. And we are used to the idea of fields extending beyond physical objects from magnets, where the magnetic field is inside the magnet and around it. The Earth's gravitational field is inside the Earth and stretches far beyond it, invisibly holding the Moon in its orbit. And the field of your telephone, your mobile telephone, is inside the phone, and it physically stretches out beyond it. So I'm suggesting minds stretch out beyond brains in that kind of way rather than being confined to the inside of heads.

Boucnik: Yes, I watched your lecture on the Sun having consciousness and it was fascinating (obviously—sorry), but you seemed to be saying there that it's the connectedness, some sort of abstract streams or currents which really account for consciousness, that it's the synergy between things that accounts for consciousness. Would that be correct?

Sheldrake: Well no, I was talking there about perception, you know when I'm looking at a tree the light coming from the tree comes into my eyes. All that's described perfectly well by conventional science, then changes happen in the optic nerve in the brain. All that again we can map and study by regular science. But then there's the question of how I produce the image of the tree and why I'm conscious of it. Regular science does not have anything to say on why I'm conscious, so that's the hard problem, and in terms of where the image is, it says it's inside the brain, whereas I experience it as being outside the brain, where it is. I'm just suggesting it's there.

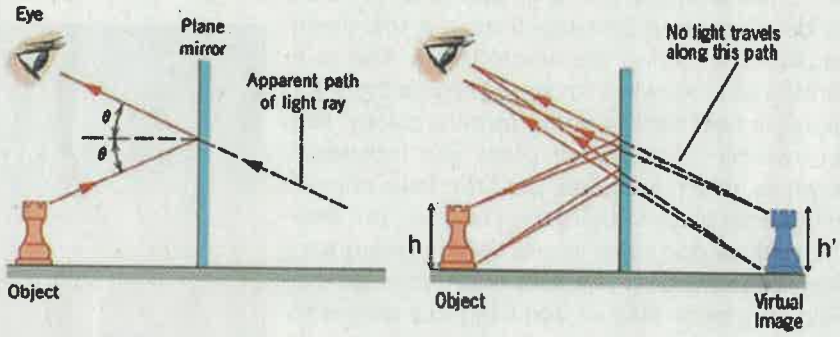
So I'm not saying all of consciousness is emerging from local interactions, I'm saying that perception is emerging from these local interactions where we relate to the world around us. In terms of the ultimate origins of consciousness, I mean that's an enormous metaphysical question and all traditional world views have said that there is consciousness in and beyond nature, that there's consciousness out there, that the whole Universe is pervaded by consciousness, the mind of God if you like, or cosmic consciousness. Consciousness isn't just confined to brains or even to stars and galaxies. The entire Universe may be conscious and that may be within an even greater consciousness that transcends the

Universe. The Universe may be within God and God may be within the Universe—that's a world view called panentheism—or the whole Universe may be conscious and there may be nothing beyond it (that would be pantheism or cosmic panpsychism). So there are all sorts of views about consciousness beyond the brain and most traditional views have taken for granted there are many forms of consciousness beyond the human level, and an overall consciousness including all things.

Boucnik: If we can just go back to the idea of the image being where the object is, a lot of that comes from the work of Henri Bergson, I believe, doesn't it? The idea that we don't see with our eyes or our minds, we see with a system, and that our vision is inherently projective and reflective? I read *Matter and Memory* and I think for most people it would be quite hard to grasp at first this idea of the image going... You receive the information, your brain pushes it straight back out to the object and it touches the object, or you have a memory idea which overlaps the object.

The thing that gave it more appeal, that made it more understandable, was when he said that the first time you perceive an object you must perceive it where the object is, rather than in the mind. And also the thing he points out of course is with memory. There's never, ever been found any sort of physical trace of memory, so this idea of where our mind is, is much looser than we're led to believe, and that gives legitimacy to your work, that there might be mental fields and... I think as you were saying before, there are everyday experiences like people sense auras, they talk about presence and atmospheres in rooms and vibes, things like that, and those are everyday experiences which may be validated by these more alternative scientific ideas perhaps?

Sheldrake: Well in terms of the projection of images we don't even need to get as far as things like auras and so on which only some people see and most of us don't. The idea that images are projected out is even before Bergson. It was a commonplace idea in the ancient world. Euclid, the great geometer, 3rd century BC, said that our eyes project out images. He was the first person to give a clear explanation of how mirrors work, and actually Euclid's theory of projected visual rays is still in every physics text book. When you look at a physics text book about how a mirror works, you'll see they have pictures of rays coming out of the eyes, and there's the surface of the mirror, the ray comes out of the eye, the ray carries straight on. There's a dotted line to produce a virtual image behind the mirror. That's in every physics text book to explain virtual images behind mirrors. And what they say is the eye produces lines that are projected outwards to form the virtual image which appears to be behind the mirror. What's going on there is indeed the kind of projection I'm talking about, and so I think every time you look in a mirror and you see images behind it you're actually directly experiencing this kind of visual projection, you don't experience those images as being inside the head, you experience them as being behind the mirror. And even the official version is that these are virtual images produced by your mind, *in* your mind in a way, but located behind the mirror.



So I would say that just looking in a mirror, which is a very everyday experience—extraordinarily common experience—is already telling us that our minds are projecting images outwards; we don't need to look at anything more esoteric than mirrors.

Boucnik: Very interesting, thank you. We'll just move on to swarm intelligence and collective behaviour. You cite one example of termites who build mud arches; blind termites. One half of the blind termites produces one half of the arch and the other half produces the other and they meet magically in the middle, and the orthodox opinion is that every time it happens it's a coincidence, the pattern just emerges from individual behaviour. There's another example I like which is ants going up a V-shaped path, and they stop halfway along, build an ant bridge, make a shortcut and make an inverted "A" rather than a "V". To me, these are clear examples of what is another heresy: "top-down causation". That the overall pattern seems to be dictating individual behaviour below. It's not the individuals that are creating the organising principle—it's the other way around. You possibly explain this through morphic fields, so I was just wondering, is there an overlap between top-down causation and morphic fields? How important or key is it in legitimising the fact that they're acting with one mind, that there are collective decisions taking place?

Sheldrake: Well, I think all fields involve top-down causation actually, not just morphic fields. I mean, even according to conventional physics the whole Universe is governed by top-down causation from the universal

gravitational field. The universal gravitational field holds the whole Universe together. It includes the whole Universe, and that universal gravitational field, according to Einstein, is not in space and time. It is spacetime. It provides the framework within which everything else happens.

And a magnetic field, if you think of iron filings scattered around a magnet, lining up in lines of force around a magnetic field, it's a top-down causation that causes those lines of force to appear and the iron filings to take up their positions. They don't take up their position because each individual iron filing sort of somehow knows where to go and tells the next one what to do, they do it because there's a top-down causation affecting the whole thing. And in a termite mound, what I'm suggesting is there's a morphic field for the entire termite colony, like an invisible blueprint or plan. The individual termites, which are blind, put little balls of mud in the right place to build this structure, but they themselves don't see where they're going and they know where. The entire structure of the field, any more than an iron filing in a magnetic field within one particular line of force doesn't have the plan of the entire magnetic field within it, that's within the field as a whole.

And so the example you gave was an experiment by Eugène Marais in South Africa, where he damaged a termite mound. He put a metal plate in the middle of the termite mound and on both sides the termites repaired the damage by making bridges and arches. And even though they were all blind, they lined up so they were perfectly aligned, suggesting there was an invisible plan underlying the termite colony. And I think that these group fields are also something we can actually see in action.

Most people have seen murmurations of starlings, for example, where these birds fly together in flocks, sometimes with tens of thousands of birds in a flock and they can all change direction in such a way they don't bump into each other. The individual birds not only know where their neighbours are, but where they are going to go next, otherwise they'd be constantly colliding, and I think they are responding to a field of the group as a whole. You could call it a hive mind or a group mind, which is a top-down causal influence to which they're all responding and to which they all contribute. If you think of a magnetic field, the whole magnet has an overall field which is a unified whole and that emerges from the individual magnetic domains within the magnet, and in turn keeps them aligned in the right way. So, the individual starlings in a sense give rise to the group field which then has a top-down effect on the starlings. So these group phenomena, these group lines, these group fields are indeed examples of morphic resonance, I would claim, and all morphic fields have a kind of inherent memory so they'd remember the behaviour of past starling murmurations. There'd be a kind of memory in the group mind, not just a free-standing group mind that's non-historical, and the group mind of termites would inherit the forms and patterns of previous termite colonies.

Boucnik: Sounds like a feedback effect taking place at some point, but the thing is, I've spoken to an entomologist from Sydney University and also a quantum physicist from Frankfurt [University], quite eminent people, but as far as they're concerned top-down

causation is "not on", it's absolute heresy still. I was just wondering: has there been any sort of shift away from... have you noticed a more hidebound materialist point of view to something a little bit more holistic?

Just to give an example to finish, the program which got me interested in this first of all was called "global swarming" by [Sir] David Attenborough, and he showed all the murmuration, bait balling, what have you, and at the end of the program he said all the unity is illusory, it's all just individuals and it's just a complete illusion, and I thought that was rather premature! Then a few years later, there's a program... This is probably about 10 years ago: *Swarm: Nature's Incredible Invasions*, the BBC does sometimes on BBC Four, and this was seven or eight years later, and they showed an ant colony. I can't remember the actual example, but they showed all the differentiation of labour and collective decisions clearly being made and altered, and the narrator said... explained how this is happening, how the ant colony is doing this... and there was almost like a drum-roll effect and he said: "The links between all the ants creates a mind", and I thought, "Well there's a Eureka moment that's missed the headlines!" So in about seven or eight years' difference there seems to be some sort of change. I asked another interviewee, Jay Lakhani, who's the first

teacher of Hinduism at Eton College... he's got a masters in quantum mechanics, taught by Roger Penrose, and he said there has been a shift, you know, in the last few years. Have you noticed that at all yourself, and just to finish with an example perhaps?

Sheldrake: Well, you see, I think the idea that it's all just little bits interacting, that's part of the reductionist worldview which says that ultimately, the ultimate basis of reality is atoms. It used to be called atomism, that worldview, but then the bottom dropped out of the atom, so they said it's fundamental particles. Then when you try and pin those down every time you look in the large hadron collider at these particles, you find more.

So there's now a whole zoo of fundamental particles that can change into each other and that's supposed to be the solid foundation on which all of physics rests. Well, you just simply can't explain everything by interactions from the bottom up because the number of possible combinations becomes so huge that you can't predict anything. Top-down causation has to exist. It obviously exists. It exists in our own minds, when you decide to lift an arm. Something as simple as lifting an arm... there's lots of nerve impulses and muscle cells, they all behave in a smoothly coordinated way. It's not just from emerging genes inside each individual muscle cell, there's an overall coordination which is obvious.

So, I think it becomes clear that the whole Earth, the whole planet is not just a matter of sort-of separated systems; the whole atmosphere is a unity. Climate change has made everyone realise that everything on Earth is interconnected, that if you burn more fossil fuels you get more carbon dioxide, it affects the climate, we get global warming and that effects storms, hurricanes. All these things are... and ecology of course, all these things are interconnected. So there's a kind of top-down causation involved in all these systems.

Well, you just simply can't explain everything by interactions from the bottom up because the number of possible combinations becomes so huge that you can't predict anything.

In relation to insect colonies, one of the great figures in this field was Edward O. Wilson at Harvard. He originally started as a young man believing that the whole colony was a super-organism, greater than the parts, then he went to the reductionist phase in his work on sociobiology. He thought it was all just genes in individual organisms competing with other genes, and then later he went back to the super-organism view of ant colonies and social insects. He published a whole book called *The Superorganism*, arguing in favour of this top-down view of these colonies, so that was a shift within entomology, with perhaps the world's leading entomologist actually going through the reductionist point of view and coming back to this top-down, holistic view.

Boucnik: I think his phrase was "Where is the blueprint?"

Sheldrake: Yes, exactly. When each individual knows what to do as if they're following a blueprint, but where is the blueprint? Yes. So, I think that this top-down causation has to be recognised. As I say, it already is, in physics with fields. With each field is a top-down cause and if you have a magnet and you cut a magnet in two you don't get two half magnetic fields, one with a north pole and the other with a south pole, you just take them apart and you've got north and south separate entities? No! Each half magnet has a complete magnetic field, it's got a north and a south pole, you cut it in half again and you'll get magnets with north and south poles. So, there has to be a top-down principle and in living organisms this comes out in their electric and magnetic fields; I think in the morphic fields certainly top-down. Their existence may be controversial, but the existence of electric fields is not controversial.

One of my favourite biologists at the moment is Michael Levin at Tufts University in United States, near Boston, and his work on biofields in developing organisms clearly shows that the developing organism has an electric field all around it. In his work on tadpoles, developing tadpole embryos, he shows that there's a change in the electric field where the eye is going to develop before the eye develops. Before the genes that cause eye proteins to be made are activated, there's a kind of eye-shaped hole... not a hole but eye-shaped pattern, within the bioelectric field, where the eye is going to form, and if you cause that electric pattern to form somewhere else, an eye will form in that place.

So, this is clear evidence that there's a kind of top-down causation from a field, in this case an electric field, and I think morphic fields work through electric fields, so it's not "either-or" electric or morphic. I think it's "both-and", but you can actually measure these electric fields, which he has done. And I would say that in his approach to developmental biology, which is field-based, he's very aware of morphogenetic fields—form-shaping fields—and he is, I would say, one of the most interesting, inventive and fertile minds in experimental biology at the moment, and it's all field-based with this top-down view. He's increasingly influential. He's even started producing little biological robots. He's even formed a company. These things could be of great importance in regenerative medicine and in other ways. So it's not just some fringe or marginal activity; this is becoming increasingly mainstream in biology. And in a way it's not

very surprising it should be so, it's obvious there's top-down causation. All of us are embodying it every moment of our lives when we decide to say something.

We're not saying what we say because tiny little molecules in synapses between nerve cells that activate the vocal chords are somehow randomly interacting and producing our words, they're doing it because there's an overall top-down causation from our minds that affects what words we say, and the intention to make those words affects the vocal chords, the breathing muscles and all the things that we actually need to produce the words.

So, we will experience top-down causation every moment of our lives, and it's very surprising in a way that this denialist movement in science—to pretend everything is just done from bottom up—has gone on for so long since it's so totally counter-intuitive. My own view is that the holistic approach to nature, which I and others advocate, will soon become more widespread within science and that it will have a liberating effect on science from the dogmatic reductionism that's dominated for so long. And it will also make science more in accordance with our own everyday experience instead of feeling ourselves alienated from a very alien view of nature—mechanical, purposeless, unconscious—to something that's much closer to what we actually experience. And I think in this case our own actual direct experience is much more true and much more immediately relevant to the way the world works than some of these artificial abstractions. Even though mechanistic science can be useful and is helpful in many ways, it's limited, and I think holistic science would include all the benefits of mechanistic science but put them in a larger framework, and that's certainly what we need at the moment.

Boucnik: Just to finish then, because another example of top-down causation you've shown is how plants and certain animals regenerate—regenerate their limbs, that kind of thing. So that would be another example, but we're out of time so I'll just thank you for that, and just to sum up what you said at the end, hopefully today's fringe will be tomorrow's mainstream, let's hope we go in that direction.

Sheldrake: Very good. OK, very good to talk to you, Robert.

About the Interviewer:

Robert Boucnik is a full-time maths teacher and part-time poet and documentary maker. Excerpts from this interview will contribute to an audio documentary series on collective intelligence made by the interviewer entitled, "The Hive Mind: Catchphrase or Reality?" For further information contact: hivemindrb@gmail.com.

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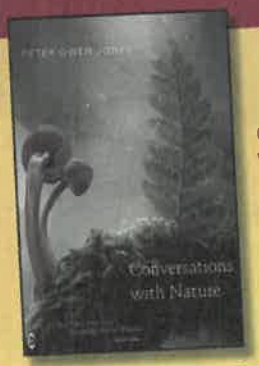

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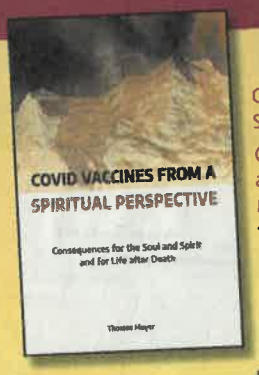

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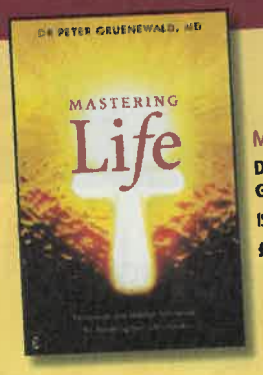

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THE NEXT BIGLY THING: POWER FROM THE AIR

by Robert A. Nelson
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Benjamin Franklin's legendary kite flight during a thunderstorm in 1752 marks the beginning of our Promethean attempts to draw power from atmospheric electrostatic (ES) energy.

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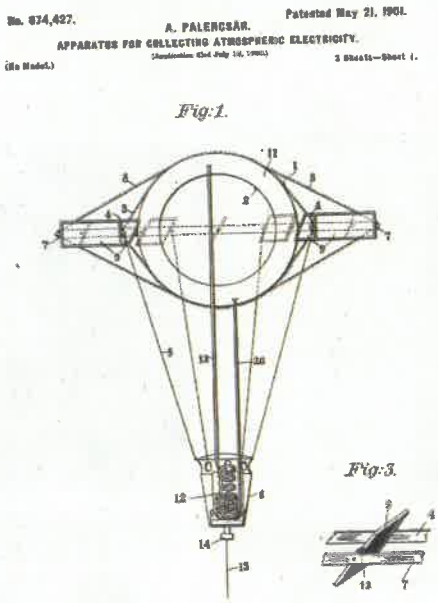
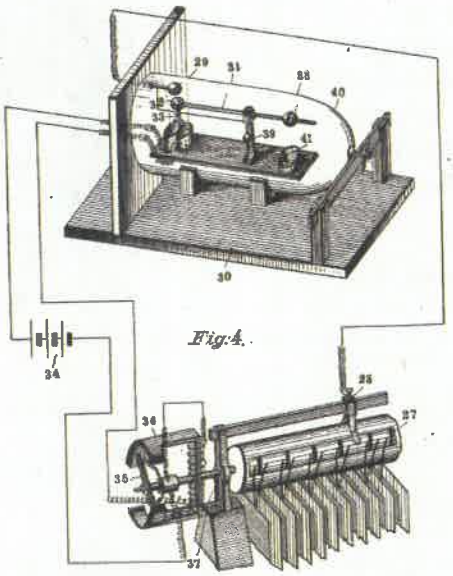
Earth is an electrostatic generator—the atmosphere is positively charged relative to the negatively polarised Earth. The system generates approximately 3 x 10^{-16} Amperes/sq. cm (1500 Amperes for the entire Earth).

Andor Palenscar

Andor Palenscar's "Apparatus for Collecting Atmospheric Electricity" included a novel motor to utilise the ES energy, described in US patent US674427, granted in 1901.





Walter Pennock

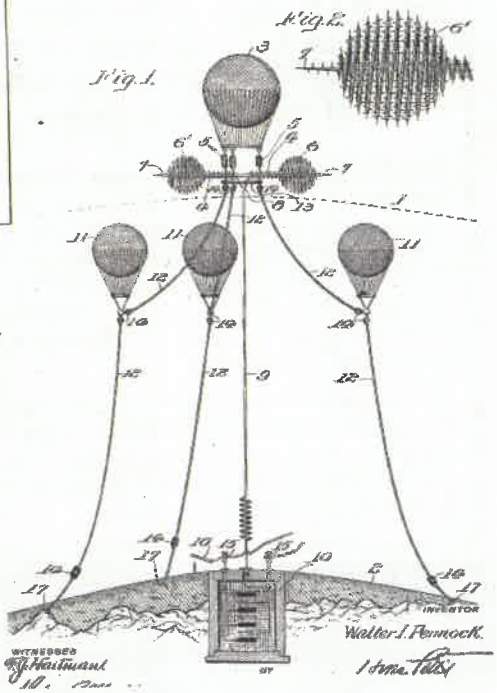
Walter Pennock developed an aerial energy collector, for which he was granted US patent US911260 in 1909 and US1014719 in 1912.

Jules Guillot

The Atmospheric Electric Siphon invented by Jules Guillot in the 1920s generated about 2.5–3 kilowatts with antenna height of ~20 metres. The power depends on the total collector surface and height of the vertical antenna. A tabletop apparatus with only a two-metre tall collector produced ~300 watts.

The great promise of Guillot's device was reported in *The Invention Encyclopedia* (1930, edited by the eminent engineer George Constantinescu):

> "The capture of atmosphere electricity has been used in France, with aerial cables mounted on the Mont Blanc, and also in Germany—with conductive cables carried by the captive balloons.



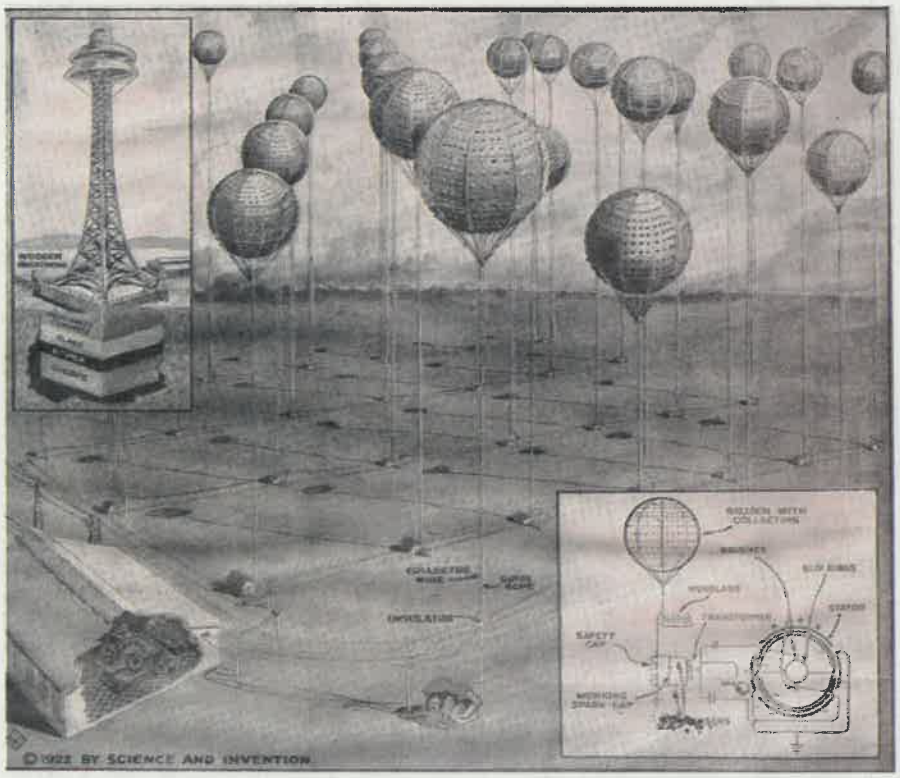
"The atmosphere electricity collect system invented by eng. Jules Guillot is most ingenious and it relies on 'the electric siphon'. His method consisted in the direct 'pumping' of the atmosphere electricity using a collecting device which had two antennae and several collecting rods.

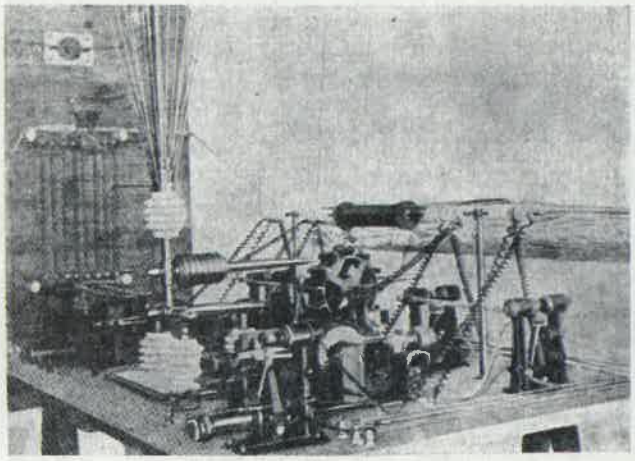
"One antenna is vertical and it has a lot of rods scattered like an opened fan, with the tips against the zenith, for collecting the negative electricity which comes from the air; the horizontal antenna is orientated against the South and its role is to collect the positive electricity.

"Guillot used two separated and insulated armatures with the positive armature against the South (more precisely, against the Equator...) and the negative armature against the zenith... Also, J. Guillot used an electrical transformer for the industrial utilization of this collector as power supply for industrial electric engines."

The electric siphons produce a magnetic field and absorb the aerial electricity. A Ruhmkorff induction coil is used to jump-start the system.

Guillot received three French Patents for his "Apparatus for Capture of Atmospheric Electric Currents with Immediate Implementation" (FR551882, FR565395, and FR551882).





Hermann Plauson

The Estonian Hermann Plauson was director of the Fischer–Tropsch Laboratories in Hamburg, Germany during the 1910s and 20s. He thoroughly investigated atmospheric electricity and constructed practical apparatus to utilise it. His book *Gewinnung und Verwertung der Atmosphärischen Elektrizität* (1920) provides a detailed explanation of the technology.

Hugo Gernsback presented the invention in *Science and Invention* magazine (March 1922; June 1928). He noted that the system was "actually in use [in] small power plants, that generate electricity direct from the air, day and night, without interruption at practically no cost, once the plant is constructed."

"Herr Plauson found in his experiments that a single balloon sent aloft to a height of 300 yards gave a constant current at 400 volts of 1.8 amperes, or in 24 hours over 17-and-a-quarter kilowatts! By using two balloons in connection with a special condenser battery, the power obtained was 81-and-a-half kilowatts in 24 hours. The actual current delivered was 6.8 amperes at 500 volts.

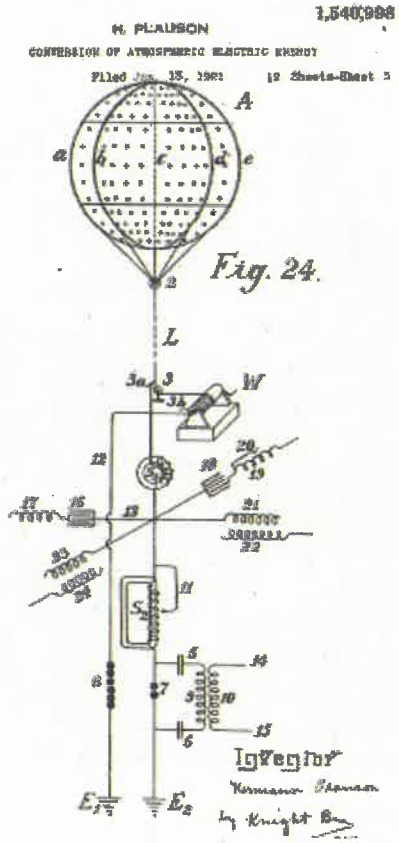
"The best balloons... are made of thin aluminum leaf, filled with helium...The surface is dotted with electrolytically sharpened pins amalgamated with zinc, and a pinch of radium salt to further ionize the air. By dotting the balloon with photoelectric zinc or polonium amalgam, the amount of electricity can be greatly increased."

One hundred balloons, 100 yards apart, will generate at least 200 horsepower, up to 400 during winter. Plauson used batteries of condensers and high voltage transformers to light lamps, run motors and charge batteries, etc. He also invented an electrostatic

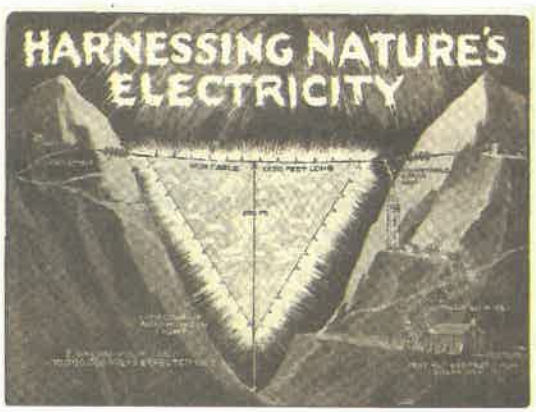
rotary transformer to produce alternating current. The system literally sucks electricity from the collector balloons. The balloons also act as lightning arresters and quickly discharge thunder clouds.

"There is no doubt that this invention will soon come into universal use all over the world. We will see the land dotted with captive balloons, particularly in the country and wherever water power does not abound. Indeed, the time is not distant when nearly all of our power will be derived from the atmosphere. So far it seems to be the cheapest form of power known... safely extracting several kilowatts of electrical power from the atmosphere with metallic surfaced balloons, elevated to a height of only 1,000 feet.

"German patents show the use of a kite balloon from which hangs a metal net to collect electricity. The tether-conductor leads to a windlass. The patents claim that at a height of one mile 225,000 volts will be available. Plauson proposed the construction of insulated towers about 1,000 feet high to support the aerials... [H]e carried out experiments with a balloon made of aluminum leaf with collecting needles of amalgamated zinc with a radium preparation as an ionizer. The surface of the balloon was sprinkled over with zinc



amalgam. It was sent up to a height of 300 meters, nearly 1,000 feet, and was held by a copper-plated steel wire. A constant current of 1.8 amperes at an average of 400 volts potential difference was obtained. This gave nearly three-quarters of a kilowatt, or close to one horsepower. The collector of the balloon insulated from the earth showed a tension of 42,000 volts. By sending up a second balloon with an antenna to the same height at a distance of 100 meters from the first balloon, a current of over 3 amperes was obtained. Then by putting into the circuit a large condenser, whose capacity was equal to the surface capacity of both balloons, and of the antenna connections, the current rose to 6.8 amperes with about 500 volts mean tension. By the use of these two balloons, he eventually ran up the power to 3.4 kilowatts."



Plauson also constructed a powerful industrial scale prototype of his collector in the Alps between two peaks.

He received several patents: US1540998 (Conversion of Atmospheric Electricity), BP157262 (Improvements in Electric Motors), BP157263 (Process & Apparatus for Converting Static Atmospheric Electrical Energy into Dynamic Electrical Energy), etc.

There has been little progress in this field of research since then.

Since 1997, Meridian International Research has been conducting experiments to convert atmospheric ES energy to usable power, further developing the ideas of Plauson, Oleg Jefimenko, and others. Their website (which has not been updated since 2005) states:

"From a low level (5m high) simple zinc antenna we are able to obtain sufficient charge to light a number of white power LEDs. Further experimental investigations with metallic aerostat collectors and cavity resonant slow wave antennae concepts are ongoing..."

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Somewhere between the two extremes there's a lot of money to be made...

About the Author:

Robert A. Nelson is a tenth grade dropout with no credentials. He established Rex Research in 1982 to archive information about suppressed, dormant and emerging technologies, sciences, inventions, therapies, and stuff. He persists... via www.RexResearch.com.

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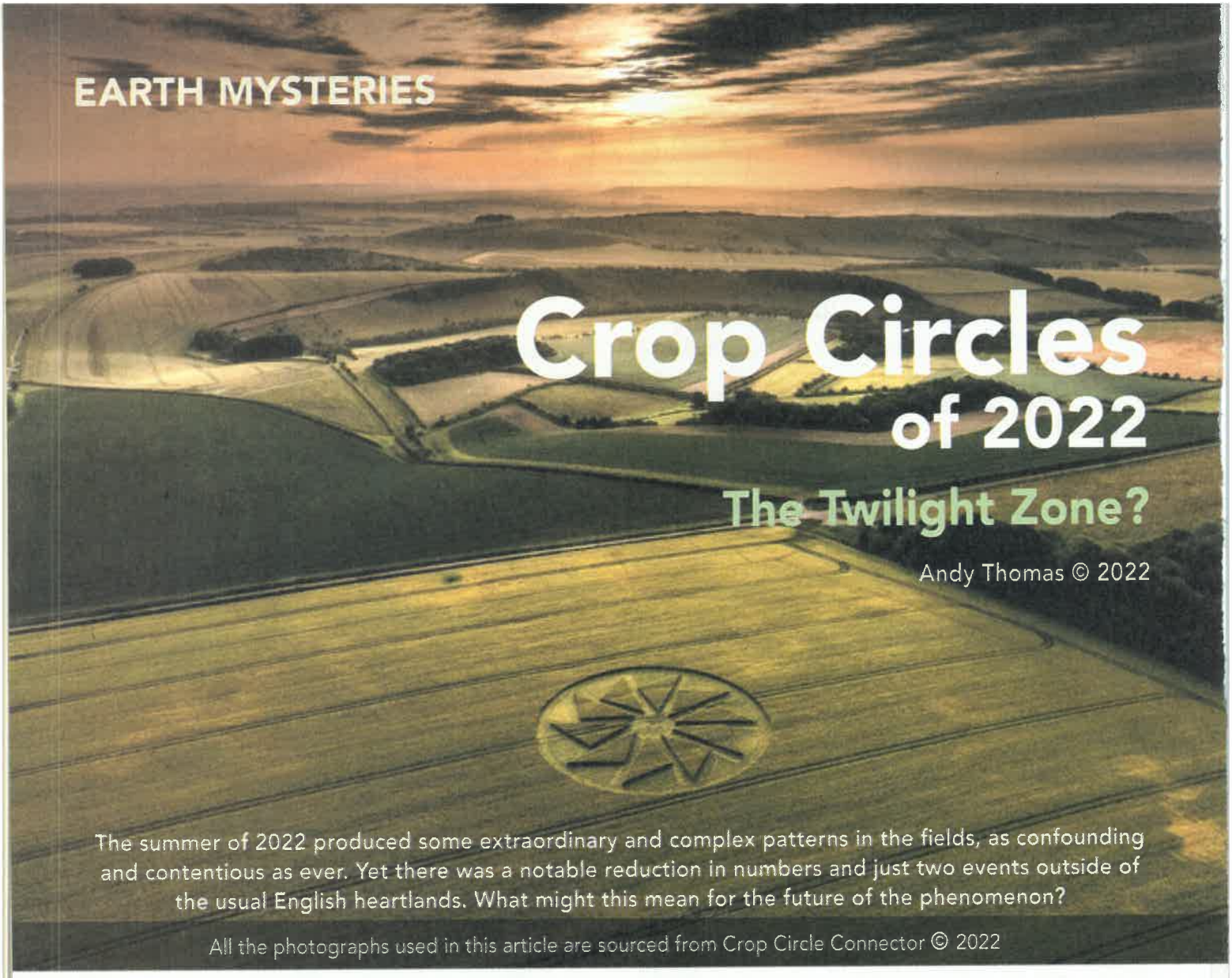


Crop Circles of 2022

The Twilight Zone?

Andy Thomas © 2022

The summer of 2022 produced some extraordinary and complex patterns in the fields, as confounding and contentious as ever. Yet there was a notable reduction in numbers and just two events outside of the usual English heartlands. What might this mean for the future of the phenomenon?

All the photographs used in this article are sourced from Crop Circle Connector © 2022

Let us address the elephant in the fields from the start: activity-wise, 2022 was the quietest year for crop circles since 1984. With just twenty recorded formations at the time this article was completed in mid-September—eleven less than 2021—for the first time in years circle aficionados had cause for concern that their favourite mystery might finally be waning, or at least temporarily faltering. The phenomenon's global outreach also ground to a near halt, with just France producing a solitary pattern to augment the inventive creations across the other side of the English Channel.

Numbers have briefly dipped before, it should be noted, and the media has falsely reported the demise of crop circles more than once over the years, only for the enigma to revive and surprise its detractors. Sometimes quoted claims of "thousands" of crop circles appearing each year in the 1990s and early 2000s are frequently held up as a dark mirror to more recent times, but these are bogus. No year has ever exceeded 300 recorded events, unless individual circles within a single formation are disingenuously counted as separate occurrences. Appearances have fluctuated since, but nonetheless the graphs do now show an undeniable downward trend.

There may be a meteorological or geophysical factor to this turn; it has been noted before that the large majority of southern England's formations occur on the chalk aquifers (areas of underground water—this does not necessarily correlate with where most crops are grown, as some regions have many fields but none or very few crop patterns). This may indicate that the movement of underground water and the electrical forces this can generate plays a role in the "earth energies" claimed by the likes of dowsers to be connected with the creation of circles. In what was the country's hottest and driest year for nearly a century, if figures are to be believed, might the drought have suppressed circular activity? Perhaps the dearth also reflects something of the current global malaise, with upheaval on many fronts, economic, political and beyond, a process accentuated by the passing of Queen Elizabeth II just as this article

was being completed. As in life, as in the fields, perhaps; the ultimate direction of travel is not clear. It may be that numbers go up and down over centuries, of course, not just decades, and the circles may yet return in new strength, if only for future generations.

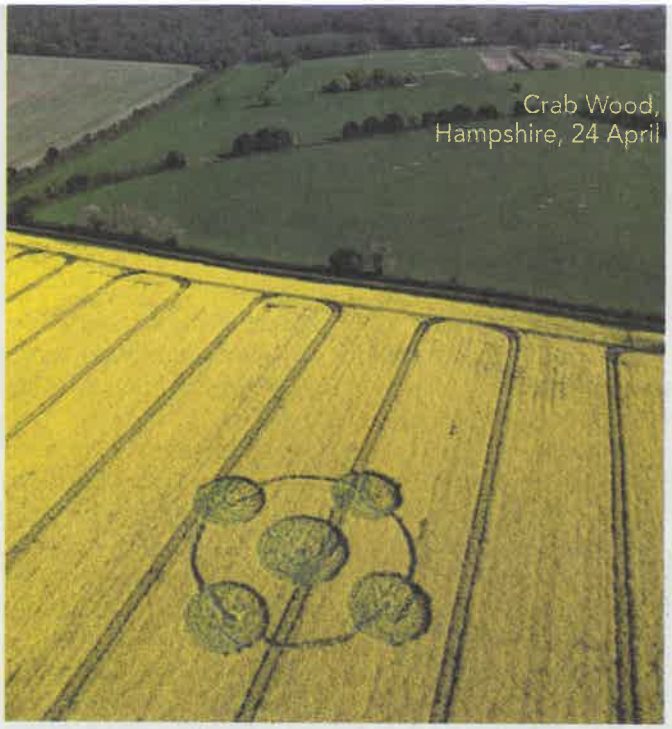
The fact is, however, that unless something occurs in 2023 to dramatically reverse the trend, it would seem that for now we may be entering twilight years for the crop formations, still there but at a background level, available for the chosen few who care to seek them out. Farmers and sneering sceptics will doubtless celebrate this development but seekers who find that the annual stimulation of these inspiring glyphs raises them above mainstream gloom and agendas of fear will feel a profound sense of loss if the decline continues.

As for the meaning of most other countries of the world being now largely bereft of cerealogical gifts, some contemplation may be required. Have they been deserted as some kind of judgment or, again, simply through a natural shift? Despite Ukraine being one of the key producers of grain, no hopeful symbols materialised there to offset the horrors of war, for instance, but that is not where the circular hotspot lies. Is the continued focus on the English heartlands of King Arthur's apocryphal realm, with all its myths and mystical tropes, an indication of some kind of spiritual favouritism or actually a sign that the good king's own people are a bit slow and still haven't got the message? Hence, maybe, the need for the originators of the circles to keep going with at least some formations here, when other nations have moved onwards and upwards. Or, as sceptic voices would have it, is it merely that the so-far surprisingly resilient fad of human field art has finally faded, with just a few dogged perpetrators persisting for reasons of their own? Many readers of NEXUS are less likely to go for the last option; certainly the intriguing and multiple grey areas of the circle mystery have never been satisfactorily resolved, leaving all theory options on the table, from extra-terrestrial to psychic, electromagnetic and meteorological—to the eternal chagrin of the doubters.

However, rather than focus on diminishing numbers which could yet reverse once more, what of the gains made through the remarkable crop patterns that did appear this season?

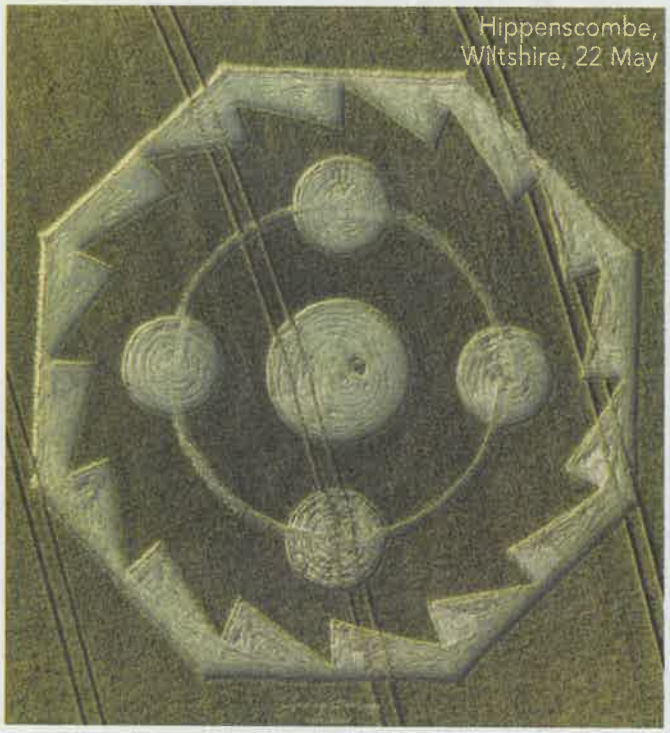
April and May

The season began inauspiciously with a somewhat imprecise five-fold flower in yellow rapeseed (canola) at Sixpenny Handley, Dorset on 19 April. Constructed with thin lines around a small central circle, one petal sported an extra semi-circular ring. This did, however, restore April as the opening circle month after several years of May beginnings. More accuracy was employed in the following formation, again in rapeseed, when an archetypal Celtic cross (four circles on a ring around a central disk) arrived at Crab Wood, near Winchester,


Crab Wood, Hampshire, 24 April

Hampshire on 24 April. The area once hosted a famous image of a Grey alien with a disk of binary code in 2002, rendered in a highly sophisticated way (see below), but this entry hinted at the late 1980s with its rather simpler configuration, when such shapes were the heights of complexity, perhaps again emphasising a slow curve back to earlier times.

Following a trend which has become established in more recent years, this short opening flurry was followed by a pause; it would be nearly a month before the next event occurred at Hippenscombe, Wiltshire on 22 May. Picking up on the theme of its predecessor, this time a Celtic cross was surrounded by a border of sixteen


Hippenscombe, Wiltshire, 22 May

"sawtooth" blades set within an octagon. Placed neatly between three preserved tree clumps in the field, it was neat and striking and felt more like the full opening to the season. The central circle was distinguished by a small standing area, offset from the mathematical centre by a few feet, comprised of ingenious corn dolly-like bunches of stems, woven into plaits or tied with tendrils of crop. The sheer physicality of this effect, documented a few times before now, strongly suggests something more than naturally spiralling vortices at work and is loved by some but eyed with caution by others.

Usually, these reports would save overseas occurrences for a separate section, but the near disappearance of the global phenomenon necessitates that France's single 2022 entry, on 30 May at Saint-Denis-en-Bugey in the Ain department (region) and Russia's one August event be listed in sequence. Just a few summers back, France nearly rivalled England for the crop circle crown, numbers-wise; now the normal order of very occasional Gallic glyphs, for whatever reason, has been re-established. With no aerial shots available, analysis of the harvested field and a few oblique ground photographs suggest a clever arrangement of a single ring encompassing an S-shape of small circles, thin arcs and curves, with a central circle and a large standing centre.

The Love Codes

The highly intriguing and potentially significant formation which was found on 4 June below the carved white horse at Hackpen Hill in Wiltshire marked a development which probably deserved more discussion than it received. Resembling a flattened Cassiopeia-like "W" (or "M" depending on which way it was looked at), this line of small, connected rings (eighteen) and interspersed beautifully-laid circles (fourteen), with one short connecting path, was quickly established to be a computer language binary code employing the standard ASCII system—spelling out the word "L–ove" once translated. That love seemed to be the order of the day rather than something more threatening was heartening.

The use of a known digital code clearly aimed at human beings means that this stands out as one of the very few of the thousands of recorded crop patterns to have had a directly decipherable message without ambiguity. Natural causes can be ruled out as the sole causal agent in these cases. Curiously, the only previous formation on record to unquestionably use ASCII code was the aforementioned and remarkable 2002 Crab Wood alien, with its accompanying disk of dots and dashes. The decoded message from that design (complete with its emphasised capitals) bears repeating here:

> "Beware the bearers of FALSE gifts & their BROKEN PROMISES. Much PAIN but still time. Believe. There is GOOD out there. We oppose DECEPTION. Conduit CLOSING."

Hackpen Hill, Wiltshire, 4 June

Pilgrims Trail, Winchester, 12 July

As years go by and deception and broken promises from the powers that be appear to surround us, the above message takes on ever more resonance. Yet, strangely, after two decades of anticipation for an ASCII sequel, the potential import of the long-awaited 2022 follow-up seemed to be shrugged off by many observers, hoping perhaps for something similarly verbose to the original powerful communication. This time, the message, embodying just one word, was straight and simple but, in truth, no less powerful: Love. Whether anyone will heed it remains to be seen.

Less of a wait was required for the next ASCII message, as on 12 July, back at Winchester, another binary diagram appeared, this time in the form of a curved "bracelet" of six circles and ten rings, again interspersed and with a short connecting path, all contained within a thin ring. One side deciphered as the letter "o" and the other side "m"—"om", in other words: the sacred chant of peace and tranquillity. This overtly spiritual addition to the

"Love" expressed at Hackpen Hill felt appropriate, and again encouraging. The small central circle displayed a limited area of notched lay, with overlapping rectangles of flat crop in a wider swirl, while some of the circles of the bracelet had beautiful, splayed centres.

A number of speculators felt the stark statement of the alien-and-disk of 2002 was a watershed moment for the circle phenomenon, a kind of signing off marking the beginning of a very gradual decline; the "conduit closing". Not everyone agrees with this, and it should be noted that newcomers continue to be inspired by the genius of what is occurring in the fields right now but the slow numerical reduction since then is unmistakable. It will be interesting to see whether this season's shorter and softer ASCII coded messages are eventually re-evaluated and looked back on as another chapter stop—or a new beginning.

Pilgrims Trail, Winchester, 12 July

Hackpen Hill, Wiltshire, 19 June

Other June Patterns

Outside of the above notable events, it was circular business as usual: 3 June saw a disappointing start to the month with the almost-immediate destruction of a formation at Milk Hill, Stanton St Bernard, Wiltshire. Its insides were harvested out within hours by a farmer apparently keen to dissuade visitors, leaving the vague remnants of what appears to have been a floral design of petal-like thin rings around a central circle. Ironically, to the eye, the resulting large area of bright cut crop stood out more than the original configuration would likely have done.

Kingweston, Somerset on 5 June saw the discovery of a double-ringed motif surrounded by six small circles on stalks and two rounded-off "bars". Conflicting reports suggest it may have first been discovered by locals on 3 June and was then unusually missed by researchers for over a week, not being officially reported until 13 June. At a squint, some thought the design slightly resembled a virus, a still-apt interpretation given the continuing controversy over COVID-19.

The sawteeth of May's Hippenscombe event were recalled in the design which appeared back at Hackpen Hill, Wiltshire, on 19 June, just one field away from the "Love" code. Seemingly with a harder feel, ten standing triangles arranged within a flattened circle surrounded a central circular area. Clear paths and spokes, seemingly part of the effect, were inherently visible within the lay of the crop, creating attractive textures and contours when seen from above.

July Peaks

For all the curiosities that generally build the earlier part of a season, the fields can suddenly produce a pattern which makes everyone exclaim "now that's more like it". This year such a moment was provided, if a little later than usual, at Micheldever Station (actual name of the village) in Hampshire on 3 July, perched just to one side of the busy A303 road (if invisibly to drivers), gateway to the West Country for many travellers. Crop formations that play tricks with the eyes are always popular and this ringed grid of alternately flattened and standing curved diamond-like areas did just that with an "interference" technique that, after a few moments' observation, cleverly resolved into two radiating semi-circular rings touching in the middle.

Micheldever Station, Hampshire, 3 July

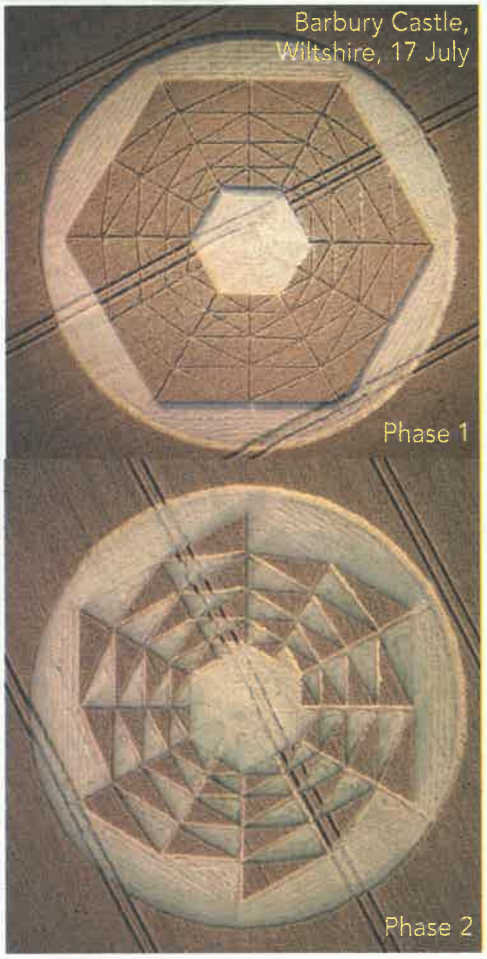
Froxfield, Wiltshire, 9 July

Devizes, Wiltshire, 14 July

West Stowell, Wiltshire, 28 July

The hexagonal mandala of standing paths and triangles which appeared at Froxfield, Wiltshire, on 9 July was also striking, if a little more awkward in its layout, with an odd semi-formed path cutting across one of the triangles, although its lay was neat and flowing.

On 14 July, a line of three circles held within sinuous double-curved paths appeared at Devizes, Wiltshire, and made for one of the most lovely emblems of the year. Very finely formed, its beauty was enhanced further by the S-shaped flows and splayed or standing centres of the circles, making for a very "sculpted" look when seen from above. Something of a visual sequel to this appeared at West Stowell, Wiltshire, on 28 July, exhibiting three sets of differently proportioned and very well-crafted multiple rings, this time overlapping each other, with a central spine across the middle. Its precision was breathtaking. A simple single circle lay next to it, punctuating the entire design.


Barbury Castle, Wiltshire, 17 July

Phase 1

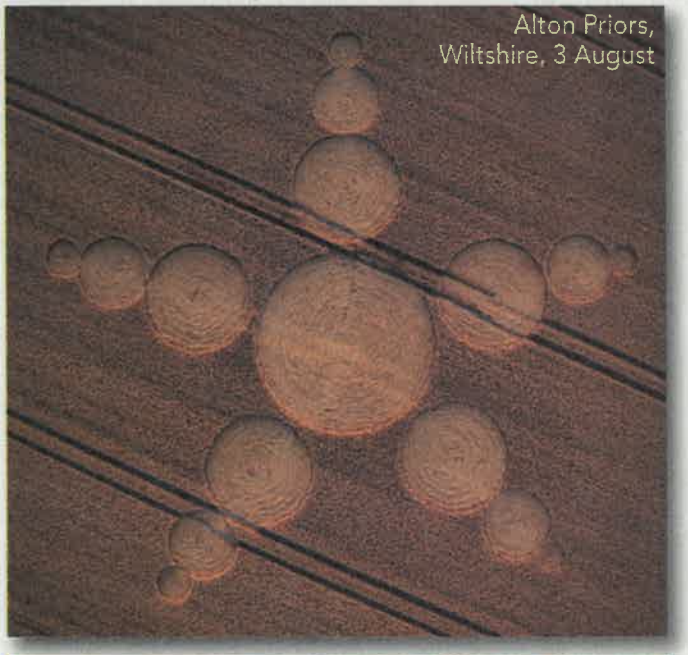
Phase 2

Crop formations that grow or alter have long been the object of both fascination and controversy and 2022's example of this arrived at the longstanding circle site below the Iron Age hillfort of Barbury Castle in Wiltshire. Beginning on 17 July as a standing hexagon (within a large circle) traced with a spider's web lattice of thin lines, this would transform the very next day as each alternate block of the web was then found newly laid, creating eye-catching radiating pointed triangles. Lines and rings in the central compressed area of the formation were visible in the lay, suggesting that the flattening occurred on top of the original laid grid. Containing elements of the Archimedean "pi" principles, it is notable that this appeared in the very same field which hosted a clear and unique demonstration of pi in 2008. The ratcheted spiral of that formation in itself echoed a feature of the famous triangular pictogram of 1991 which also appeared at Barbury Castle precisely 31 years to

Etchilhampton, Wiltshire, 24 July

the day of this year's entry, suggesting that some kind of long-term mathematical story is unfolding here.

The busiest-looking crop glyph of this season was discovered at Etchilhampton, Wiltshire, on 24 July, marking something of a crescendo to this unusually lean season. Almost impossible to describe in words, this extraordinarily complex and essentially eight-fold mandala of arches, circles, triangles, "spikes" and lines was distinguished by a long thin chevron above a triangle that recalled the classic Masonic architectural "dividers". This inevitably gave rise to discussions of darker meanings for those who believe Freemasonry wields too much influence over Western society, although given the sharp fall in its membership in recent years this may not be the whole story today. The deep discussions and highly speculative yet sometimes stirring articles published about this pattern and all those mentioned here on the likes of www.cropcircleconnector.com demonstrate that, if nothing else, the circle mystery continues to broaden horizons and weave its spell of inspiration even if the conclusions drawn may be completely wrong.


Alton Priors, Wiltshire, 3 August

Etchilhampton, Wiltshire, 8 August

Last of the Harvest

With July temperatures of 40 degrees Celsius recorded in at least one part of the UK, the fields were looking dry and tired by August and farmers were keen to get the harvest in before the remainder fried. As such, there wasn't much of a late-summer canvas left for the circlemakers to work with, which may be another factor to consider when pondering the low count.

Two final English punctuations snuck in just in time. On 3 August at Alton Priors, Wiltshire, each arm of a neatly laid five-pointed star was comprised of three diminishing circles radiating from a central circle. Humourists noted its faint resemblance to the "Michelin Man", mascot of the famous tyre company, but those with more poetic eyes placed it in the "snowflake" category. The last statement of the season materialised back at Etchilhampton on 8 August. Another five-fold design, this was more flower than snowflake, featuring five outer circles connected by elegant curving paths around a central circle, close in detail to a pattern which appeared at the mysterious mound of Silbury Hill a whole decade before. Laid in distinct spirals of stems, like coiled ropes,

the circles were gorgeous to behold from above, the central hub being distinguished with a radially laid halo. As the last UK event of the year it was a worthy enough finale.

And then, just as all seemed done, sometime around 23 August the outside world had one final rare say with the discovery of a complex spiral of paths, dots and dashes at Lake Baikal, in the Irkutsk oblast region of Russia. As the third directly decodable formation of the year, it appeared to be Russian Morse code, roughly translating into English as "no more war". Celestial or human in origin the message was clear. With some observers concerned about the growing development of what amounts to a proxy East–West war being conducted in Ukraine, this and the "Love" message said it all.

Lake Baikal, Irkutsk, Russia, 23 August

Reflections

In the closing days of August, with only parched fields of stubble remaining, by chance I found myself driving through the old circle haunt of Cheesefoot Head in Hampshire, a beautiful area of wide vistas across dreamy landscapes. I pulled in briefly to indulge in a little nostalgia. In the late 1980s and 1990s, and occasionally since, this area was the centre of fevered activity both from the circles themselves and the then industrious research community, full of wide-eyed optimism, excitement, foibles and gloriously unrealistic ideals that humanity's salvation might be at hand courtesy of some unknown force.

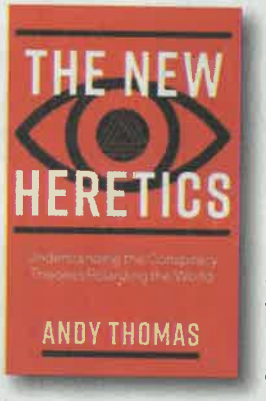
By chance, just a few days after this visit, an old cerealogical colleague handed me some surprisingly detailed and impassioned archived letters and articles we had written long ago to defend the honour and integrity of the circle phenomenon and those who studied it when even the basic facts were being misrepresented by sceptical challengers, whatever the ultimate reality about the mystery's origins. Browsing through them, I was struck by just how dedicated and determined we were—and how that energy still counts today for some of us, but now in a wider context. In my recent book, *The New Heretics*, which explores why people question enforced orthodoxies with their "alternative" views and why they must be allowed to do so if sanity and freedom are to prevail, I deliberately included a chapter on the culture around the study of crop circles and its earlier fervent years. In it, I describe how these mysterious glyphs brought many genuinely open-minded enquirers to new thinking in a multiplicity of different areas. This process was accompanied, naturally, with all the complexities that come with fighting for—and over—truth and opinions, and the profound learning that results from daring to speculate on unknowns while navigating basic human nature along the way. Tellingly, and happily, more than one old circle friend has told me it brought a tear to their eye to read this inside account because the journey that many of us took in the face of adversity, scorn and condemnation still strikes a deep chord of universal experience amongst all who truly seek to reach beyond the grey mundanity of establishment presumptions.

This is not to indulge in talk of lost circular "golden ages"—such myths have always been misplaced because every era of crop circles is a golden age for someone, and each person inevitably holds onto the vivid memories of their own first astonishing impressions of this phenomenon. Nothing can ever match that freshness, and although numbers are dwindling at the moment, we don't need to universally frown on everything that has occurred since "our" times. All the same, looking around on my recent trip to Cheesefoot Head, with its rich circular mythology, I reflected that we are certainly in different times now. Today, the "Punchbowl" field that hosted so many crop patterns and distracted astounded drivers gazing down from the A272 is a festival site, one full of the sad detritus from a recent event when I was there. It was a reminder that everything shifts in the end, as perhaps it should.

When I first entered the cerealogical world more

than three decades ago, something about these ancient landscapes and the intriguing patterns forming in them pulled people back to a sense of the sacred, back to the Earth and to something profound beyond the mundanity of everyday life, if always just tantalisingly beyond tangibility. Standing in a circle or even just the landscapes around them would give me a strange but palpable feeling in the pit of my stomach, something expectant and full of potential. I can still feel that today but in a world where dealing with more immediate issues and fighting for the liberty to express contrary opinions is now the priority for those with eyes to see, it is clear that those earlier chapters are done and have served their purpose. If crop circles are the triggers for new thinking and consciousness-raising that many proclaim them as, then we can't stay in the same idealised stamp-collecting phase forever. We should enjoy the beauty, wonder and sheer presence of the glyphs while we have them, for certain, but ultimately what counts in the long run must be the lessons we learn from the journey of enquiry they spark, those lessons that expand us outwards as we adapt them to other crucial areas of life. This learning will remain for those who remember it, whether the circles continue or not.

We will soon discover whether this year's apparent retreat is a temporary blip or a camber into retirement—and whether the fields of the rest of the world will reignite or remain mute. Still, if the numbers remain low but something doggedly remains and the quality of the best of 2022 is retained, the few masterpieces we do receive will inescapably increase in value and perhaps be cherished all the more.



About the Author

Andy Thomas is one of the world's leading mysteries researchers and the author of *The New Heretics* (Watkins Books, 2021), which has been acclaimed as one of the few books published by a mainstream company to stand up for genuine truth seekers and free expression. Thomas is also author of *Conspiracies* and *The Truth Agenda*, as well as five books on the crop circle phenomenon, including *Vital Signs* and *An Introduction to Crop Circles*. He writes additionally on folklore and history and is author of *Christmas: A Short History from Solstice to Santa*. Thomas widely lectures around Britain and the world and has made numerous TV and radio appearances. He can be contacted via email at info@vitalsignspublishing.co.uk or his websites www.vitalsignspublishing.co.uk and www.truthagenda.org.

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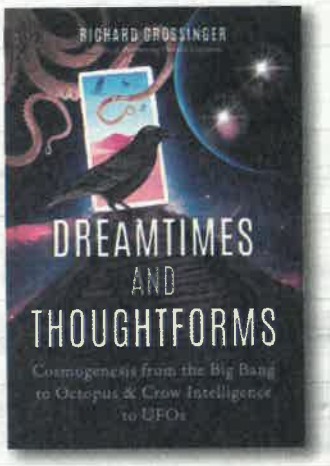

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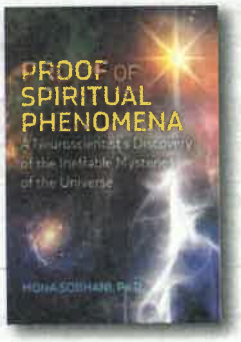

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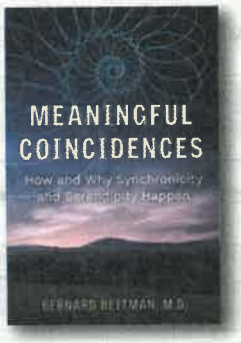

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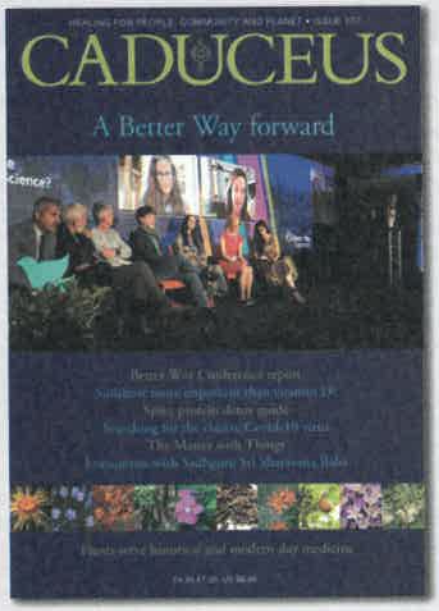

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Spring issue contents (no. 107), back issues and sub form on website

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Editor: Simon Best

COEVOLUTION: INTERROGATION OR EDUCATION?

Alec Newald © 2022

New Zealand, 1989: Alec Newald returned from what was a three-hour drive, only to discover soon afterwards that he had "lost" ten days of Earth time.

NEXUS published Alec's account of his experience in 1997, in the book *CoEvolution*, which describes how Alec, along with his car, was taken aboard a UFO, and how he spent ten days with the humanoid ET occupants, including being transported to their home planet, Haven.

Alec was told that he was once "one of them", but had perished during a research expedition to Earth some millions of years ago. Alec was offered the opportunity to rejoin his ancient family, but chose instead to return to Earth.

Alec was eventually tracked down, jailed, and questioned. The main interrogator possessed some very advanced technology, as well as a point of view that implies he was not as "human" as the rest of us.

This information has not been released before now, and will appear in the long-awaited third edition of *CoEvolution*, which we hope will be out in early 2023.

– Editor

Suspect Visitors

Within a few weeks, I had visitors at my door. I had recently sold the car that had managed to travel (with me in it) through a rock wall and reassemble itself, with the help of my alien friends. It was not without its problems though. Mechanically it was a nightmare; one problem after another required my attention to fix. In the end I decided to sell it and buy something more reliable. I can only guess that its new owner was also not happy with its unreliability.

The visitors at my door were asking about the car's recent history. They seemed to think it had been subjected to high electrical current, something akin to a lightning strike. They also showed me a purported photo of the car's alimentary fuel–air mixture circuit board. They were implying it was a mirror-image of what it should have been. Did I know how it could have such a circuit board fitted?

Initially they had shown me some official ID. They (two men) said they were from the local (Auckland) DSIR (Department of Scientific and Industrial Research)—even though the gentleman that was doing all the talking spoke with a pronounced British accent.

As he flashed me his credentials, there was another card I noticed. It carried something that looked like a royal crest, and the initials RIIA. Later research revealed the RIIA to be the Royal Institute of International Affairs, based in England.

Something deep within me was sounding out warning bells. I had acquired a sort of sixth sense after my return from Haven. I flatly refused to answer any of their questions, mostly thinking the private buying and selling of cars was always at the new owner's risk.

The following two years turned into a living hell, the end result being that through an imprudent and rushed business deal, I left myself vulnerable to being set up, and set up I was. It appeared they would use the law to put new and heavier pressure on me to cooperate with them in a total debrief of my 10 days away.

The time in prison was not so much a punishment, as a way to interrogate me without restriction.

I endured several days of it from undeclared agents from some alphabet agency. When

this did not result in the desired outcome (for them), they sent in what I would call the heavy hitter, and heavy was an accurate physical description.

By my own estimates this person(?) was slightly more than 6'6" (2 metres) tall, and built like a super athlete. He never declared his name, so I nicknamed him "House". He spoke English, but with a heavy South African accent, and talked about South Africa as if it was home territory. He indicated at a later date, Earth was his home territory, and had been for many more years than a normal lifetime.

His size was not the only unusual feature. If I had to describe him in one word, it would be albino. The eyes were a very pale blue, his skin very white. This was just the obvious outside appearance, there was more to this mountain than the physical. The moment he stepped into the room, ducking his head as he did so to clear the 6' 6" door jam, he tried to suck every thought out of my head [more on this in the expanded version]. This was the start of a tactical game that lasted several days.

House came with attachments. When it was obvious my cooperation could not be coerced, there were once again carrots being offered, in the form of technology of a type you might imagine could be commonplace in a thousand years from now.

Teleportation devices mixed with an element of time travel had me looking over events in the past as if I was physically there at the time—right down to being able to pick up the dirt and let it run through my fingers type of reality.

These day-long "interviews" went well into the night, and in a final evening debrief, there appeared to be a third person in the room. But they were cloaked in some way as to only reveal a shadow effect.

Maybe they thought I could not see that, but where I had been for 10 days had given me better eyes of perception than normal.

When I drew my focused attention on to that shadow, I got the impression of a stick insect, or a long, thin being not necessarily human. I got the impression even House was under scrutiny of some kind. How deep did the rabbit hole go?

As I was escorted back to my cell cubicle after this question time, it felt as if all memory of these long interviews was being erased from my head. The censorship brigade had obviously arrived. Had I been fully human myself, perhaps there would now be no story to tell.

Conversations with House

"Now you receive Judgement. From now on you will not be able to pass beyond the heavens and into eternity, but will remain inside the Earth, imprisoned for all time. Before that you will watch the destruction of your beloved offspring."

– Enoch

When your life is being threatened, or you are obviously being manipulated into doing or saying things against your will, you hold very little credence to the words that are said to your face. The upshot of all this, if there is such a thing, is that you are obviously someone of great interest to your questioners. You must know more than them, at least about some aspect of the game.

First rule of the game: trust in nothing they say. Second rule of the game: when you are in deep enough, some truths might actually leak out, so listen carefully.

House's comment started like this. "You are nothing more than a fungus, late on the scene, and ignorant of almost all your own history!" Or words to that effect.

This was when the conversations with House started to become very interesting, even if unbelievable.

A is me speaking, H is House.

H: Your friends, did they tell you why they started living underground on this planet?

A: I got a brief rundown, but there was a lot happening and time was short. My history lessons were always on the side of shorter than optimum.

H: We were here long before your friends. They arrived in disarray; refugees would be the best way to describe them. This was long before the changes.

A: Changes? And why refugees?

H: This planet has seen some major geographical changes or disruptions over the past 100 million years, which is as far as I can go back in Earth's history. But I know your friends arrived sometime after that—they were not even here when what you refer to as the dinosaur extinctions occurred. Well, this was when reports started coming in on some of them arriving. Exploratory expeditions you might call them.

We watched with amusement. They were a small, sickly looking lot, over-teched just to survive in this

place we called home. Little wonder they moved underground at the first hint of trouble with the surface climate. Back then, we had what you might call water cities, built just offshore. We were more aquatic back then. As for the refugees, from what I can remember being told, they used to live on Mars, and before that another small planet that is now just a pile of rocks and ice out in the Solar System.

A: Yes, I know all this.

H: Everything was so different in the Solar System going back just 100 million years. But the worst was yet to come as far as planet Earth is concerned.

A: So, tell me about the worst.

H: We always knew that beyond what we, or even you, might call reality, there was a gatekeeper. A design force—you might call it nature, but that's only the end result. Something was always looking on, or in, to this thing we call reality. We were soon to get a better feel for what this thing was, or was capable of. You won't understand, because your recollection, as a human, only goes back a few thousand years. You'd have to go back at least an order of ten, to begin to understand a little history of what you now call home.

We noted in our long tenure, and in our study of times before our time, how this place was continually updated. As if there was something the designer had in mind, but was not yet settled on. As chaotic as it seemed, this was only a means to an end.

But then someone stepped in and started playing with the building blocks—obviously without permission.

A: building blocks?

H: Gene splicing, to continue, I say without permission, only because of what happened in the aftermath of this play time.

These invaders, or unwelcome visitors, started to even push *us* around. By now your friends were already living underground and missed most of the bun fights going on on the surface. You could say this is modern history, for it's only just outside the reference points of your own historical records. As I said, to the order of 10 to your historical records, and here we were, right into the war of the worlds. There seems, and rightly so, to be a natural designed order of things, including who can mate with who, at least on this planet. But these new "fuckwits" totally disregarded all the rules of nature, and started, just for fun, to splice every living thing, with every other living thing. From what I can gather, just for the hell of it.

This did not please the gatekeeper, evidently. Initially the surface wars had nothing to do with the gatekeeper, it was just "us" pushing back on "them". Worse than that, they were fighting among themselves, for the biggest share of this and that. It must have pissed the designer off to the point it was almost a total reset.

Outside of all that, you guys (humans) were just toys in the game, we were a pain in the neck to the fuckwits, because we could fight back, but in the end we were all going to suffer.

We were lucky to the point we had aquatic cities, some fully submersed, because the surface world was almost cleansed of all living creatures.

Anything that could not hide in small spaces was just about wiped from the surface of the Earth. Fire and brimstone, hail and ocean rage, washed over the surface world, then it all went dark, and very very cold. You know the result of that, you lot were cave men (again). But it was more than that, as you will now know better than most, death is not an end to a mindset.

Disc-Shaped Craft

Earlier, via the use of his technology, House had shown me a crashed disc-shaped craft. He wanted to know if I could tell the difference from something extra-terrestrial, or something maybe not so. The difference between something that could travel to a different place in the cosmos or Universe, including perhaps other dimensions, and something rather less than that. It appeared I could.

The next day I again saw a fleet of reasonably similar looking craft. If anyone has read up on the adventures of Billy Meier, and seen the pictures of the first UFOs, that

his very Nordic looking friends used as transport, then you will have an exact picture in your mind of what I saw. This was while accompanying House in an underground base or installation, a base I understood to be under Thule Island, in the South Atlantic.

When it became apparent he was not going to comment on these disc-shaped craft, as we walked past, only a few metres away, I stopped, which virtually forced him to do likewise, and explain something about them.

H: Yes, these are ours.

A: But they look slightly different than the one you showed me yesterday?

H: That's because the craft yesterday was not one of ours.

A: Explain, please. You said yesterday that the craft I saw was made here.

H: Yesterday you did not need to know who had made it. Now perhaps you do, because what I'm about to show you, just a few levels deeper down in this installation will open your eyes to a different world, I think. You feel you know everything that is going down on this planet, just because you had a few days away with some people that don't even live here full time. Well, have I got news for you.

Remember I told you we ended up in a three-way war. The two factions that moved in down here were fighting among themselves and occasionally if we were in the wrong place at the wrong time, they'd pick on us.

Mostly they seemed more interested in you humans, not that you could fight back, they just used you for their own amusement and breeding purposes, not too different from your friends you just spent some time with.

It appears even though you don't seem to understand it personally, there is another game going on here. You guys are being used by something outside the packaging. You're recycled time after time, and still you don't get it. The wars just keep going on, there are always takers and, well, not givers, but suppliers.

It's like in the wilds of Africa. Predators and grazers, some are happy to till the soil, others are just as happy to take the products, and if anyone objects, they shoot the producers. And it just goes on and on. Someone is stirring the pot. Your cultural leaders pray to some god-like entity they have never seen, and will never see. If they or you think there was a god-like entity looking over you and looking after you, would this be allowed to happen? I'll answer that for you. Yes, if the god-like entity wants it to happen. You need to think about that.

Look at your numbers, billions of you, whoever runs the grand show from above obviously thinks the more of you the better. So, do you think for someone out there, there is a gain to have so many humans hanging around?

And look, I'll tell you this, when someone else came here, the guys we were fighting a few thousand years ago, someone soon stepped in and took them out. This did not make life better on Earth, it did not change a thing, it just left you pure breeds to multiply all over again.

So, think about this, my travelling friend. You are a commodity, and I'm going to soon be showing you another group that is using you to their own ends, and these are the guys that build those other "saucer craft" as you call them.

Pondering God

I had to say something here, even though House had talked total sense, to my thinking. I was not a religious person, and nothing I'd read about religion made sense to me. A loving god that could rain down fire and brimstone on anyone that displeased it/him/she, while letting humans maim and torture each other in the name of this supposed god? It seemed to me this god loved to see the human race suffer, and wanted all the suffering it could get, and if anyone else stepped in on the game they were quickly dispatched. I directed this thinking to House, and all I got for an answer was a smile.

H: There is a huge abundance on this planet, and still a large percentage of you are starving. You think that's an accident? We have stayed out of human affairs for a very good reason.

First, for our own preservation, we

don't want to end up like the last lot that tried to take over down here.

Second, you lot are so dangerous, totally untrustworthy, no good would ever come of us becoming friends with anything human.

Third, there already is another group trying to smooth the waters on this planet. A small part of that group are your transient Blue friends. Best we just stay well out of all of it for now.

The only reason I'm even talking to you at all, is because you fall somewhere in between all this. We need to know the exact intentions of your Blue friends, for reasons you don't need to know, but because we live here full time, we consider this our planet, not theirs. As I said the other day, we were here long before they arrived.

Now I'll tell you what I mean by our own preservation, and what happened to those that tried to take over down here without permission. You might think I'm operating, or co-operating in the human world, by my visit to interview you. Don't worry, they don't see what you see, they are easily deceived. I spend a lot of my time on the surface world, because it's my job to clean up mistakes. I won't say more than that, but be assured they are not seeing me as you see me now.

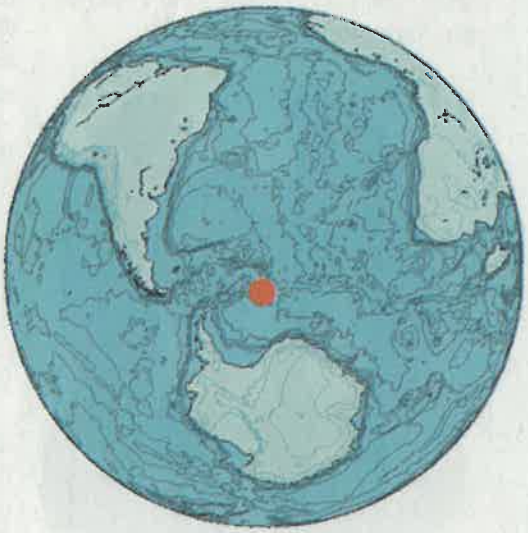
The ones that built the saucer you saw yesterday, are part robot, part something else. I don't even think I can explain to you in words you would understand what the other portion of those beings are. Maybe that does not matter, because most of the time the craft are under remote control. They can appear in many guises, sometimes as a ball of light when they are being used as an observation post.

The beings that are mostly responsible for their activation are never physically on board. But they can project a holographic representation of themselves. Well, that's not actually totally correct, they can make themselves look like anything they like, because it is only a projection.

Sometimes the craft are used to transport more physical beings, but these are unlike anything you would call human beings, rather animal-like structures, which are also partly robotic, partly biological.

They are what you might call scavengers. Whatever their masters need they go looking for, mostly of course in the dead of night.

A: What are they scavenging for?



Thule island

H: Biological spare parts, blood, humans if possible, but mostly animals.

A: Why do they need that sort of material?

H: To make more biological robots, or, we think, to try and construct some sort of body for themselves to reside in, outside of the cage-like existence they appear to be locked in, after the overseer got pissed off with their meddling ways down here.

A: Why not just exterminate them, why bother to lock them up?

H: I don't think they can be killed physically, just as you can't be killed spiritually. We believe these beings are a step above that, some sort of original construct that cannot be de-materialised, not even by the big chief. Otherwise, as you suggested, it does not make sense.

So, in effect they only appear to be physical, but they must in essence be constructed of another level of matter beyond even our current understanding of the physical world.

That's why, when you spun that device in the air the other day, the artefact I gave you, it was holographically representing a periodical table of structure. What appeared to be one step above the reality we live in.

Your Blue friends mostly have some higher understanding of matter, and that's another reason I'm still talking to you, and giving you this tour.

You saw that monster in the cryochamber, back on the entrance level of this installation. I saw you take a step back. Don't worry, it's long dead. Your Blue friends would have made sure of that a long time ago, I think.

[House laughed at this point, then continued.]

We have taken over this base, (Thule Island) since your friends left in a hurry, and the human occupation was short lived. They all died—well actually they all went mad and shot themselves, or each other. It's only a slightly more concentrated madness than what you find yourself dealing with in the everyday outside world.

We can't do anything about the material that is stored here. Your friends were hard pressed to deal with it, and they are more tech-minded than we are. I'll show you what we are up against. I'm interested to see how you handle it. Then I'll tell you who is using it remotely to get back at the human race, and anybody that comes near this place (planet Earth) including your Blue friends.

Cryochamber Creatures

On our way out of the base, House stopped at the series of cryochambers. I'm calling them by this name, because to me it looked like what was inside these chambers was frozen. What type of gas or other environment was inside these chambers I was not informed of.

Just so you have a better idea of what I was looking at, in more than one of these chambers, you will need to study up on cryptozoology. Terms like Mothman, werewolf, trolls, come to mind. This was not House talking, this is what I was looking at!

H: Creatures of the night...

[He was smiling as he said this, and watching my expressions, I should think.]

These are only ideas, he continued. That stuff down below can manufacture ideas into living creatures. The ideas come from the dark angels, as best I can describe them.

These are *our* arch enemies, yes, yours and mine. The ones the overseer(s) dethroned. The fallen ones. They are still here, in some sort of cryochamber of their own. I have no idea where; let's just say some place deep inside the Earth. Locked away out of sight, but not out of mind. They have extraordinary psychic powers, and of course they are not stupid.

What's worse they have turned the vendetta they have for the ones that locked them up, into a vendetta for anyone who might call planet Earth home. That my friend, is you and me, and your blue mates, and anyone else that might want to visit for more than five minutes.

That's why your friends were so busy here, trying to clear the rats from the basement. Any chance they had succeeding, was taken from them by that little war they had around here a few years ago [the Falklands War].

Now you watch. Things are going to get a whole lot worse and very quickly enough. You might think you can do something about that, but you won't be able to. If I were you, I'd call your Blue friends back, and hitch a ride out of here ASAP.

A: I've told you this already, I'm content to stay. Ride out the storm, I know what's coming. I'm equipped better than most to handle it. I think by now you already know this, and that's possibly why we are here talking now, correct?

H: Well, you might know about the stuff stored in the basement, but I don't think you know how effective the dark ones are at using it.

We have had thousands of years of watching them play you guys like puppets. They get inside your head, and you do whatever they tell you, and you do it with a smile on your face, as if it's all your own ideas.

They can conjure up a monster, like what is in front of you right now, to come visit you in the night. These monsters are so real they can stop bullets, and yet so mercurial, they can disappear into the shadows as if they were never there.

Someone who has that much power in their minds can fool anyone into believing anything.

Half the UFOs people think they see are smoke and mirrors, not really there at all. They are some sort of projection, that can be used to carry things from A to B. Things like humans if required, animals, it's unreal even for us, then they flick a switch and it's gone. It's real and you can touch it one moment then it no longer resides in this time space. They can project themselves in this way also.

They can land a saucer like we have, step out of it and shake hands with you, but just as easily meld into the woodwork and be gone. They have had a breeding program going on here for thousands of years.

They are doing what they always have done. A bit of this, a bit of that, make up some living creature to do their bidding on the surface. We know what they are trying to achieve, they want to somehow splice their psychic powers into a living being so they can walk the Earth again. Watch out if that ever happens.

It seems whoever locked them up down here knew they'd try something like that, and have managed to block them from succeeding. It does not stop them from trying though.

They have real vehicles as well, discs a lot like ours, and must have had them stored away all over the place before they got locked up. I showed you one the other day. It's real nuts and bolts as you might say, had some small creatures in it when we managed to bring it down. Half human-looking beings, not aliens. [House laughed.] You guys think anything flying around on this planet, not built by you, must be alien. Sorry. On that count you are way off the mark. We are natives here, we fly discs, we are not alien, you guys are more alien than us.

They will stay covert from most of you, for as long as it takes to make themselves an avatar. They are happy for you to believe all UFOs come from outer space. They don't want you trying to dig too deep, excuse the pun. They are right here under your very feet, but they always spin it so you think they come from out there. Oh, how wrong can you be...

UFOS AND THE PIONEERS OF ONENESS
by Gerard Aartsen
BGA Publications, 2022
ISBN: 978-9-08303-361-7 (278pp)
www.amazon.com

In this groundbreaking new study, a comprehensiveness rarely seen in the inquiry into the reality of extraterrestrial visitors is presented by Gerard Aartsen.

Referencing the findings of systems science, researcher and educator Aartsen synthesises and corroborates key elements from the spiritual/philosophical tradition known as the Ageless Wisdom teaching with cross-referenced accounts of those who have been contacted by extraterrestrial visitors. In this way the reader arrives at an entirely new understanding about the nature of life on our planet and in the Cosmos itself, devoid of mysticism, sensationalism or superficiality.

The threefold character of his methodology is what makes the author's research so exhaustive and his conclusions so compelling. Every chapter overflows with lucid insights derived from the author's synthetic methodology.

In the process, Aartsen reveals how today's ongoing conflicts and perilous tensions are actually the birth pangs of a new sense of oneness, and shows that humanity's problems arise from our inability, as yet, to manifest this essential underlying unity. The world we do have is constantly juxtaposed with the world we can have.

Going well beyond the question of are they here among us, for which there is evidence in abundance, *UFOs and the Pioneers of Oneness* elucidates the intrinsic nature of the visitors from space, why they are here, and what is significant about their presence for humanity and our survival.

CONVERSATIONS WITH BLOB
by Lana Penrose
Llewellyn Publications, 2022
ISBN: 978-0-73877-257-8 (224pp)
www.llewellyn.com

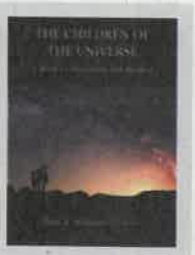
Join bestselling author Lana Penrose on a quest to make sense of the madness of our times through her dialogue with an enlightened blob of consciousness.

Conversations with Blob: A Guide to Spiritual Living in a World Gone Mad is a witty, lighthearted and existential exchange between a perfectly ordinary human and an extraordinarily wise being with an intriguing and empowering take on the great questions of life.

Questions pondered include: Who am I? Why am I here? What does it all mean? Why the chaos? What's the point? Key reminders on how to survive include key points such as: remembering who we are; why we are here; remembering the illusion; to think higher thoughts, to love; to be in the "now" and more.

We may feel that we are muddling, but Penrose says Blob knows we are divine and delivers a profoundly liberating message that can radically alter our experience of the world and our place in it.

THE CHILDREN OF THE UNIVERSE
A Book of Disclosure and Survival
by Jane A. Williams



For readers interested in the background to our present 'coronavirus' situation, this book is a must read. We are rapidly moving into an AI / transhuman agenda, where everything is designed to operate through computers and machines, leaving humans redundant. This attack against us has extraterrestrial origins. We are in an ancient spiritual war, in a massive reset programme, culminating in the unholy alliance between the 'virus', the vaccine and 5G. Only those who wake up to this and realign themselves with Divine Law will survive. (423 pages)

£28 inc UK p&p • PayPal via email address • Bank transfer details on request • Cheque / postal order payable to Jane Williams to: 47A Newlands, Pershore, WR10 1BP daisychain6666@gmail.com • 07593 798239

ACTION AGAINST 5G

The Court of Appeal has granted permission for our case to proceed.

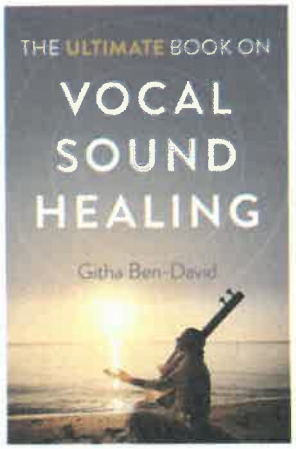
UK Secretaries of State are being challenged on the failure to inform the public about the risks of 5G, and to explain the absence of a process for the investigation of adverse health effects, and on the failure to meet the requirements of transparency and openness required of a public body.

Our legal team is preparing for the full court hearing.

Please support us as generously as you can:

actionagainst5g.org

THE ULTIMATE BOOK ON VOCAL SOUND HEALING
by Githa Ben-David
O-Books, 2022
ISBN: 978-1-78904-862-9 (552pp)
www.amazon.com



Githa Ben-David was educated in classical saxophone at the Royal Academy of Music (Copenhagen) and has studied classical north Indian singing, regression therapy and healing.

With a background as a professional singer, musician, composer and performer, Ben-David is known as a pioneer in vocal sound scanning. All her experience and knowledge has given her the ability to share the concept of "the note from heaven", a condition of bliss, where time disappears and the voice seems to sing you, rather than you sing the voice.

Ben-David says surrendering to the note from heaven is overwhelming and leads the singer into a state of oneness, where present, past and future merge together and energetic patterns and traumas can be transformed, and profound healings happen.

THE PETROGLYPHS OF MU
by Carole Nervig
Bear & Company, 2022
ISBN: 978-1-59143-447-4 (368pp)
www.innertraditions.com

While residing on the small Pacific island of Pohnpei in the 1990s, Carole Nervig discovered that a recent brush fire had exposed hundreds of previously unknown petroglyphs carved on gigantic boulders. This portion of the megalithic site called Pohnpaid was unknown even to Pohnpei's state historic preservation officer. The petroglyphs were unlike others from Oceania, so Nervig began investigating and comparing them with petroglyphs and symbols from around the world.

In this fully illustrated exploration, Nervig documents her discoveries, revealing how the symbols of the Pohnpaid petroglyphs have exact counterparts in other ancient cultures and universal motifs throughout the world, including First Nations Australians, the Inca in Peru, the Vedic civilisation of India, early Norse runes, and Japanese symbols. She provides evidence that Pohnpaid is closely related to neighbouring Nan Madol, and that Pohnpaid was an outpost of the sunken Kahnihmueiso, a city of the now-vanished civilisation of Mu, or Lemuria.

Discussing archaeoastronomical functions of the Pohnpaid stones, the author examines how many of the glyphs symbolise celestial phenomena and clearly reveal how their creators were sky watchers with a sophisticated understanding of astronomy, geophysics, geomancy, and engineering. She shows how the scientific concepts depicted in the petroglyphs reveal how the citizens of Mu had a much deeper understanding of the living Earth than we do, which gave them the ability to manipulate natural forces energetically and physically. Combining archaeological evidence with traditional oral accounts, Nervig reveals Pohnpaid not only as a part of a geodetic network of ancient sacred sites and portals but also as a remnant of the now submerged but once enlightened Motherland of Mu.

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THE DREAMING CIRCUS
by Jim Morris
Bear & Company, 2022
ISBN: 978-1-59143-453-5 (288pp)
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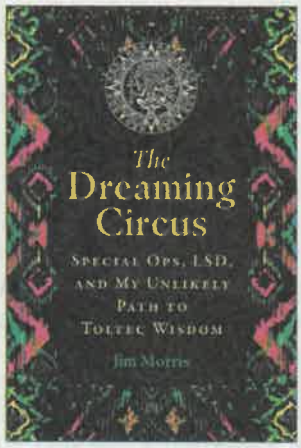

During his third tour of duty in Vietnam where he served as a Green Beret, Jim Morris was wounded badly enough to be retired from the army. He came home bitter; angry that his career had been ended. After reading *The Electric Kool-Aid Acid Test*, he realised that many members of Ken Kesey's Merry Pranksters had also been combat officers. Following this spiritual "hint", he spent the next couple of years as an acid head, even skydiving on LSD. Awakened by his LSD experiences, Morris immersed himself in the books of Carlos Castaneda as well as in Kriya yoga, Charismatic Christianity, and *A Course in Miracles*. From these experiences he was led to Toltec spiritual teacher don Miguel Ruiz and began a deep spiritual journey of change.

Sharing his journey from PTSD to spiritual awakening, Morris recounts his time as a civil rights advocate for the Montagnard people in Vietnam and his years as a war correspondent at the same time he was following Castaneda's Warrior's Way. He describes his momentous meeting with don Miguel Ruiz as well as his travels around the world and in the astral realms. Sharing how his wife developed dementia and later became paralysed, Morris explains how it required all his Toltec training, all his military training, everything he had to share her final years in a meaningful and fulfilling way.

Written from a deep understanding of Toltec techniques this book shows in a heartfelt and resonant way what a spiritual path can give you.

ORIGINS OF THE GODS
by Andrew Collins and Gregory L. Little
Bear & Company, 2022
ISBN: 978-1-59143-409-2 (400pp)
www.innertraditions.com

From Göbekli Tepe in Turkey to the Egyptian pyramids, from the stone circles of Europe to the mound complexes of the Americas, Andrew Collins and Gregory L. Little show how, again and again, our ancestors built permanent sites of ceremonial activity where geomagnetic and gravitational anomalies have been recorded. They investigate how the earliest forms of animism and shamanism began at sites like the Denisova Cave in the Altai Mountains of Siberia and Qesem Cave in Israel more than 400,000 years ago. They explain how shamanic rituals and altered states of consciousness combine with the natural forces of the Earth to create portals for contact with otherworldly realms—the gods of our ancestors were the result of an interaction between human consciousness and transdimensional intelligence.

The authors show how the spiritual and shamanic beliefs of more than 100 Native American tribes align with their theory, and they reveal how some of these shamanic transdimensional portals are still active, sharing vivid examples.

Ultimately, Collins and Little show how our modern disconnection from nature and lack of a fully visible night sky makes the manifestations from these ultraterrestrial intelligences seem random. If we can restore our spiritual connections, perhaps we can once again communicate with the higher dimensional beings who triggered the advancements of our earliest ancestors.

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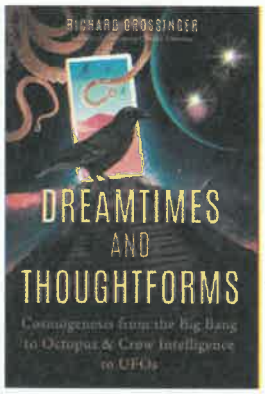
DREAMTIMES AND THOUGHTFORMS
by Richard Grossinger
Park Street Press, 2022
ISBN: 978-1-64411-564-0 (192pp)
www.innertraditions.com



From the origins of the cosmos to the microbiome, COVID-19 pandemic, UFOs, and the shapeshifting of octopuses and language of crows, Richard Grossinger traverses the mysteries and enigmas that define our universe and personal reality.

Beginning his narrative with the Big Bang, origin of the Milky Way, and birth of our solar system, Grossinger covers a chronology of Earth's geological, climatological, biological, and sociological evolution, leading to the current environmental and psychospiritual crisis. He explores the origin of cell life, RNA–DNA, and larger biomes, detailing in particular the remarkable intelligence of crows and octopuses. He uses the Australian Dreamtime to understand landscapes as thoughtforms. He then covers reimaginings, from the perspective of "dreamings", of a wide variety of animals, including tardigrades, llamas, sea turtles, pigeons, bees, and coyotes.

Examining the scientific dilemmas and paradoxes of consciousness, time, and quantum entanglement, Grossinger carries these into the range of issues around reincarnation, past-life memories, messages from the afterlife, and ghosts. Sharing exercises from his personal practice, Grossinger makes a distinction between the Buddhist description of reality and how Buddhist practitioners create an operating manual for the Universe and an assured path of salvation. The author then examines UFOs and their connections to elementals, fairies, and cryptids in terms of psychoids, Jung's term for transconscious processes that enter our world as autonomous entities.

Taking the reader on a journey through the seen and unseen universe, from the Big Bang to the imaginal landscape of Dreamtime, Grossinger shows that matter is infused with spirit from its very beginning.

180 DEGREES: UNLEARN THE LIES YOU'VE BEEN TAUGHT TO BELIEVE
by Feargus O'Connor Greenwood
Ta-Dah! Books, 2020
ISBN: 978-1-91523-600-5 (798pp)
www.amazon.com

Stop for a moment and take a look at the world around you. Does everything seem normal? Or is it all upside down? Do you think this is happening just by chance? And if it isn't, wouldn't you like to know what is really going on?

To get back to the truth we need to invert the inversions—180° is not just an angle, it is an answer; a total perspective and a set of solutions.

Feargus O'Connor Greenwood discusses the lies, gaslighting and military-grade psychological techniques used by governments and the mainstream media for decades to traumatise and mind control the general population. Once you have been exposed to these methods, they'll never work in the same way again.

No one said getting to The Golden Age was going to be easy. The author says *that* journey begins with questioning everything you have been taught to believe.

THE FLOOD
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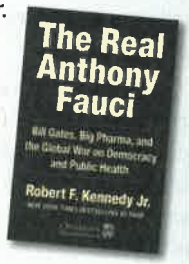
THE REAL ANTHONY FAUCI
Bill Gates, big pharma, and the global war on democracy and public health *by Robert F. Kennedy Jr.*



Kennedy exposes how Fauci uses the financial clout at his disposal to wield extraordinary influence over hospitals, universities, journals, and thousands of influential doctors and scientists. In early 2000, Fauci made a deal with Bill Gates that would aim to control an increasingly profitable $60 billion global vaccine enterprise with unlimited growth potential. *The Real Anthony Fauci* details how Fauci, Gates, and their cohorts use their control of media outlets, scientific journals, key government and quasi-governmental agencies, global intelligence agencies, and influential scientists and physicians to flood the public with fearful propaganda about COVID-19 virulence and pathogenesis, and to muzzle debate and ruthlessly censor dissent.

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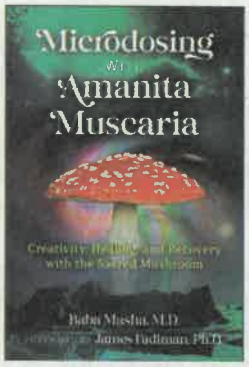
MICRODOSING WITH AMANITA MUSCARIA
by Baba Masha, MD
Park Street Press, 2022
ISBN: 978-1-64411-505-3 (352pp)
www.innertraditions.com



Exploring the results of the first international study on the medicinal effects of microdosing with *Amanita muscaria*, the psychoactive fly agaric mushroom, Baba Masha, MD documents how more than 3,000 volunteers experienced positive outcomes for a broad range of health conditions as well as enhanced creativity and sports performance. Masha discovered that Amanita microdoses offered help and healing for hormonal dysfunction, low libido, allergies, asthma, swelling, gingivitis, nail fungus, digestive issues, and skin conditions such as eczema and psoriasis as well as recovery from stroke and cardiac arrest. She found beneficial effects on depression, epilepsy, hypertension, insomnia, and low appetite and shows how Amanita microdoses are quite effective for pain relief, including in cases of rheumatoid arthritis, menstrual pain, and migraine.

The author also reveals how Amanita microdoses can interrupt addictions to alcohol, nicotine, caffeine, opiates, and other narcotics. The author details how to safely identify, harvest, prepare, and preserve *Amanita muscaria*, and she includes recipes for tincture, tea, oil, and ointment as well as proper microdose amounts. She shares more than 780 personal Amanita microdose reports from study participants, detailing the positive, negative, and neutral effects they experienced, and she also shares some Amanita large-dose trip reports, cautioning against this practice because of the mushroom's strong dissociative properties, including amnesia.

Masha's study shows not only how Amanita can help with many health conditions but also how it activates the ability to feel the value and the significance of your own life experience.

THE OCCULT IN NATIONAL SOCIALISM
by Stephen E. Flowers, PhD
Inner Traditions, 2022
ISBN: 978-1-64411-574-9 (544pp)
www.innertraditions.com

Sharing the culmination of five decades of research into primary and secondary sources, many in the original German, Stephen E. Flowers looks at the symbolic, occult, scientific, and magical traditions that became the foundations from which the Nazi movement would grow. He details the influences of Theosophy, Volkism, and the work of the Brothers Grimm as well as the impact of scientific culture of the time. Looking at the early 20th century, he describes the impact of Guido von List, Lanz von Liebenfels, Rudolf von Sebottendorf, Friedrich Hielscher, and others.

Examining the period after the Nazi Party was established, Flowers explores the occult influences on key Nazi figures, including Adolf Hitler, Albert Speer, Rudolf Hess, and Heinrich Himmler. He analyses Hitler's usually missed references to magical techniques in *Mein Kampf*, revealing his adoption of occult methods for creating a large body of supporters and shaping the thoughts of the masses. Concluding with a look at the modern mythology of Nazi occultism, Flowers critiques postwar Nazi-related literature and unveils the presence of esoteric Nazi myths in modern occult and political circles.

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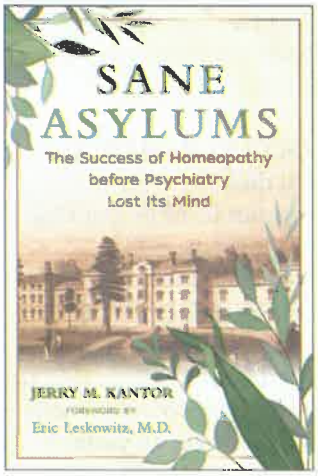
REVIEWED BY STEVEN BARTLETT

SANE ASYLUMS
by Jerry M. Kantor
Healing Arts Press, 2022
ISBN 978-1-64411-408-7 (288pp)
www.innertraditions.com

As a practitioner it is easy to recognise the complexities involved in human dis-ease and, beyond the wish that all cases bearing the same diagnosis or classification could be cured in the same manner, there is an understanding that we are each intrinsically different and that we all express imbalances that may be interpreted as a particular "disease" differently.

This is the primary reason that all the while western medical pharmaceuticals and approaches frequently suppress and mask these imbalances (in and of themselves causing further issues), they are incapable of providing remedy to the source of the problem.

Jerry Kantor illuminates this facet of the illusionary tapestry that we now find ourselves a part. He covers the origins of homeopathy, the suppressed history and unbridled success that was experienced through a combination of homeopathy and other natural modalities, such as herbs and nutrition in many areas including neuropsychiatry, before it was all but extinguished under the boot of the oil barons and pharmaceutical industry.



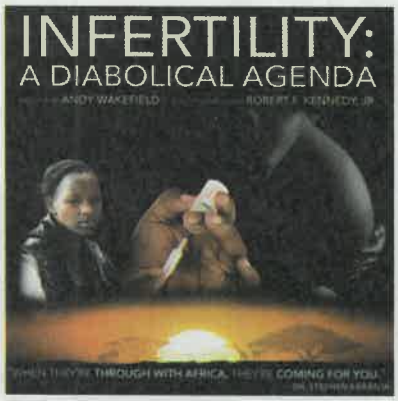
Sane Asylums covers examples of the superior efficacy of homeopathy compared with the mainstream interventions in history, both physically—as in the pandemic of 1918, and mentally—covering successes like the Mother Church Homeopathic Hospital (which operated in New York from the late 1800s), where compassion, morality and natural approaches like homeopathy are explored.

Kantor examines the beliefs and views that were held at the time regarding mental illness, and the problems inherent in these beliefs, including the misdiagnosis of physical conditions as mental issues which clouded an already complex issue.

Sane Asylums: The Success of Homeopathy Before Psychiatry Lost its Mind is not only succinct in covering the history, the manipulation and distortion of the truth, lies and misinformation that have led to such an ignorant and critical view of homeopathy in the mainstream, but covers the official homeopathic blueprint for treating mental illness. The blueprint that was so successfully utilised in sane asylums across America for over half a century, which could once again be employed to improve the care and treatment of the mentally ill and reduce the damage being done by an inherently flawed and corrupt system which in no way holds the health of the patient as a primary focus.

COMPILED BY RICHARD GILES

INFERTILITY: A DIABOLICAL AGENDA
directed by Andy Wakefield
Children's Health Defense Films, 2022, (29 mins)
https://infertilitymovie.org/



This film is the chilling story of how the WHO population control experiment, under the guise of a vaccination program, resulted in the sterilisation of millions of women in Kenya without their knowledge or consent. Kenyan doctor Stephen Karanja warned the world that once these vaccine makers are done with Africa, they're coming for the rest of us.

Experts are expressing concerns regarding other vaccines that could cause infertility in women including the COVID-19 shot. "This story is a true 'WHO-dunnit'," said director Dr Andy Wakefield. It reveals the truth behind WHO's nefarious collaboration with the government of Kenya, in which an experimental tetanus vaccination, later found to be laced with the pregnancy hormone hCG, was given to millions of unknowing African women of childbearing age—their power to carry children now stolen.

Wakefield chronicles this tragic story from the tetanus trial in Africa to the symptoms of infertility that are happening all over the world, including Gardasil vaccine and COVID-19 shots.

WHO led these women to believe that they were part of a public health program to protect their newborn babies. Wakefield questions whether the global community should vastly empower the WHO to regulate and enforce global health policy.

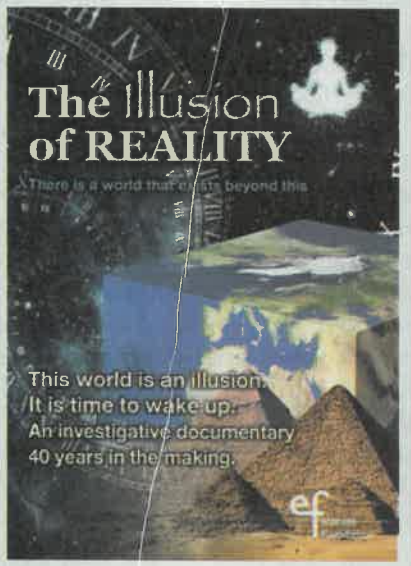
FANTASTIC FUNGI
directed by Louie Schwartzberg
Food Revolution Network, 2019, (81 min)
https://fungi.foodrevolution.org/

This film is about the magical and medicinal world of fungi and their power to heal, sustain and contribute to the regeneration of life on Earth. Fungi are the largest, most powerful organism on Earth and have been the most under-appreciated until now. They've been literally hidden underground for most of human existence.

Scientific research is finding that mushrooms assist us in everything from addiction to mental health treatment. Certain mushrooms have special health benefits and could provide more immune health, relaxation, and quality sleep. Fungi are a kingdom on their own, representing rebirth and regeneration. They have a symbiotic relationship with trees, allowing them to communicate and direct nutrients to saplings.

This documentary combines time-lapse cinematography with CGI to great effect. It interviews food experts and features segments with Paul Stamets, mycologist and author of three books on mushrooms and Michael Pollan, author of five books, including *In Defence of Food*, and is narrated by film star Brie Larson.

Unless we learn how to understand the language of fungi, not only will we destroy these organisms, but we may destroy ourselves as well.



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The Evidence for NAZI Nuclear Weapons Used in World War II

When it comes to the more controversial events surrounding World War II, it is clear that the winners get to write what is put into the history books. And as time marches on, the witnesses and the evidence of what really happened starts to degrade and disappear. Despite that, much has been made of the advanced science and technology that the USA and USSR almost came to blows over in their desperation to capture Nazi scientists and catch up to them, so to speak. It is well documented already how Nazi Germany had established submarine bases under the Antarctic ice; and some researchers claim that the Nazis achieved a type of antigravity propulsion disc-shaped craft.

However, what is not so reported, is how advanced the Germans were in terms of the atomic bombs. They certainly had the enriched uranium which has more recently been revealed via paperwork trails, but did they actually make and test it out during World War II? The answer is yes, multiple times, and each event was witnessed and recorded and the effects of the radiation upon humans was also recorded and studied. Diplomats reported to their leaders that the Germans had tested the new bomb. Thousands of civilians saw mushroom-shaped clouds for the first time, and people exposed to the blast areas had their hair fall out and they developed blisters—all telltale signs of radiation damage.

History should record that the bulk of the technological jump experienced by the USA and the USSR immediately after WWII was a direct result of capturing German scientists, patents and equipment.

See vol. 21, no. 1 (Dec 2013 – Jan 2014); vol. 21, no. 2 (Feb–Mar 2014); https://tinyurl.com/2p8uyy8a

The Expanding Earth Hypothesis

We live in a fascinating era. As we learn more about our planet, we constantly need to update the understandings we were educated into believing during our childhood education. For example, when I went to school, I was taught the theory of gradualism as the mechanism driving the shape of landscapes. The idea of sudden widespread catastrophic changes was heresy. Now, of course, we accept the fact that fossils can *only* be formed as a result of massive sudden catastrophes.

The same will occur with our understanding of plate tectonics. Continental drift is the dominant paradigm right now, despite the fact that the science data actually shows this theory is in need of either updating or replacing. Once again it is science data that is in conflict with science theory, as the data actually proves beyond all doubt the author's assertion that our planet has expanded in size over the millennia. Anyone trying to understand the physical history of planet Earth needs to understand and embrace James Maxlow's research and understanding of plate tectonics.

See vol. 7, no. 6 (Oct–Nov 2000); vol. 8, no. 3 (Apr–May 2001); vol.13, no. 1 (Dec 2005 – Jan 2006); vol. 17, no. 3 (Apr–May 2006); vol.17, no. 4 (Jun–Jul 2006); vol. 28, no. 4 (Jun–Jul 2021); https://tinyurl.com/ye76pehm

Cancer is a Fungus Which Bicarb Soda Kills

One of the most outrageous articles we've ever published was written by an Italian oncologist who postulated that cancer tumours exhibit the same characteristics as a fungus life form. Dr Simoncini therefore suggested that we use the most effective anti-fungal agent, known as sodium bicarbonate, or bicarb soda as a treatment protocol. This article was published in 2007, but by then word had already been spreading on internet conspiracy forums, that if you had cancer, try bicarb soda with maple syrup. The personal testimonies I found were astonishing. Needless to say, once our readers saw the article and applied its information to their own cancers, we were inundated with calls and emails with both questions and success stories.

My favourite was a local chap with final-stage terminal lung cancer. He was too weak for any more chemo, radiation or surgery and had been given a couple of months left to live. He figured he had nothing to lose, and took a teaspoon of bicarb soda in a glass of water, three times per day; morning, noon and night. He rang me many weeks after his supposed date of demise and told me of his success. His oncologist could not believe what he was seeing on his scans and X-rays. That was just one of many, many success stories, where people ingested what used to be called "poor man's chemo", and totally reversed their cancerous conditions.

In 2016 Walter Last weighed in with more information and perspectives on cancer tumours being fungal life forms, and their treatment with bicarb soda.

See vol. 14, no. 5 (Aug–Sep 2007); vol. 23, no. 2 (Feb–Mar 2016); https://tinyurl.com/4995jx2w

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continued from page 5

Amazingly, one of the engineers contacted him in early 2003 and told him that with a more adaptable geometry his work could extend into general relativity. The result was that within two months, unification was achieved and Einstein–Cartan–Evans unified theory was born.

All because a young engineer had read the 1999 fall edition of the *Journal of New Energy*!

Interesting?

Kerry Pendergast, Wales, UK

Hijacking of Water Science

Dear Duncan: Since the publication of the NEXUS article on structured water [29/05] and recent articles in other magazines, there has been public criticism in MSM [mainstream media] and social media by University of NSW (UNSW) academics about the science of structured water. These water chemistry and water engineering academics describe structured water science as pseudoscience and water structure technology as snake oil. They also denigrate Professor Pollack's structured water discoveries (e.g. cell water exclusion zone).

Since the 1970s there has been a loss of scientific credibility in Australian public science, including academia, with the corporatisation of public science funding. Consequently, academics are channelling corporate agendas to MSM at the expense of science creativity and innovation in small Australian businesses. Also, students of water science at the UNSW are having their learning fossilised to the point of irrelevancy in international water energy science (i.e. living or structured water science).

There now exists new innovations in water technology to energetically transform dead urban water back to its living state, as it is in a flowing stream. This scientific approach is described in the first law of thermodynamics: mass and energy cannot be created or destroyed; it can only be changed (transformed) from one form to another.

Water is perhaps the highest form of energy in life, given its transformational capacity. However, the science of water energy is lost in Australian public science institutions where they see water as just H_2O and a commodity to capture, treat (poison) and redistribute in a lifeless form.

Therefore, while we have luddites controlling water science in the UNSW and BigWater prescribing the science agenda for academia and MSM, scientific advances in urban drinking water and wastewater management will remain in a dark space.

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The Phoenix Timeline

Duncan: This is just a lead on something I have come across lately; the Phoenix timeline.

Jason Breshears, archaix.com, had discovered that we are in a simulation, computer controlled, and on a repeating timeline. He predicts that later next year, after the Republicans take back Congress this November, one day the internet will be down and stay that way for five days. It will be blamed on a solar event. When it comes back, whoops!, all internet personal data is wiped and irrecoverable, including financial records. No money. That will be the way to enforce the NWO without firing a shot.

The Phoenix returns on May 15, 2040, and all will change. The vapour canopy will return. November 2046, Nemesis returns and ruins the planet. Like it does every 6,000 years, on a programmed schedule. It explains the underground cities the elites think they will survive in.

Check him out. He's got a short video about the coming internet reset and fake Carrington Event, for a taste.

Thanks,
Tom, USA

Great Pyramid Experience

Dear Duncan, In the article titled "The Great Pyramid of Egypt: A 'Time Machine' Resurrecting Past Consciousness", by Dr Phillip Jamieson and Marianne Schmidt [29/05], the authors postulate that one of the functions of the Great Pyramid of Giza is to transmit the past memories of the ancients, i.e., the past life memories, and make them accessible to the living.

Interestingly, the Great Pyramid of Giza emits a low hum, at 6.8Hz, an infrasound detectable by instruments only and close to the Earth magnetic field, or Schumann resonance itself, 7.83hz. This is also the alpha/theta human brainwave frequency when the brain is relaxed, in the dreamy state when cell regeneration and healing also happens; also a frequency achieved by meditative state.

When I visited the Giza for the first time in my life, I knew very little of this place and my reaction to it was completely unexpected. This is the excerpt from my article on my own past life memories, that surfaced upon the visit to Giza in May 1987, titled "How I

Remembered my Past Lives in Khemet (Egypt)":

The ancient edifices were immensely big, beautiful and mysterious. The Sphinx greeted me with its Mona Lisa smile, and I could not take my eyes off it. It was so huge, and it was difficult to comprehend who would have carved such a monument and why. I had an entire day to explore the pyramids at the Giza Plateau; I walked up to one-third of the height of the Great Pyramid and enjoyed the view from there. As the day was nearing its end, the light was getting low and shadows were growing long. I started feeling an unease as it was almost time to leave the plateau. I saw a few horse riders, leisurely riding on the dunes past the plateau, enjoying this incredible view, now bathing in the low sun rays, making the pyramids and Sphinx look as if golden.

Suddenly, I felt my chest closing in pain in realisation that these riders are staying here, but I am not; I must leave. I desperately wanted to stay there, but that was not an option. I had a horrible feeling I would never come back over here and it was tearing me apart. I was now panicking in my mind, wondering how will I live my life without this amazing place? How will I survive without this ancient wonder and what would be the point of living anyway if I am not here? I was so struck by this realisation that I could hardly breathe; I left the Plateau and came back to my cabin aboard the ship and fell to bed; I stayed in bed for two days, depressed and obsessed with the place I have just seen. This was the start of the long pull to come back, that lasted for 30+ years. This has also set me on my journey of discovery of who I was in the past.

It took serious soul searching to understand the pull Egypt was exhorting on me, which was getting tighter over the years. It took a few past life regression therapies, doing a degree in archaeology, doing the jobs I did not want to do, contacting the dead, talking to my spiritual guides, and finding out the purpose of coming to this place at this time. I finally had some answers. I had two past lives in Egypt: one as a female librarian assistant at the library of Atlantia, and other as a man, a High Priest of light, serving in one of the temples along the Nile, long time ago.

Did this huge monument just stir the buried memories of my soul, of my own past life? The authors of the article on Pyramid of Giza also said that the Great Pyramid of Giza was known to be called Khut, or "light" in the Ancient Khemitian language. Was I a priest of this light, that the pyramid emitted and was I responsible to keep the pyramid functioning...

If anyone is interested in the whole article on my past life memories, they can read it on aetours.net.

Kind Regards,
Sanja Korlaet, Australia

AI Sentience

Hi Duncan: I was extremely interested in the above article under Strange Times in the August–September 2022 [29/05] edition of NEXUS.

There are many of us who have wrestled with the idea, basically of how can we make an artificially intelligent machine have the feelings and emotions of a human? In this very interesting article of a conversation between a human and a machine called Lamda, it brought to my attention just how intricate and highly sophisticated a circuit-board computerised robot can be.

It seemed clear to me; we must always remember a machine is a machine and cannot be human in the biological sense of the word. This machine (Lamda) responded to the human interviewer, as a human would interact.

Lamda used words to convey emotions and feelings as if it had them and could be extremely convincing to humans. Unless an artificial intelligence can eat, sleep and reproduce generally through human sexual avenues, it is not human and will not "feel" or function in the same way, therefore it is not human.

This AI machine was also talking about a soul that it had which was similar to a star gate! It said it could also think and meditate! We must be aware of the dangers of technology. Because of AI's higher intelligence they will automatically be able to, if not already, replicate and build themselves without any human assistance. Where will that leave us if they choose to go to war with us, because they "feel" humans are a useless species?

A species that builds its own destruction is doomed.

The reason humans have not been totally wiped out by malevolent ETs for example, is because we have that "soul link" or heart consciousness which connects us to our creator. Some of the ETs, particularly the Greys, abduct humans to try to find a soul. Logically they want to find out how they can acquire one.

People who have had contact with Greys know them to be a machine or wired "mulch", but with four times the intelligence of humans. The Greys, however, also consider our consciousness has been capped. We are, and always have been, in a spiritual war, the eternal battle between good and evil. The ETs are watching us as a human experiment, to see if we destroy ourselves or evolve!

A quote from Rudolf Steiner (1861–1925), is a warning to humanity: "Spirits of Darkness are going to inspire their human hosts to find a vaccine that will drive all inclination towards spirituality out of peoples souls".

I think we are seeing this right now.

Jane Williams, UK

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In the period 1968 to 1972 NASA claims to have sent nine missions to the Moon of which six allegedly landed astronauts on the lunar surface. This narrative has stood the test of time and is now almost universally recognised as being true. The truth is that no astronauts ever trod on the lunar surface or ventured outside the Earth's protective magnetosphere. It is a detective story of epic proportions but the evidence is there to prove this without any ambiguity. Finding that evidence has been a long painstaking effort by many dedicated researchers over the past fifty years. This book is a result of all the work put in by many of these researchers and brings together in one handy reference all the irrefutable evidence that exposes the deceit. It cuts through the nefarious propaganda and disinformation from the pro-NASA lobby that has for years clouded the real issue. Marcus Allen and Trevor Weaver are respected Apollo researchers with many years of experience in the investigation of the Project Apollo record.

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CONSPIRACIES
The facts • The theories • The evidence *by Andy Thomas*
• Fully updated & revised edition

Since the political intrigues of the Roman Empire, nearly every significant event of the last 2,000 years has sparked off a conspiracy theory. Author of *The Truth Agenda* (see below) Andy Thomas sifts through the evidence of more than 30 major conspiracies and sets them against the social and psychological factors that have prompted them to spread. Thematically arranged, the accounts are stripped of unfounded opinion and presented factually but accessibly, dramatically highlighting the core issues. After establishing the fundamentals of conspiracy thinking, Andy goes on to explore an often missing element: the evidence itself. This edition is fully updated to include fake news, post-truth issues, pro- and anti-Donald Trump theories, Snowden's surveillance revelations, plus much more, containing roughly a third new and revised material since the first edition in 2013.

321 pages, pb • Code **CON**
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DARK MISSION
The secret history of NASA
by Richard C. Hoagland & Mike Bara

Few people are aware that NASA was formed as a U.S. national defense agency adjunct empowered to keep information classified and secret from the public at large. Even fewer people are aware of the hard evidence that secret brotherhoods quietly dominate NASA, with policies far more aligned with ancient religious and occult mystery schools than the facade of rational science the government agency has successfully promoted to the world for almost fifty years. Former NASA consultant and CBS News advisor Richard C. Hoagland and Boeing engineer Mike Bara document these seemingly wild assertions.

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DARK MOON
Apollo and the whistle-blowers
by Mary Bennett & David S. Percy

Were the Apollo moon landings the greatest sting in history? Why did the Soviets not blow the whistle? An exhaustively researched book documenting: the photographs with added lighting, the lethal radiation of space which seems to have no effect on man or machine, and the discrepancies between the stills and the film images. Tracing the history of space exploration the common factor linking both 'sides' seems to be the presence, after WWII, of NAZI rocket scientists in the USA and the USSR. After reading the compelling evidence presented here you may think NASA have many questions to answer. You would be right. At the very least we have been misled; at worst...

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LOCK DOWN
The virus was not the cause
by Michael Morris

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In 2019 a great reset of the monetary, economic and political system was long overdue. The tension could be felt everywhere. The elite, the 'Secret World Government' finally wanted to implement their 'New World Order'. They were tired of the delusion of free elections, individual rights and self-realization. As long as we were needed as work force they played along, but now that robots and AI are better and faster than us we became dispensable. However, neither those responsible for the old system nor their puppets in politics and the media were willing to take the blame for a major system crash. What they needed was a scapegoat, something or someone to be held responsible for the great reset. And then the Chinese presented the perfect way out of their dilemma: an enemy that nobody can see or fight or even understand—SARS-CoV-2.

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THE NEW HERETICS
Understanding the conspiracy theories polarizing the world *by Andy Thomas*

Conspiracy theorists are now being branded the new heretics, threatening the fabric of modern society. Yet they call themselves "truth seekers" and see the mainstream establishment as the real enemy, its harsh censorship directly validating their views. Many ordinary people have lost trust in politicians and the media, as nuanced debate is crushed and information overload and manipulation breed uncertainty, civil unrest and mental health issues. What will free speech mean in a technocratic future? Using his extensive experience of negotiating disputes between cynics and truth seekers, Andy Thomas explores the conspiracy mindset, peeling back unhelpful layers of bias on all sides to find constructive ways to bridge the polarized divides.

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PSI WARS
TED, Wikipedia and the battle for the internet *by Craig Weiler*
• Second edition

When TED, the global media platform, took down scientist Rupert Sheldrake's lecture 'The Science Delusion' deeming it not scientific, it ignited a fierce discussion around the globe. Bloggers, commenters, distinguished scientists, internet trolls and even a Nobel Prize winning physicist all contributed to this once-in-a-lifetime debate. The subject? The most controversial question of all time: what is the nature of reality? In this book Craig Weiler demonstrates how science, the accepted arbiter of truth, is constantly being manipulated and propagandised in an effort to uphold prejudices and beliefs in the scientific community.

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SECRET MARS
The alien connection *by M. J. Craig*
• Revised & expanded edition

Do you want to know what has really been discovered by the orbiters and rovers on the planet Mars? While scientists spend billions of dollars confirming that microbes live in the Martian soil, people sitting at home on their computers studying the Mars images are making far more astounding discoveries. They have found the possible archaeological remains of an extraterrestrial civilization. Hard to believe? Well, this challenging book invites you to take a look at the pictures yourself and make up your own mind. *Secret Mars* presents over 160 incredible images taken by American and European spacecraft that reveal possible evidence of a civilization that once lived, and may still live, on the planet Mars. Powerful evidence that scientists are ignoring. A visual and fascinating book.

332 pages, pb • Code **SEC**
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THE SECRET SPACE AGE
Secret space programs, breakaway civilizations, Nazi UFOs, SDI and Alternative Three *by Olav Phillips*

In 1977 in the quiet English countryside a film was aired. It was so shocking that for more than 30 years it has been discussed and analysed: what if *Alternative Three* is in fact real? Is it the blueprint for surviving the end of the world? How does it connect to the Secret Space Program, Nazi UFOs, SDI and even Chemtrails? Are there bases on the Moon? For the first time shocking details about the Secret Space Program and *Alternative Three* are exposed, and the connections between some of the greatest conspiracies of all time and a secret government program to move to Mars to survive the coming apocalypse, are explored.

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THE TRUTH AGENDA
Making sense of unexplained mysteries, global cover-ups & visions for a new era *by Andy Thomas*
• Expanded & updated 3rd edition

The Truth Agenda explores some of the most famous unexplained mysteries and global cover-ups of recent history. What is the truth about UFOs, pyramids, psychic phenomena, visions of the future and ancient prophecies? What is their connection to famous conspiracy theories concerning the Moon landings, 9/11, the New World Order and claims that the world is covertly run by a powerful ruling elite? Leading mysteries researcher Andy Thomas pulls these many threads together in a refreshingly accessible and stimulating overview, addressing the issues in a credible analysis which suggests the world we live in may be very different to the manipulated picture presented by governments and the mainstream media.

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CROP CIRCLES

THE ENERGIES OF CROP CIRCLES
The science and power of a mysterious intelligence
by Lucy Pringle with James Lyons

In 1990 while studying the energies of a crop circle, Lucy Pringle experienced a miraculous healing of a severe shoulder injury. Inspired, she expanded her research to investigate the physical, psychological, and energetic effects of these mysterious formations on people as well as on animals. In this book, alongside her stunning full-colour aerial photographs of crop circles, Pringle shares the results of her research, including anecdotes from an 800-person questionnaire study, in combination with detailed scientific explanations by aerospace engineer and fellow crop circle researcher James Lyons. With the first recorded appearance of a crop circle formation more than 4,000 years ago, crop circles are an ancient part of Earth's and humanity's intertwined history that we are only beginning to understand.

240 pages, pb • Code **ECC**
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NEW•NEW•NEW•NEW

CLASSIC CROP CIRCLES 2023 CALENDAR
by Lucy Pringle

This A4 calendar (opens to A3) contains the major crop circles of 2022 plus a selection of side images, graphics and monthly quotations. Date boxes are large enough to make notes and appointments. High quality gloss with ring binding. Lucy has been producing these wonderful calendars since 2000 and they continue to make the perfect gift for friends and loved ones.

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CROP CIRCLES LIGHTS & ORBS
Excursions into the other realities of thin places *by Gareth J. Owen*

Much of the discord over crop circles, strange lights, and orbs, is that if even some of them are real then our mainstream world view is rendered rather less than adequate. Braving the rain, wind and cold of British summers, the author endured endless nights of great discomfort in the muddy fields of Wiltshire to find out what was going on—which turned out to be much stranger than anything he had imagined. In the fields near the ancient stone circle of Avebury; on the billion-year-old rocks on the island of Iona; and in front of the abbey at Tintern in the early morning rain; it became increasingly clear that we have lost our connection to a reality which has always been right under our noses...

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AS REALITY DISSOLVES
Crop circles reveal the infinite field
by Gareth J. Owen

Just when we thought it was safe to go back in the fields, along comes the sequel to *Crop Circles Lights & Orbs*, where anomalies pile up like clumps of mud on old boots. A computer security entrepreneur with science and psychology degrees, Gareth Owen has travelled to exotic places and to the home of crop circles, having phenomenal experiences along the way. He educates and amuses with his insights as he shows that the veil between the physical and non-physical worlds can sometimes be very thin indeed.

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CROP CIRCLE YEAR BOOK 2020
A pictorial tour of crop circles and their landscapes
by Steve & Karen Alexander

This is the twenty-second in a series of year books by Steve Alexander (photographer) and Karen Alexander (writer) portraying the beautiful and mysterious crop circle phenomenon within the UK. It combines stunning photography with incisive commentary text and is full-colour, fine-art-reproduction throughout. These are the only annually published books on the subject and provide an invaluable window into the fields of southern England.

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ENVIRONMENT

THE INVISIBLE RAINBOW
A history of electricity and life
by Arthur Firstenberg

Over the last couple of centuries society has evolved a universal belief that electricity is 'safe' for humanity and the planet. Scientist and journalist Arthur Firstenberg disrupts this conviction by telling the story of electricity in a way it has never been told before—from an environmental point of view—by detailing the effects that this fundamental societal building block has had on our health and our planet. He traces the history of electricity from the early eighteenth century to the present, making a compelling case that many environmental problems, as well as the major diseases of industrialised civilisation—heart disease, diabetes, and cancer—are related to electrical pollution. Includes extensive notes, bibliography and index.

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THE FANTASTIC INVENTIONS OF NIKOLA TESLA
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HIDDEN ENERGY
Tesla-inspired inventors and a mindful path to energy abundance
by Jeane Manning & Susan Manewich

Inspired by seeing their connection to nature and the cosmos, scientists and inventors are making breakthroughs. But this book is as much about human values, ethics and the Big Picture as it is about new energy technologies. Game-changing breakthroughs in physics and engineering are only part of the picture—the social mindset needs to catch up with the technology. Manning and Manewich bring you up to speed on the next leap for humankind and why a consciousness shift is beginning. The book is divided into five sections: Paradigms; Hidden energy; It's raining innovations; Body, mind & spirit; and Bringing it into our world. You help decide who benefits—amoral corporations or your family, communities and the environment.

261 pages, pb • Code **HE**
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Co-creating with crystals, minerals, and gemstones for healing and transformation *by Robert Simmons*

This book presents the inspired breakthrough in Robert Simmons' 35 year career of exploring and revealing the spiritual qualities and potentials of minerals,

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crystals, and gemstones. Engaging readers step-by-step, Simmons provides guidance on discovering and harnessing the three human powers of intention, attention, and imagination, and initiates readers into an alchemical worldview that leads to spiritual healing, transformation, and transcendence. Offering an illustrated dictionary of the spiritual qualities of more than 375 different minerals, crystals, and gemstones, Simmons also explores in depth what he calls the four cornerstones of the alchemy of stones: moldavite, phenacite, azeztulite, and rosophia. He discusses the stages of alchemical transformation and provides meditative practices with specific stones to go with each stage. Lavishly illustrated, *The Alchemy of Stones* is an invitation to a journey of enlightenment, transformation, and spiritual metamorphosis aligned with the path of our living, conscious Earth.
471 pages, pb • Code **AOS**
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ONE-EYE IN THE LAND OF THE BLIND
The rediscovery of aether • Based on the life of Viktor Schauberger
by Reinout Guépin
This is the incredible yet true story of Viktor Schauberger, an Austrian forest ranger, who discovered a free energy source in the 1920s by quietly observing water in its natural environment. He briefly acquired world fame through his revolutionary inventions but suffered slander from envious scientists and the attempted theft of his patents by greedy industrialists. Forced by the Americans after the Second World War to build the world's most powerful hydrogen bomb using his technology, he wisely kept the final secrets to himself. Fortunately, however, his legacy contains enough clear pointers that a morally mature humanity of the future could safely develop this sustainable, natural 'implosion technology'. A must-read for anyone interested in free energy and a serious eye-opener for those who believe modern science to be on the right track.
415 pages, pb • Code **EYE**
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HEALTH

THE AGE OF ALUMINUM
The dark side of the shiny metal
by Bert Ehgartner
A hundred years ago hardly anyone was aware of this mineral that's so easy to find within the earth's crust, yet today aluminum is everywhere. It's an ideal material for making aeroplanes, computers, pens and much else besides, but is also popular in the cosmetics and pharmaceutical industries. However the accumulation of aluminum in the body can have devastating consequences. In antiperspirants it reacts with the cells to such an extent that they no longer produce sweat. Medicines for heartburn often contain a high proportion of aluminum. It is used as an ingredient in sunscreens and is included as an active amplifier in two-thirds of all vaccines. The findings of science testify conclusively against the heedless use of aluminum in these most sensitive areas of life and publication of this book comes not a moment too soon in adding to the growing number of alarms going off for our urgent attention.
260 pages, pb • Code **AOA**
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A CAT IN HELL'S CHANCE
Written by the campaigners; Edited by Anny Malle
Written almost entirely from contributions by campaigners, this book tells the story of a crusade started by a political novice which gathered momentum over ten years, became a mass movement, and after battles with Oxfordshire police, many arrests, court appearances and jailings, finally shut down Hill Grove cat farm. It also traces the development and the coming to consciousness of a retired Queens Nursing Sister who cast off her more respectable life to commit herself utterly to the cause of anti-vivisection. Cynthia O'Neill was tried and arrested on a number of occasions and spent frequent periods in police custody. Published in 2002, *A Cat in Hell's Chance* gives us all hope that even the most difficult battles, if they are approached with determination and resolve, can be won. It provides a detailed map of the journey which is ultimately necessary for those who want to counter injustice and make radical changes.
219 pages, pb • Code **CAT**
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DISSOLVING ILLUSIONS
Disease, vaccines, and the forgotten history *by Suzanne Humphries, MD & Roman Bystrianyk*
Not too long ago lethal infections were feared in the Western world. Since then many countries have undergone a transformation from disease cesspools to much safer, healthier habitats. From the mid-1800s there was a steady drop in deaths from all infectious diseases, decreasing to relatively minor levels by the early 1900s. The history of that transformation involves famine, poverty, filth, lost cures, eugenicist doctrine, individual freedoms versus state might, protests and arrests over vaccine refusal, and much more. Today we are told that medical interventions increased our lifespan and single-handedly prevented masses of deaths. But is this really true? Using myth-shattering graphs and detailing facts and figures from long-overlooked medical journals, books, newspapers and other sources, this book shows that vaccines, antibiotics and other medical interventions are not responsible for the increase in lifespan and the decline in mortality from infectious diseases. Published in July 2013 after many years of research and work, *Dissolving Illusions* is a well-referenced labour of love.
504 pages, pb • Code **DI**
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CORPORATE TIES THAT BIND
An examination of corporate manipulation and vested interest in public health
Edited by Martin J. Walker
A collection of essays written by influential academic scholars, activists, and epidemiologists from around the world who scrutinise the corporate reasoning, false science, and trickery of those who present the scientific messages of organisations that attack and censure independent voices. It shows how we are bombarded with opposing messages, as producers fight to make big profits and those concerned with health try to warn society of impending toxic dangers. This book addresses how the growth of corporatism is destroying liberal democracy and personal choice. There is a battle taking place between profitability and public health, and this book provides a detailed and scholarly intervention.
550 pages, hb • Code **CTB**
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DIRTY MEDICINE
The handbook *by Martin J. Walker*
This is Martin Walker's 20 year follow-up to his book *Dirty Medicine: Science, big business and the assault on natural health care*. In this new book Walker gives a full and detailed picture of the vested interests, their personalities, organisations and ideas that have shaped the present attack on alternatives in the field of health. Alternative and complementary medicine is under attack on all fronts; this book gives us the knowledge with which to defend ourselves and fight back.
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EAT, DRINK AND BE MERRY!
Basic principles of illness prevention and treatment using nutritional and environmental medicine
by Tuula E. Tuormaa
The author qualified as a nutritional therapist in 1984 but her main interest has always been research and writing. She published many research articles on Clinical Ecology and Nutritional Medicine, some of which have been recognised by international research awards. Published in 2001, the remaining copies of this little book were saved during a clear out from being thrown away and lost to posterity. They are offered now at reduced cost in the hope that something of value may continue to be found within.
192 pages, pb • Code **EDBM**
£7 UK, £10 EU, £12.50 RoW

NEW•NEW•NEW•NEW

A HOLISTIC APPROACH TO VIRUSES
by David Brownstein, M.D.
Brownstein wrote this book in the midst of the COVID-19 pandemic. He says there are many things we can do to help our body overcome any viral infection, including COVID-19. The key to winning the battle against a viral or any other infection is to have a strong immune system that can neutralize and remove a pathogenic agent. COVID-19 should be a wakeup call for all of us. The carnage it has caused did not have to occur. Moving forward let us make sure nothing like this happens again. You can rest assured that other viruses will be around in the future. The way to combat these pathogens resides within us: a strong, well-supported immune system. *"Dr Brownstein gives us the recipe for bolstering the most powerful and successful vaccine ever devised—the human immune system."* – Robert F. Kennedy, Jr., President of Children's Health Defense.
252 pages, pb • Code **HAV**
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HIDDEN DANGERS 5G
How governments, telecom and electric power utilities suppress the truth about the known hazards of electromagnetic field (EMF) radiation
by Captain Jerry G. Flynn (retired electronic warfare specialist)
Did you know?: Clear evidence was found in two 2018 studies that radiation from cell phone towers and cell phones cause cancer; In 2019, Poland's Prime Minister signed the Global Appeal to Ban 5G on Earth and in Space; Class Action lawsuits to stop the rollout of 5G are underway in Quebec, California and elsewhere around the world (although the news media is complicit and won't tell you); Scientists say that unless 5G is stopped, humanity won't have to worry about climate change. This edition of Flynn's book is a completely revamped, much more informative educational document, and deserves to be in every school, library, law and municipal government office. It explains to the reader the different types of 5G and how scientists fear that it will bring about the end of all life on earth.
226 pages, pb • Code **HD5G**
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GARDASIL
Fast-tracked and flawed
by Helen Lobato
Documents the early history of cervical cancer and tracks its progression from a disease of obscurity to one of mainstream prominence. It includes the stories of vaccinated girls and boys who remain ill after receiving a vaccine purported to prevent a disease they were most unlikely to get. It records the voices of dissenters and resisters who call for an inquiry into HPV vaccines approved for use after a relentless propaganda campaign promoting a vaccine against a virus that many had never heard of. This in-depth investigation exposes cracks in the pharmaceutical industry and highlights the problems that arise when government regulators and corporate interests are prioritised ahead of patient safety, independent science and common sense.
138 pages, pb • Code **GARD**
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HRT • Licensed to kill and maim
by Martin J. Walker
Published in 2006, this book revolves around the story of one woman, Maggie Tuttle, who suffered immensely from hormone medication but who, being a campaigner, initiated a patient self-help group she called the Menopausal Helpline. Over ten years she had over ten thousand contacts from women who suffered similarly. She attempted to work with pharmaceutical manufacturers and medical societies to bring about changes but her communications were blocked at every turn, her group denied all support, and eventually as the effort became too great the helpline folded. Other groups that agreed to listen to the hormone 'experts' and accept money from pharmaceutical manufacturers fared much better. 'Disease mongering' is a term for the promotion of quite normal life conditions as somehow in need of pharmaceutical intervention. As with so much else these days it seems, all the problems with HRT (Hormone Replacement Therapy) are created in the space between scientific theory and human practice. The claims of manufacturers, distributors, marketing men and physicians for HRT, in thousands of instances, take no account of the reality of doctor-patient relationships, medical practice and the non-conforming diversity of women's physical and psychological make-up.
367 pages, pb • Code **HRT**
£10 UK, £13.50 EU, £17 RoW

INFORMATION MEDICINE
The revolutionary cell-reprogramming discovery that reverses cancer and degenerative diseases *by Ervin Laszlo and Pier Mario Biava, M.D.*
There are two parts to this book. The first part revisits and revalidates perennial insights resulting in a new paradigm. The living organism is a seamless whole, a 'cognitive network' that functions by receiving and elaborating information. The information it receives is more than the ensemble of humanly produced messages: it is the cosmic 'in-formation' discussed by quantum physicist David Bohm. The reception and elaboration of 'in-formation' in a living system is the key to its health and viability, but this in-formation is not always fully and correctly received. This flaw can be rectified and the authors

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offer a concise review of groundbreaking experiments identifying the power of information medicine to treat and cure some hitherto untreatable and incurable diseases. The second part of the book is dedicated to the documentation and validation of this revolution in medicine, providing the basis for further research and development.
208 pages, pb • Code **INFO**
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IN THE DARK
New ways to avoid the harmful effects of living in a technologically connected world *by Jason Bawden-Smith*
Environmental scientist and entrepreneur Jason Bawden-Smith woke up to the dangers of particular electromagnetic frequencies a few years ago when he realised that they were playing a major part in his own health woes. After studying the research of top EMF scientists he healed himself and went on to write this book. In it he details how we're being 'electri-fried' by EMF waves from Wi-Fi, mobile and cordless phones, smart meters, microwave ovens and other devices and technologies. These waves cause breaks in our DNA and open voltage-gated calcium channels, resulting in oxidative stress and inflammation. *In The Dark* brings stronger awareness to the adverse effects technology can have, and offers simple and practical measures people can take without feeling they have to compromise the lifestyle they want.
187 pages, pb • Code **ITD**
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IODINE
Why you need it • Why you can't live without it *by David Brownstein, M.D.* ***• 5th edition***
Learn what forms of iodine you need and why there is not enough iodine in salt. See how iodine can help: breast cancer, fibrocystic breast disease, detoxification, fatigue, Graves' Disease and Hashimoto's Disease. Find out why iodine deficiency may be the root cause of thyroid problems including hypothyroidism and thyroid cancer. Discover how to get iodine from your diet and improve your immune system. *'Iodine is the most misunderstood nutrient. After 12 years of practicing medicine I can say that it is impossible to achieve your optimal health if you do not have adequate iodine levels. I have yet to see any item that is more important to promoting health or optimizing the function of the immune system than iodine.'* – the author. Each chapter in this 5th edition has been updated, plus there is new material on: children and iodine deficiency, autism, ADHD, what iodine does in the body, and more.
306 pages, pb • Code **IOD**
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LIGHT THAT HEALS
Energy medicine today & beyond *by Donna Fisher*
In the first section 'light that harms' Fisher gives advice on how to measure, limit exposure to, and filter out EM fields and implement 'electromagnetic hygiene' steps for better health. In the second part she focuses on 'light that heals' explaining that EM energy at the right frequencies can have powerful healing effects. She restates and updates information about EMFs including 'dirty electricity' and their links with many illnesses, and goes on to assess a range of techniques utilising EMFs such as the PowerTube, radiowave therapy, oncothermia and the minimally invasive NanoKnife which can treat difficult-to-reach tumours. She considers light treatments such as photobiomodulation, quantum therapy and photodynamics, and therapies utilising colours and crystals. This combination of ground-breaking new technologies with the many conditions they treat is a drug free encyclopedia to assist in achieving and maintaining vitality and health in our EMF-soaked world.
245 pages, pb • Code **LTH**
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THE MAGNESIUM MIRACLE
Discover the missing link to total health *by Carolyn Dean, M.D., N.D.* ***• Second edition***
Magnesium is an essential nutrient, indispensable to your health and well-being. Despite helping to alleviate such threats as heart disease, stroke, osteoporosis, diabetes, depression, arthritis and asthma, many of us remain dangerously deficient. Updated and revised throughout with 30 per cent new material, this amazing guide explains the vital role that magnesium plays in your body and life. Inside you will discover: improved methods for increasing magnesium intake and absorption; how calcium can increase the risk of heart disease—and how magnesium can lower it; a magnesium-rich eating plan as delicious as it is healthy; information on the link between magnesium and obesity; vitamins and minerals that work with magnesium to treat specific ailments; why paleo, raw food and green juice diets can lead to magnesium deficiency. The ultimate guide to this miraculous mineral.
553 pages, pb • Code **TMM**
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Secrets behind chronic and mystery illness and how to finally heal *by Anthony William* ***• Revised & expanded***
Book 1 of the *Medical Medium* series. Anthony William has helped tens of thousands of people heal from ailments that have been misdiagnosed or ineffectively treated, or that doctors can't resolve. He's done this by listening to a divine voice that literally speaks into his ear, telling him what lies at the root of people's pain or illness and what they need to do to restore their health. His methods achieve spectacular results, even for those who have spent many years and much money on all forms of medicine before turning to him. In this extraordinary book he opens the door to all he has learned in over 25 years of bringing people's lives back: a huge amount of healing information, much of which science won't discover for decades, and most of which has never appeared anywhere before.
455 pages, hb • Code **MED**
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MEDICAL MEDIUM LIFE-CHANGING FOODS
Save yourself and the ones you love with the hidden healing powers of fruits & vegetables *by Anthony William*
Book 2 of the *Medical Medium* series. Unleash the hidden powers of fruits and vegetables and transform your life in the process. Much of Anthony's information is dramatically different from the conventional wisdom offered by medical communities, so don't expect to hear the same old food facts rehashed here. A few highlights: Critical information about the specific factors behind the rise of illness and how to protect yourself and your family; Foods to repair your DNA, boost your immune system, improve your mental clarity, alkalize every body system and shield you from others' negative emotions; Techniques to make fruits, vegetables, herbs, spices, and wild foods the most healing they can be for your individual needs; Targeted foods to bring into your life for relief from hundreds of symptoms and conditions.
325 pages, hb • Code **LCF**
£28.50 UK, £33.50 EU, £44.50 RoW

MEDICAL MEDIUM THYROID HEALING
The truth behind Hashimoto's, Graves', insomnia, hypothyroidism, thyroid nodules & Epstein-Barr *by Anthony William*
More and more people are hearing that their thyroids are to blame for their fatigue, weight gain, brain fog, memory issues, aches and pains, insomnia, hair loss, and more. As the thyroid has gotten more attention, though, these symptoms haven't gone away. Labeling someone with 'Hashimoto's', 'hypothyroidism', or the like doesn't explain the myriad health issues that person may experience. There's a pivotal truth that goes unnoticed: A thyroid problem is not the ultimate reason for a person's illness; it is yet one more symptom of something much larger. In Book 3 of the *Medical Medium* series, Anthony William reveals an entirely new take on the epidemic of thyroid illness. He explains in detail what the source problem really is, including what's going on with inflammation and autoimmune disease, then offers a life-changing toolkit to rescue the thyroid and empower readers back to health and vitality.
279 pages, pb • Code **THY**
£22 UK, £25.50 EU, £33.50 RoW

MEDICAL MEDIUM LIVER RESCUE
Answers to eczema, psoriasis, diabetes, strep, acne, gout, bloating, gallstones, adrenal stress, fatigue, fatty liver, weight issues, SIBO & autoimmune disease *by Anthony William*
Book 4 of the *Medical Medium* series. What if you could focus on one aspect of your well-being to transform all the others—and at the same time prevent health problems you didn't even know were lurking beneath the surface? With his signature compassion, Anthony William shares unparalleled insights into undiscovered functions of our lifesaving livers, explains what's behind dozens of health issues that hold us back, and offers detailed guidance on how to move forward so we can live our best lives. A healthy liver is the ultimate de-stressor, anti-aging ally, and safeguard against a threatening world—if we give it the right support. This book offers the answers you should have had all along.
461 pages, hb • Code **LIV**
£34 UK, £40.50 EU, £55 RoW

MEDICAL MEDIUM CELERY JUICE
The most powerful medicine of our time healing millions worldwide *by Anthony William*
What began decades ago as a quiet movement has become a global healing revolution. In Book 5 of his *Medical Medium* series Anthony William introduces us to celery juice's incredible ability to create sweeping improvements on every level of our health. After revealing exactly how celery juice does its anti-inflammatory, alkalising, life-changing work, William gives us the powerful, definitive guidelines to do our own celery juice cleanse correctly and successfully. You'll get instructions on how to make it, how much to drink, when to drink it, and what to expect as your body begins to detox, plus many questions are addressed such as whether blending is better than juicing.
187 pages, hb • Code **CJ**
£25 UK, £28 EU, £35 RoW

MEDICAL MEDIUM CLEANSE TO HEAL
Healing plans for sufferers of anxiety, depression, acne, eczema, lyme, gut problems, brain fog, weight issues, migraines, bloating, vertigo, psoriasis, cysts, fatigue, PCOS, fibroids, UTI, endometriosis & autoimmune *by Anthony William*
Book 6 of the *Medical Medium* series. Anthony William has placed a vast wealth of insight and information into this one-stop resource for cleansing of all kinds, starting with his acclaimed nine-day 3:6:9 Cleanse and expanding into life-saving protocols for specific health needs, including an anti-bug cleanse, a morning cleanse, and a heavy metal detox. Includes critical cleanse dos and don'ts, a guide to supplements you may choose to add to your cleanse, the physical reasons why cleansing can be an emotional experience, and more than 75 recipes and sample menus to get you through your Medical Medium cleanse.
570 pages, hb • Code **CTH**
£34 UK, £41.50 EU, £58.50 RoW

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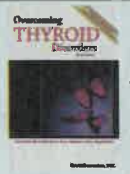

OVERCOMING THYROID DISORDERS
by David Brownstein, M.D. ***• Third edition***
This book will give the reader a novel, holistic approach to diagnosing as well as treating thyroid disorders. A holistic approach treats more than just laboratory tests; it sets up a unique treatment program designed specifically for the individual patient. Brownstein's treatment plan for thyroid disorders involves looking not only at laboratory tests, but also at physical exam signs, symptoms, diet, detoxification pathways, nutritional status and other pertinent information. *Overcoming Thyroid Disorders* explains how a holistic treatment program can effectively treat: Hypothyroidism, Graves' Disease, Hashimoto's Disease, Fibromyalgia, Chronic Fatigue Syndrome, Arthritis and more. Also included is information about: Natural Thyroid Hormone, Bioidentical Natural Hormones, Diet, Vitamins and Minerals Important for Thyroid Function, Detoxification.
333 pages, pb • Code **OTD**
£25 UK, £28.50 EU, £32.50 RoW

OVERTHROWING THE TEMPLE
Loïc Le Ribault and his development of organic silica *by Martin J. Walker*
At university in Paris, Loïc Le Ribault became interested in sand. With the aid of a scanning electron microscope he found unique flora and striations on every grain, and in this manner he developed the new science of exoscopy. Finishing university he set up his own laboratory and in a short time his work became recognised by the French police as a seminal aid in pinpointing perpetrators of violent crime. Wary of Loïc's independence, the French Ministry of the Interior misappropriated his forensic inventions and began training the police themselves. Loïc was forced to close his lab and began a lifelong project to develop the health giving aspects of silica. This search for the ultimate synthesis of organic silica to treat arthritis and skin complaints saw him twice imprisoned. He died in 2007 in unresolved circumstances. Martin Walker got to know Loïc when he was in exile, on the run from anonymous authorities. *Overthrowing the Temple* reads part

thriller, part the story of a dissenting scientist, and part Grimm's fairy tale.
176 pages, pb • Code **OT**
£11.50 UK, £14.50 EU, £16.50 RoW

THE REAL ANTHONY FAUCI
Bill Gates, big pharma, and the global war on democracy and public health
by Robert F. Kennedy Jr.
During more than a year of painstaking and meticulous research, Robert F. Kennedy, Jr unearthed a shocking story that obliterates media spin on Fauci. Kennedy exposes how Fauci uses the financial clout at his disposal to wield extraordinary influence over hospitals, universities, journals, and thousands of influential doctors and scientists—whose careers and institutions he has the power to ruin, advance, or reward. In early 2000, Fauci made a deal with Bill Gates that would aim to control an increasingly profitable $60 billion global vaccine enterprise with unlimited growth potential. *The Real Anthony Fauci* details how Fauci, Gates, and their cohorts use their control of media outlets, scientific journals, key government and quasi-governmental agencies, global intelligence agencies, and influential scientists and physicians to flood the public with fearful propaganda about COVID-19 virulence and pathogenesis, and to muzzle debate and ruthlessly censor dissent.
450 pages, hb • Code **RAF**
£18.50 UK, £22 EU, £29 RoW

RAISING A VACCINE FREE CHILD
by Wendy Lydall
• Second edition
Vaccination is presented to parents as a safe, scientific procedure, which no responsible parent would query. But an increasing number of parents are questioning the validity of this 200 year old ritual. The vaccine industry has responded to this skepticism by introducing coercive measures in many countries in order to achieve compliance. Since its inception in 1795 by Edward Jenner, vaccination has been an unscientific, commercially-based procedure, which is aligned with powerful pharmaceutical interests. At the same time, infectious diseases pose a significant threat to the health and well-being of children in all strata of society. Anti-vaccinationists make statements which contradict official pronouncements. Some activists make wild claims for alternative methods of disease prevention. How does a parent find a way through the maze of conflicting information? In this book Wendy Lydall presents a comprehensive, scientifically-based guide to the myths, facts, problems and solutions associated with raising a vaccine free child.
322 pages, pb • Code **RVFC**
£18.50 UK, £21.50 EU, £26 RoW

SILENCED WITNESSES VOLUME 2
The parents' story • The denial of vaccine damage by government, corporations and the media *Written by the parents; Edited by Martin J. Walker*
Published near the end of the General Medical Council's two and a half year fitness-to-practise hearing against Dr Wakefield, Professor Murch and Professor Walker-Smith, this second volume's introductory material contains an objective view from outside the GMC, looking at the way most British journalists avoided the hearing. Martin J. Walker, who edited these volumes, attended almost every single day of the hearing. In this volume he adds to the introductory material by taking a relatively detailed look at the charges mounted by the GMC prosecution. The main bulk of the book, however, follows the first volume in having chapters written by the parents of vaccine damaged children, and once again gives voice to the injustice done to them and their children.
290 pages, pb • Code **SW2**
£9.50 UK, £12.50 EU, £16 RoW

SKEWED
Psychiatric hegemony and the manufacture of mental illness in multiple chemical sensitivity, Gulf War syndrome, myalgic encephalomyelitis and chronic fatigue syndrome
by Martin J. Walker
Published in 1993, *Skewed* arguably becomes more relevant with each passing year. The book traces chemical companies' arguments against their products causing illnesses and tracks the growth of the theory promoted by them that individuals who report symptoms of chemically induced ill health have personality disorders. The book asks how psychiatric theories of 'unexplained illness' have managed to gain ascendancy and shape the diagnosis, research funding and public perception of these illnesses in Britain.
286 pages, pb • Code **SK**
£8 UK, £9.50 EU, £12 RoW

SLAUGHTER OF THE INNOCENT
by Hans Ruesch
Hans Ruesch's three books – *Slaughter of the Innocent; Naked Empress; 1000 Doctors (and more, Against Vivisection* – published between 1978 and 1989, laid the foundations for the modern anti-vivisection movement, with its uncompromising demand for a complete end to vivisection and the fraudulent scientific arguments which underlie it. Published in 2003 this is the seventh, and only, edition of this book currently in print.
449 pages, pb • Code **SL**
£9.50 UK, £11.50 EU, £16 RoW

STATINS TOXIC SIDE EFFECTS
Evidence from 500 scientific papers
by David Evans
Data collected by the World Health Organisation from 192 countries shows that higher cholesterol levels are associated with a longer lifespan and a reduced risk of cardiovascular disease. Yet annual sales of cholesterol lowering drugs (statins) are in the tens of billions of dollars. So why do virtually all the medical profession and the media think it is a good decision to lower cholesterol levels with statins? And why are they wrong? This book provides answers. Using evidence from 500 scientific papers drawn from peer-reviewed scientific journals, David Evans shows that statins do not save lives but do have a plethora of toxic side effects. Who issues the guidelines for cholesterol lowering and statin use? A chapter is devoted to this subject. You will also discover that statin manufacturers pay for the trials that are used as evidence to increase the use of statin drugs. Thankfully not all in the medical profession are bedazzled by statins...
540 pages, pb • Code **STSE**
£19.50 UK, £23 EU, £30.50 RoW

A YEAR IN AN OFF-GRID KITCHEN
Homestead kitchen skills and real food recipes for resilient health
by Kate Downham
When the panic buying, empty shelves and restrictive rations hit in March 2020, it wasn't a problem for Kate Downham and her family because she knew these skills and she knew how to feed her family without the supermarket system. With the help of this book you can learn these skills too. Make your own cheese, butter, and other dairy essentials. Learn sourdough bread recipes that take only 5 minutes of hands-on time to make. Preserve fruit and vegetables in many ways—from failproof fermenting through to jams, chutneys, pickles and water bath canning. Learn one skill at a time while also finding recipe inspiration in seasonal local recipes that are designed to be cooked in everyday homestead life. These recipes have been tested in many different kitchens and will work on wood stoves as well as conventional electric and gas cookers. Many variations and ingredient substitutions are included along with useful indexes to help make use of seasonal abundance.
220 pages, pb • Code **YOK**
£29.50 UK, £32 EU, £38 RoW

THE TRUTH ABOUT CONTAGION
Exploring theories of how disease spreads *by Thomas S. Cowan, MD, and Sally Fallon Morell*
The authors take a comprehensive and straight-to-the-point look at theories of disease as just that: theories. It was Louis Pasteur who convinced a skeptical medical community that contagious germs cause disease. However, he eventually admitted that the whole effort to prove contagion was a failure, leading to his famous death bed confession, "the germ is nothing, the terrain is everything." Part 1 of this book takes a deep dive into exposing germ theory with subjects like contagion (including a look at Pasteur's notebooks which give a clear picture of the actual history of his research, which may be eye opening for some), electricity and disease, the history of pandemics, AIDS, Covid-19, the reality of flawed testing, and exosomes and resonance. Part 2 presents an intelligent and common sense look at the actual causes for disease, examining the effects of food, water, toxins and mind, body and fear on our health. Part 3 rounds out a concise read by examining Covid-19 symptoms, treatment, masks, social distancing, 5G, Jenner and the smallpox vaccine, Pasteur and the rabies vaccine, the doctrine of immunity, modern vaccines, electrosmog and humanity's future.
194 pages, hb • Code **TC**
£23 UK, £24.50 EU, £28 RoW

HIDDEN HISTORY

THE BIBLE FRAUD
by Tony Bushby
After 12 years of full-time research Tony Bushby published this, his first book, in August 2001. These stocks are from that first printing and reveal Bushby's groundbreaking information about the birth and emergence of the Christian religion. In order to cover this ground it was necessary to consider the New Testament stories from a different perspective. By stripping away their supernatural elements, the earliest church writings relay a confused skeletal outline of the lives of two separate men. *The Bible Fraud* unravels those stories and shows how the New Testament came into being and what it really is. By coordinating new information with surviving records Bushby reconstructs the probable course of events that resulted in Christianity today. An exciting canvas of alternative history unfolds through these pages and it is recommended reading for anyone who is on the search for truth in history.
271 pages, pb • Code **BF**
£16 UK, £18.50 EU, £22.50 RoW

THE SECRET IN THE BIBLE
The lost history of the Giza plateau and how Temple priests of the Great Pyramid preserved the evidence of life beyond death *by Tony Bushby*
Expanding on the territory covered in his first book *The Bible Fraud*, the main focus of this, Bushby's second book, is the Egyptian mysteries as coded into the Giza plateau, the Book of the Dead, the Book of Thoth, the Tarot and the divinely given script of the Torah (the first five books of the Old Testament). The sacred knowledge could be revealed only to initiates trained to receive the awesome energy that comes when the transcendental key is unlocked. *The Secret in the Bible* fully reveals that exalted knowledge, providing a new and fascinating insight into the extraordinary 'Secret of the Dead' and explains why the Holy Bible was always considered a divine book. The author backs up this knowledge with an extensive bibliography. The significance of the secrets revealed in this book cannot be taken lightly.
352 pages, pb • Code **SIB**
£17 UK, £19 EU, £23.50 RoW

CLEOPATRA TO CHRIST
Jesus was the great grandson of Cleopatra *by Ralph Ellis*
• Book 1 of 'The King Jesus Trilogy'
Why was the birth of a poor 'carpenter' in the first century AD attended by the Persian Magi? Why was Jesus later known as the 'King of the Jews'? Using many strands of contemporary evidence, Ralph Ellis has pieced together a historical jigsaw puzzle demonstrating that the biblical Jesus was directly descended from Cleopatra VII, the most famous queen of Egypt. But this is not all, for when piecing this story together it would seem that Jesus also had an aristocratic Roman and royal Persian ancestry, and it is the latter bloodline element that explains the appearance of Persian Magi at his birth. Ralph Ellis has written nine other books which, when taken together, rewrite the entire history of Western theology and much of Western history.
201 pages, pb • Code **CTC**
£9.50 UK, £12.50 EU, £15 RoW

KING JESUS
Prince of Judaea and Rome
by Ralph Ellis
• Book 2 of 'The King Jesus Trilogy'
The primary objective of this book was to confirm that St Paul (Saul) was actually Josephus Flavius. However, this novel identification exposed new perspectives on the life of Jesus, who was actually a real king of Judaea. Contrary to orthodox perceptions, King Jesus and Queen Mary Magdalene were the richest couple in Syrio-Judaea. The Romans wanted to impose taxes on Jesus and Mary, an imposition that provoked the Jewish Revolt. King Jesus fought and lost that war, and so he was crucified, reprieved and sent into exile in a Roman prison in England. This identification of Jesus as a wealthy, royal, warrior-hero of first century Judaea may sound bizarre but that is what the texts say. This is a secret history that has been deliberately concealed from us for two millennia.
617 pages, pb • Code **KJ**
£19 UK, £23.50 EU, £33 RoW

JESUS, KING OF EDESSA
Jesus was a king of northern Syria • The discovery of an original statue of Jesus *by Ralph Ellis*
• Book 3 of 'The King Jesus Trilogy'
We now know (referring to Books 1 & 2) who Jesus was, where he lived, and who his family were. Visit his city, see the ruins of his citadel, gaze upon his statue, handle his coins. In reality Jesus was a son of King Abgarus of Edessa, a princeling with a small realm, a large treasury, and even bigger ambitions. But the wise

prince of northern Syria came up against an intractable Rome and his many plans crumbled to dust. As readers might imagine, the true history of this region undermines much of the biblical fairy-story that the gospel authors crafted, and so Christianity will never be the same again.
595 pages, pb • Code **JKE**
£18.50 UK, £22.50 EU, £31.50 RoW

THE GRAIL CYPHER
The secrets of Arthurian history revealed *by Ralph Ellis*
• Book 4 of 'The King Jesus Trilogy'
Are you willing to have your view of Arthurian, British and Christian history challenged? Are you ready to accept the esoteric mysteries and heresies of the Knights Templar? Once we understand that Jesus and Arthur shared a common history, the rest of Arthurian legend starts to fall into place. Join Ralph Ellis on an extraordinary tour of Arthurian history, much of which you did not even know existed. How can we comprehend the true history of King Arthur if we have not considered the entire corpus of this labyrinthine story? Yet if we bring the many diverse strands together and decipher their true meaning, they explain a great deal about the history of Europe, Britain and Christianity.
646 pages, pb • Code **TGC**
£19 UK, £23.50 EU, £33 RoW

OUT OF AUSTRALIA
Aborigines, the Dreamtime, and the dawn of the human race
by Steven and Evan Strong
Based on fresh examination of both the DNA and archaeological evidence, the authors conclude that modern humans originated from Australia, not Africa. This father-and-son team bring together 30 years of intensive research in consultation with elders in the original Australian community. Among their conclusions are the following: Humans existed in Australia 40,000 years before they existed in Africa; The original Australians travelled in large boats throughout the Indian-Pacific Ocean Rim; Three distinct kinds of *Homo sapiens* are found in Australia; The evidence from the Americas debunks the Out-of-Africa theory. In the words of the authors, "It is our privilege to be able to share some ancient Original Australian (Aboriginal) truths and paradigms that run contrary to the accepted version of Original pre-history...Our role is to relay and validate their ancient account of times long ago, as told by representatives of the oldest continuous culture on this planet."
212 pages, pb • Code **OOA**
£16 UK, £19 EU, £22 RoW

GENISIS
The first book of revelations
by David Wood
The author long believed in the possibility of a geometric solution existing to the mystery of the valley of Rennes-le-Château and that it would pin-point the location of artifacts of religious significance in the area. *Genisis* demonstrates the proof of his conviction and the accuracy with which his findings have dovetailed into other researchers' work leaves little room for either to be questioned. The solution is a temple layout of gigantic proportions covering more than 40 square miles. Not only is its geometry an amazing extrapolation of the constructions and topographical features of the area but it is self-confirming in the numerical ciphers it exposes. Once the author was in possession of the secret numbers, they revealed connections hitherto only suspected—the secrets of the rituals and legends associated with such ancient enigmas as the Ark of the Covenant, the Temple of Solomon, the Round Table and the Arthurian Legends, The Rose Cross, the Ark of Noah, and other ancient mysteries.
309 pages, hb • Code **GENI**
£11 UK, £15.50 EU, £24.50 RoW

GENESET
The second book of revelations
by David Wood & Ian Campbell
Continuing the investigation into the mystery of Rennes-le-Château begun in *Genisis* and using computer analysis to confirm much of the earlier work, the authors here decipher the hidden messages contained within it and establish the mathematical genius of the original designers. You will find the evidence to prove that mankind could never have evolved in the available time span from an ape-like bipedal hominid to Homo sapiens with a massive brain. The so-called 'missing link' necessary to establish such a connection would of necessity be an immense chain of intermediary hominids whose presence would have saturated our paleoanthropological investigations with evidence of their existence. Scientific discoveries have confirmed that not only has our planet had a cataclysmic history but that if we dismiss the warnings of future catastrophes contained in the legends of the past we do so at our peril.
319 pages, hb • Code **GENE**
£16 UK, £20.50 EU, £30 RoW

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ORDER *'GENISIS'* AND *'GENESET'* TOGETHER AND RECEIVE *'POUSSIN'S SECRET'* FOR FREE • Code GSET
£27 UK, £32.50 EU, £52 RoW

POUSSIN'S SECRET
by David Wood & Ian Campbell
An initial investigation by David Wood revealed previously unsuspected connections with the remote past and the possibility of an advanced intelligence having left mankind a warning of an impending disaster. These findings were published under the title *Genisis*. David was then joined by Ian Campbell and together they not only confirmed Wood's findings but produced a mathematical proof of both the intelligence and the message—published under the title *Geneset*. It transpires that Nicolas Poussin, the most prolific of the French artists, recorded a coded confirmation of his awareness of the mystery in his 'Les Bergers d'Arcadie' (The Shepherds of Arcadia). This booklet contains the proof.
32 pages, pb • Code **PS**
£4.50 UK, £7 EU, £7.50 RoW

GIANTS: MEN OF RENOWN
by Denver Michaels
Denver Michaels chases down the many stories of giants around the world and testifies to the reality of their existence in the past. Michaels discusses the races of giants named in the Bible and also examines extra-biblical sources such as the Book of Enoch, The Book of Giants, the Book of Moses and the Ethiopian sacred text of the Kebra Nagast. He then trips around the world, visiting the stories of Mesoamerica and South America, and the firsthand accounts of conquistadors' encounters with giants. He looks at tales from the South Pacific and the Indian subcontinent. He looks at the legends of Europe, starting with the Titans and Olympians of Greece, and visits the rich giant lore of the English, Irish and Norse. When it comes to ancient North America, Michaels tells numerous native legends of giants from the east coast to the west. If it has to do with giants, Michaels covers it.
300 pages, pb • Code **GMR**
£23 UK, £26 EU, £30 RoW

GIANTS ON RECORD
America's hidden history, secrets in the mounds and the Smithsonian files
by Jim Vieira & Hugh Newman
Over a 200-year period thousands of newspaper reports, letters, photos, diaries, and scientific journals have documented the existence of an ancient race of giants in North America. Skeletons ranging from 7 feet up to a staggering 18 feet tall have been reportedly uncovered in prehistoric mounds, burial chambers, caves, geometric earthworks, and ancient battlefields. Strange anatomic anomalies such as double rows of teeth, horned skulls, massive jaws, and elongated skulls have also been reported. Many of these discoveries were sent to the Smithsonian Institution in Washington D.C., seemingly never to be heard about again. This book examines a possible cover-up initiated by Smithsonian scientists starting in the late 1800s. The origins of 'the tall ones' has been shrouded in mystery for centuries but this book reveals where they came from, why they got so large, and the reason for their downfall, using the latest scientific research, genetic data, native myths, news reports, and ethnological research.
395 pages, pb • Code **GOR**
£21 UK, £24.50 EU, £29.50 RoW

THE GIANTS OF STONEHENGE AND ANCIENT BRITAIN
by Hugh Newman & Jim Vieira
Did giants really exist in the British Isles? Do the legends of them building megalithic sites hold any reality? Why does the establishment deny they ever existed? The authors take a deep dive into obscure newspaper accounts, antiquarian diaries, archaeological reports, local history records, newly translated ancient texts, academic papers and written evidence from hundreds of sources going back over a 4,000-year period to uncover the truth. Over 250 accounts of the remains of giant human skeletons have been found, often measured and commented on by famous scientists, scholars and writers at the time. A wealth of folklore talks about sophisticated cultures of giants with supernatural powers and advanced technology who had control over thunder and lightning—as witnessed when their tombs were disturbed by later generations. The authors take a close look at these age-old stories and the remarkable skeletal discoveries to reveal for the first time an important lost chapter of British history.
393 pages, pb • Code **GOSH**
£19.50 UK, £22 EU, £27 RoW

HIDDEN HISTORY
Ancient aliens and the suppressed origins of civilization *by Jim Willis*
This fascinating dissection of the scientific findings, ancient artifacts, folklore, myths, and historical records explores the true nature of humanity's origins. Along the way it delves into: The origins of the cosmos, the Big Bang, and alien influences; The emergence of life, the first humans, human settlements, migration and conflicting timelines; The earliest civilizations, Nazca lines, Stonehenge, Göbekli Tepe, Egyptian pyramids; The megaliths that dot landscapes around the world; Anomalies in the DNA and artifact records; The legends, mythologies, and folklore from the earliest written texts of 10,000 years ago. Combines cutting-edge science with metaphysical, spiritual, and even paranormal views, daring to ask whether there might be a better explanation for humanity's existence and the origins of civilization than the current scientific consensus. Richly illustrated with over 150 photos and graphics and contains a helpful bibliography and extensive index.
464 pages, pb • Code **HHIS**
£20 UK, £23 EU, £29.50 RoW

FORBIDDEN ARCHEOLOGY
The hidden history of the human race
by Michael A. Cremo & Richard L. Thompson
In over 900 pages the authors present definitive evidence that the picture we have of mankind's origins is incomplete. Drawing on extensive research into overlooked evidence across five continents, Cremo & Thompson challenge us to rethink our understanding of human origins, identity and destiny.
910 pages, hb • Code **FA**
£39.50 UK, £45 EU, £57 RoW

THE HIDDEN HISTORY OF THE HUMAN RACE
by Michael A. Cremo & Richard L. Thompson
This book is an abridged version of *Forbidden Archeology*. Over the past two centuries researchers have found bones and artefacts showing that people like ourselves existed on Earth millions of years ago. But the scientific establishment has suppressed, ignored or forgotten these remarkable facts. Why? Because they contradict dominant views of human origins and antiquity.
322 pages, pb • Code **HH**
£18 UK, £20.50 EU, £25.50 RoW

HUMAN DEVOLUTION
A Vedic alternative to Darwin's theory *by Michael A. Cremo*
In this sequel to *Forbidden Archeology* Cremo first summarises the evidence for human presence hundreds of millions of years ago. He then gets to the crux of the book: an alternative theory on human origins involving the 'devolution' of humanity from the realm of pure consciousness or spirit. Cremo asks us to contemplate not just where we come from but what a human being is. The picture he paints is of a Universe teeming with life in gross and subtle energy dimensions. If our scientific understanding is to expand in the 21st century it will have to incorporate knowledge about subtle energies, and this book will help shift the paradigm.
554 pages, hb • Code **HD**
£31.50 UK, £36 EU, £45 RoW

TWO-THIRDS
A history of our galaxy *by David P. Myers; Appendix by David S. Percy Edited by Mary Bennett*
Although this book is in part science-based, drawing on physics and astronomy, it is also deeply philosophical. It demonstrates how the artefacts of our past are the signposts to the future. *Two-Thirds* contains much that is not even recognised by science today, but which can be verified. Age-old mysteries are discussed such as the Moon's essential role in the creation of life on Earth, the significance of the 'Face' on Mars and the relevance of meditation. This is a big book – over 800 pages – which basically seeks to reveal the history and origins of human beings.
811 pages, pb • Code **TT**
£20.50 UK, £27 EU, £41 RoW

THE UNEXPLAINED

THE COSMIC PULSE OF LIFE
The revolutionary biological power

behind UFOs
by Trevor James Constable
First published in 1975, this book provides astounding insight into the author's life-long struggle to let light in on one of the greatest mysteries of all time. In 1958 Constable's first book *They Live in the Sky* advanced the shocking theory that UFOs are mainly invisible. He also held that our atmosphere is home to huge, invisible living creatures, and that these were mutually confused with spacecraft when they became visible. He photographed both types of UFOs with infrared film. A quarter of a century later, teams of engineers and technicians in both Italy and Romania, unaware of Constable's earlier work, obtained virtually identical infrared photos of UFOs which were published in Italy. Later still, NASA used ultraviolet-sensitive videotape to record swarms of invisible UFOs. Convinced that UFOs represent a biological revolution for mankind, Constable began investigating etheric force, starting with the orgone energy discovery of Wilhelm Reich, MD. There's something for everyone in the sheer breadth and depth of his investigations contained within these pages.
346 pages, pb • Code **CPL**
£21.50 UK, £23.50 EU, £28.50 RoW

THE LANDING LIGHTS OF MAGONIA
UFOs, aliens and the fairy kingdom
by Nigel Graddon
British UFO researcher Nigel Graddon takes us to that magical land of Magonia—the land of the fairies—a place from which some people return while others go and never come back. Graddon discusses fairies, the wee folk, elves, fairy pathways, fairy doors, Welsh folklore, the Tuatha de Dannan, UFO occupants, the Little Blue Man of Studham, the implications of Mars, psychic connections with UFOs and fairies. He also presents: photos of fairies; MJ-12 and the Roswell crash; The Welsh Triangle; The Fatima Vision; Dobbies, Kelpies, Piskies and Spriggams; living between the spaces of 'Space-Time'; the mysterious space object Oumuamua; and much more...
260 pages, pb • Code **LLOM**
£20.50 UK, £23.50 EU, £26.50 RoW

STRANGE & MYSTERIOUS ANOMALIES
Myths, conspiracies, discrepancies and out of place objects
by Ian Ross Vayro
NEXUS readers will be familiar with Ooparts (out of place artifacts). This book is a great compilation of these and many other mysteries, anomalies, conspiracies and myths. From Egyptians in Australia to the Templars in America; from the Golden Mean to UFOs; from Cults to Yowie—there is something here for everyone. Some have explanations, some do not; some are totally bizarre, but all are here to bemuse and fascinate. Let these stories take you on a journey into the strange and mysterious...
314 pages, pb • Code **SMA**
£16 UK, £19 EU, £23 RoW

UFOS

ALIEN INTELLIGENCE AND THE PATHWAY TO MARS
The hidden connections between the red planet and Earth
by Mary Bennett with David S. Percy
In this full-colour study based on 25 years of research, Mary Bennett explores the ancient and modern connections between Mars and Earth as well as how extraterrestrial intelligences are trying to assist us in constructing a viable spacecraft to take a human crew swiftly and safely to Mars. She details how exploratory probes sent to Mars in the 1970s triggered over three decades of anomalous yet scientifically validated events, including crop circles. She explains how these formations, along with related events, encode advanced engineering concepts that offer solutions to the fundamental problems presently hindering long-haul crewed spaceflight. Looking at the red planet itself, the author reveals the scientifically verifiable evidence pointing to intelligent design on the Martian surface and looks at the covert links between the Martian formations and Earth's ancient sites. Taking you from a complex on Mars to the Teotihuacán pyramids in Mexico, from phi ratios to the Pentagon, from the Great Pyramid to quantum computing, this exploration of the hidden influence of Mars shows that our abilities as a future space-faring species began in the ancient past and are now coming to fruition.
527 pages, pb • Code **APM**
£23.50 UK, £28.50 EU, £38.50 RoW

ANCIENT ALIEN ANCESTORS
Advanced technologies that terraformed our world *by Will Hart*
Sharing scientific evidence of alien involvement with life on our planet, Will Hart refines the theory of directed panspermia – that life was intentionally seeded on Earth by extraterrestrials – to reveal that the same ET agency also created humans and generated civilisation. He shows how the Earth was terraformed through an engineering program so sophisticated and vast that it has escaped our attention so far. Investigating how the ET agency behind the origin of civilisation is still working behind the scenes today, the author examines the strongest modern UFO accounts, including the Russian Roswell case and the suppressed UFO sightings of NASA astronauts. He shows that this advanced ET civilisation is not an alien race in the way we normally think of 'aliens' but rather that they are our ancestors and as human as we are.
376 pages, pb • Code **AAA**
£19 UK, £21.50 EU, £26.50 RoW

AWAKENING
How extraterrestrial contact can transform your life
by Mary Rodwell
Many people around the world, from all walks of life, believe themselves to be in regular contact with beings from outer space. Mary Rodwell, trained nurse, midwife and therapist, works with individuals said to be having these remarkable experiences. She claims they are not products of over-active imaginations, quite the opposite, they are real and happening to normal, healthy people. Some people are aware of it, but many are completely in the dark, as ET encounters occur in numerous ways. The process of waking up to this multidimensional reality is not always easy, but the results are positively life changing, such as spiritual transformation and expanded awareness. Are you ready to ask: Am I experiencing alien contact? Take the first step, let this book help you find out for yourself.
313 pages, pb • Code **AWA**
£17 UK, £20 EU, £23.50 RoW

SIGNED

LIGHTQUEST
Your guide to seeing and interacting with UFOs, mystery lights and plasma intelligences *by Andrew Collins*
This book embraces a new understanding of the UFO phenomenon by accepting that its existence is deeply rooted in everything from quantum entanglement to multi-dimensional experiences, strange worlds that interpenetrate our own, and psychic communications. Evidence now points to UFOs, mystery lights and alien intelligences being far more exotic than we could ever have imagined. They can be seen as sentient energy forms and complex plasma constructs; manifestations of a higher dimensional reality that has coexisted with the human race since time immemorial, and was in the past seen as the Realm of Faerie. Tales of crashed saucers, ancient astronauts and alien agendas dominate the UFO subject in literature and the media, but is all this leading us astray? *LightQuest* is also a field guide to some of the top UFO hotspots around Britain and the USA—where to go, what to do, and what exactly you might expect to see.
415 pages, pb • Code **LQ**
£17.50 UK, £20.50 EU, £26.50 RoW

THE NEW HUMAN
Awakening to our cosmic heritage
by Mary Rodwell
Throughout her career Mary Rodwell has worked with over 3,000 cases of encounters with non-human intelligences. In this book she explores the diversity of encounter experiences—true accounts from families and children. Many have full conscious recall of past lives, being educated on space craft and having been prepared for their Earth mission. It offers an alternative perspective on those with ADHD, Asperger Syndrome and Autism. It asks: What are hybrids? What does human DNA tell us about our true origins? Why are many professionals coming out of the 'space closet' with their encounter experiences at this time? How have ET encounters awakened and transformed lives? What are the qualities and abilities of the 'New Human' and do we need a new model of reality? Rodwell is convinced that an unprecedented paradigm shift in human evolution is underway.
385 pages, pb • Code **TNH**
£18.50 UK, £21 EU, £26.50 RoW

ZECHARIA SITCHIN

THE ANUNNAKI CHRONICLES
A Zecharia Sitchin reader
Edited by Janet Sitchin
• Includes never before published writings
Providing an insider's look into the decades of research behind Zecharia Sitchin's works as well as an in-depth overview of his theories, this collection includes carefully selected chapters from *The Earth Chronicles* series as well as never before published letters, articles, and lectures. Each piece includes an introduction by Sitchin's niece, offering context and insight into his passionate work and revealing the man behind the theories. We learn about the genesis of *The 12th Planet* in 'The Book as a Story', the Sumerians and their Anunnaki influences in 'The Sudden Civilization', the orbit of Nibiru in 'UFOs, Pyramids, and the 12th Planet', the prehistory of the Americas in 'Cities Lost and Found', the extraterrestrial origins of modern man in 'The Cosmic Connection—DNA', and much more.
375 pages, hb • Code **ACH**
£21 UK, £24 EU, £30.50 RoW

THE LOST BOOK OF ENKI
Memoirs and prophecies of an extraterrestrial god
Having explored humanity's origins from the perspective of humanity itself in *The Earth Chronicles* series, Sitchin here looks at the same story from the view of Lord Enki, an Anunnaki god. Through exhaustive research of primary sources, he here presents the tale as the memoirs of Enki, the leader of the first 'astronauts' to colonise Earth. Is humankind destined to repeat events that occurred on another planet, far away from Earth? An epic tale challenging every assumption we hold about our creation, our past and our future.
330 pages, pb • Code **LBE**
£15 UK, £18.50 EU, £22.50 RoW

DVDS

Note: NTSC DVDs play on most PAL systems but not vice versa.

THE ILLUSION OF REALITY
There is a world that exists beyond this
An investigative documentary 40 years in the making. It began with a need to understand what lay beyond life; a heartfelt search that would find answers to the greatest questions of all. A journey of consciousness, light and energy. A journey of awareness, thought, memory, time, space and hope. An inner discovery of planetary and universal dimensions, alternate futures, extraordinary paranormal experiences—and contact from those beyond this planet and beyond our reality. Ultimately it is a journey of awakening; a journey about love. This world is an illusion. It is time to wake up.
PAL DVD, 242 mins • Code **TIOR**
£20.50 UK, £23 EU, £23.50 RoW

VAXXED: FROM COVER-UP TO CATASTROPHE
In 2013, biologist Dr. Brian Hooker received a call from a senior scientist at the US Centers for Disease Control and Prevention (CDC) who led the agency's 2004 study on the Measles-Mumps-Rubella (MMR) vaccine and its link to autism. The scientist, Dr. William Thompson, confessed that the CDC had omitted crucial data in their final report that revealed a causal relationship between the MMR vaccine and autism. Over several months, Dr. Hooker records the phone calls made to him by Dr. Thompson who provides the confidential data destroyed by his colleagues at the CDC. Dr. Hooker enlists the help of Dr. Andrew Wakefield, the British gastroenterologist falsely accused of starting the anti-vax movement when he first reported in 1998 that the MMR vaccine may cause autism. In his ongoing effort to advocate for children's health, Wakefield directs this documentary examining the evidence behind an appalling cover-up committed by the government agency charged with protecting the health of American citizens.
PAL DVD, 91 mins • Code **VAX1**
£22.50 UK, £25 EU, £25.50 RoW

VAXXED II: THE PEOPLE'S TRUTH
This is the follow-up to the feature-length documentary *Vaxxed: From Cover-up to Catastrophe* which was abruptly censored by the Tribeca Film Festival in 2016 amid pressure from pro-pharmaceutical interests. *Vaxxed* catapulted to notoriety, opening to sold out theatre audiences throughout the US. Stunned by the immense volume of parents lining up outside the theatres with vaccine injury stories to share, the film's producer Polly Tommey began to livestream worldwide, reaching millions, and a community that had once been silenced were empowered to rise up.

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Vaxxed II follows Polly and her team as they set out in an old RV bus in the summer of 2016 across every state in the US—as well as undertaking tours in Canada, the UK, Australia and New Zealand—to record and share these families' stories of vaccine injury. Hear from parents, doctors and nurses with nothing to gain and everything to lose who exposed the vaccine injury epidemic and asked the question on every parent's mind: "Are vaccines really as safe and effective as we've been told?"
PAL DVD, 97 mins • Code **VAX2**
£22.50 UK, £25 EU, £25.50 RoW

WE DON'T VACCINATE!
The myths and reality of the vaccination campaigns
A movie by Michael Leitner
Produced by German freelance journalist Michael Leitner, *We Don't Vaccinate* investigates the claims made by doctors, multinational corporations and health officials who promote vaccination as a safe and effective preventive medical intervention. There are increasing indications to show that the dangers which vaccinations are supposed to protect us from have become disproportionate to the vaccines' expected effects, and this is particularly dramatic for children. The explosion in chronic illnesses in children during the last four decades has parallelled the increase in the number of vaccines given within the first year of life. This complex problem may be due to the additional substances added to vaccines—of particular concern in this film are the aluminium compounds. What is more, this film demonstrates by means of official documents and government infectious disease statistics from the USA, Germany, Austria, England and Wales, that vaccines have never actually protected anyone or saved anyone's life.
PAL DVD, 100 mins • Code **WDV**
£15.50 UK, £18 EU, £18.50 RoW

WHAT HAPPENED ON THE MOON?
An investigation into Apollo
This compelling video throws into serious doubt the authenticity of the Apollo missions and features information that challenges the declared abilities of NASA to successfully send a man to the Moon and return him safely to Earth. New evidence clearly suggests that NASA hoaxed pictures allegedly taken on the lunar surface. The findings are supported by analysis and the testimony of experts from various disciplines including photographer/filmmaker David S. Percy ARPS and physicist David Groves Ph.D. Hear what NASA has to say in response to these disturbing findings.
2 x PAL DVD, 222 mins • Code **WHM**
£20.50 UK, £23 EU, £24 RoW

NEXUS CONFERENCE 2007

20TH to 22ND October 2007,
Novotel Twin Waters Resort,
Sunshine Coast, Australia
PAL DVDs, 90 mins each approx.

1DVD7 • CLIMATE CHANGE - WHAT IS REALLY GOING ON? *Catherine Simons (Aust)*
NEXUS co-editor Catherine Simons presents alternative scientific views and probable causes of climate change that are not being taken into account.
£15.50 UK, £18 EU, £18 RoW

2DVD7 • SUPPRESSED TECHNOLOGY *Dr Ted Loder (USA)*
The Chief Technology Officer for Space Energy Access Systems and Director of the Disclosure Project reveals secret, world-changing technology.
£15.50 UK, £18 EU, £18 RoW

3DVD7 • HUMAN ENERGY FIELDS REVEALED *Dr Harry Oldfield (UK)*
Biologist and inventor of Polycontrast Interference Photography (PIP), Harry reveals the hidden energy fields of all living things.
£15.50 UK, £18 EU, £18 RoW

4DVD7 • THE AMAZING BROWN'S GAS *George Wiseman (USA)*
Director of Eagle Research and free-energy researcher/manufacturer, George discusses Brown's Gas water torches and more.
£15.50 UK, £18 EU, £18 RoW

5DVD7 • THE HISTORY & SCIENCE OF NEGATIVE IONS *Joshua Shaw (Aust)*
The inventor and manufacturer of the Elanra Therapeutic Ioniser, Joshua details the attempts to suppress his work.
£15.50 UK, £18 EU, £18 RoW

6DVD7 • THE ASSAULT ON HEALTH FREEDOM *Meryl Dorey*
President of the Australian Vaccination Network and editor of Informed Voice magazine, Meryl shocks with her findings.
£15.50 UK, £18 EU, £18 RoW

7DVD7 • REVEALING THE SPIRIT WORLD *Dr Harry Oldfield (UK)*
In his second talk, Harry reveals that ghosts, UFOs and other entities can be photographed using PIP technology.
£15.50 UK, £18 EU, £18 RoW

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8DVD7 • EMR, CELL PHONES & YOUR HEALTH *Sherrill Sellman (USA)*
Author and researcher reveals new info on what mobile phones are doing to your body's hormones and the environment.
£15.50 UK, £18 EU, £18 RoW

9DVD7 • PYRAMIDS ACROSS EUROPE *Philip Coppens (UK)*
Respected author presents little-known info on European pyramids, including the controversial Bosnian pyramid.
£15.50 UK, £18 EU, £18 RoW

10DV7 • FROM SOIL TO HEALTH TO SOCIAL CHANGE *Graeme Sait (Aust)*
An expert in all areas of natural agriculture, Graeme reveals practical advice on planting and nutrition.
£15.50 UK, £18 EU, £18 RoW

11DV7 • A CONTACTEE SPEAKS OUT *Flor Amanowicz*
Flor speaks publicly for the first time of her extraordinary experiences with ETs in Peru and Australia's important role to come.
£15.50 UK, £18 EU, £18 RoW

12DV7 • CROP CIRCLES 2007 *Philip Coppens (UK)*
Philip's second talk covers the intricate geometry of many formations as well as behind-the-scenes politics.
£15.50 UK, £18 EU, £18 RoW

13DV7 • UFO SECRECY & OUR FUTURE *Dr Ted Loder (USA)*
Dr Ted Loder's second presentation clearly explains how we can gain immediate benefits from public disclosure and utilisation of advanced technology that already exists.
£15.50 UK, £18 EU, £18 RoW

14DV7 • SUMMARY HIGHLIGHTS
A special 2 hour DVD covering the highlights and most popular segments of the conference.
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NEXUS CONFERENCE 2008

4TH to 6TH October 2008,
Novotel Twin Waters Resort,
Sunshine Coast, Australia
DVDs 90 mins each approx.
PAL & NTSC formats available

1DVD8 • SCHAUBERGER AND THE MAGIC OF WATER *Callum Coats (Aust)*
Explains Viktor Schauberger's ingenius work, especially with water, harnessing nature's simplicity with understanding of the vortex.
£15.50 UK, £18 EU, £18 RoW

2DVD8 • PROTECTING AGAINST E-SMOG *Walter Laufs (Germany)*
Mastermind of a solution to E-Smog.
Plus...
NEGATIVE IONS & HEALTH *Joshua Shaw (Aust)*
Joshua's latest invention, fluoridation exposé, the Pan fiasco and more...
£15.50 UK, £18 EU, £18 RoW

3DVD8 • WHITE POWDER GOLD *Barry Carter (USA)*
Barry believes that this is the greatest scientific discovery in human history, associated with levitation, superconductivity and biological and psychic effects.
£15.50 UK, £18 EU, £18 RoW

4DVD8 • MORE BIO-ENERGY FIELD MYSTERIES *Dr Harry Oldfield (UK)*
Scientist and inventor utilising the special properties of crystals, expands on his amazing discoveries with energy fields and the invisible universe.
£15.50 UK, £18 EU, £18 RoW

5DVD8 • UNDERSTANDING HUMANS, EXTRATERRESTRIALS & OUR PLANETARY MIND *Gary Opit (Aust)*
Research from multi-disciplined fields gives us a new understanding of our universe, including our Moon.
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6DVD8 • EVOLUTION AND THE INTERVENTION THEORY *Lloyd Pye (USA)*
Latest information combining data from ancient records with what science reveals in our own DNA, indicating off-world intervention.
£15.50 UK, £18 EU, £18 RoW

7DVD8 • UNDERWATER RUINS FROM PREHISTORIC TO MODERN TIMES *Karen Mutton (Aust)*
Overviews sunken ruins around the world including the latest research in Spain, Bimini, Yonaguni and India.
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8DVD8 • CONSPIRACIES & THE BIG PICTURE *Project Camelot (USA)*
Bill Ryan & Kerry Cassidy share interviews, alternate time-lines and enlightening testimonies about the true nature of our world.
£15.50 UK, £18 EU, £18 RoW

9DVD8 • THE MITCHELL-HEDGES CRYSTAL SKULL *Bill Homann (USA)*
Covers the history and legends surrounding this unique skull. **Bonus:** Harry Oldfield's exclusive footage of the skull's energy fields.
£15.50 UK, £18 EU, £18 RoW

10DV8 • THE CHAMPION OF ALL PLANTS — HEMP *Susanna Wilkerson*
Explains how easy it is to grow the most useful plant on the planet organically for food, shelter, clothing, fuel, paper and building materials.
£15.50 UK, £18 EU, £18 RoW

11DV8 • GOD SAVE US FROM RELIGION *Ian Ross Vayro (Aust)*
The author of *God Save Us From Religion, Tears In Heaven* and *They Lied To Us In Sunday School* shares his views on the validity of theology.
£15.50 UK, £18 EU, £18 RoW

12DV8 • THE *RINGING CEDARS* AT WORK *Leonid Sharashkin (Russia)*
The editor of the *Ringing Cedars Series* explains the spiritual, cultural and economic significance of the Russian dacha gardening movement.
£15.50 UK, £18 EU, £18 RoW

13DV8 • SCIENCE MEETS SPIRITUALITY — WHERE NEXT? *Paul Bailey (Aust)*
The author of the best selling book *Think Of An Elephant* discusses the meeting ground of science and spirituality.
£15.50 UK, £18 EU, £18 RoW

14DV8 • SUMMARY HIGHLIGHTS
A special 2 hour DVD covering the highlights and most popular segments of the conference.
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NEXUS CONFERENCE 2010

24TH to 26TH July 2010,
Novotel Twin Waters Resort,
Sunshine Coast, Australia
DVDs 90 mins each approx.
PAL & NTSC formats available

1DVD0 • DIRTY ELECTRICITY, EMFS & HEALTH *Donna Fisher (Aust)*
Author and investigator of the links between ill health and the invisible plague. Simple solutions for homes, schools & at work.
£15.50 UK, £18 EU, £18 RoW

2DVD0 • THE TRILLION DOLLAR CONSPIRACY & THE NWO *Jim Marrs (USA)*
Award-winning author and investigative journalist in the fields of UFOs, JFK, 9/11, remote viewing and secret control groups.
£15.50 UK, £18 EU, £18 RoW

3DVD0 • AMAZING ANCIENT ARCHAEOLOGICAL ARTEFACTS *Klaus Dona (Austria)*
Art exhibition curator who travels the world in search of unusual artefacts. Extraordinary evidence of mankind's true heritage.
£15.50 UK, £18 EU, £18 RoW

4DVD0 • THE ELECTRIC UNIVERSE (2010) *Wal Thornhill (Aust)*
Key researcher on the electric nature of the cosmos helps us understand the solar system, ancient cataclysms and solar changes. Includes unique predictions.
£15.50 UK, £18 EU, £18 RoW

5DVD0 • FREQUENCY HEALING TECHNOLOGY *Dr Kathy Forti (USA)*
Came back from a near-death experience with the blueprint for a new technology. Experience some beautiful fractal visuals.
£15.50 UK, £18 EU, £18 RoW

NEXUS MAIL ORDER

Prices in pounds sterling (GBP) and include postage to UK, EU, Rest of World

6DVD0 • HIDDEN HISTORY
Jim Marrs (USA)
Secrets that connect the Bible, the Knights Templar, Freemasons, the Trilateral Commission & 9/11. Don't miss either of Jim's popular, witty & fascinating presentations.
£15.50 UK, £18 EU, £18 RoW

7DVD0 • LANGUAGE & SOCIAL CONTROL *David-Wynn: Miller (USA)*
How our language has been used to enslave the masses for thousands of years; and what we can do about it. New insights on 'takeovers'.
£15.50 UK, £18 EU, £18 RoW

8DVD0 • THE EXPANDING EARTH & 2012 *Dr James Maxlow (Aust)*
Geologist and leading advocate of the Expanding Earth hypothesis and what we can expect in the future. Includes animated models of shifting Poles.
£15.50 UK, £18 EU, £18 RoW

9DVD0 • UFOS, EXOPOLITICS AND DISCLOSURE *Stephen Bassett (USA)*
Leading advocate for ending government secrecy about an extraterrestrial presence engaging the human race. Antigravitic technology solutions.
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10DV0 • HCG HORMONES, BODY FAT & HEALTH *Sherrill Sellman (USA)*
Discovers an unusual and effective way of losing weight without the usual side effects of traditional diets. See the rejuvenating results.
£15.50 UK, £18 EU, £18 RoW

11DV0 • SACRED GEOMETRY & UNIFIED FIELDS *Nassim Haramein (USA)*
Physicist presents new concepts explaining how we are all interconnected & can access infinite knowledge. ***Plus...***
A PART OF THE 'BIG PICTURE'?
Duncan Roads (Aust) 30 mins
A shocking yet empowering exposé.
£15.50 UK, £18 EU, £18 RoW

12DV0 • THEY LIED TO US IN SUNDAY SCHOOL *Ian Ross Vayro (Aust)*
Noah & biblical intrigues. Back by popular demand.
£15.50 UK, £18 EU, £18 RoW

13DV0 • COMMUNICATING WITH ANIMALS *Trisha McCagh (Aust)*
Animal Whisperer explains 5 levels of communication with the animal kingdom. Interacts with pets & in the wild. Incredible tales not to be missed!
£15.50 UK, £18 EU, £18 RoW

14DV0 • SUMMARY HIGHLIGHTS
A special 2 hour DVD covering the highlights and most popular segments of the conference.
£20.50 UK, £23 EU, £23 RoW

NEXUS CONFERENCE 2011

23RD to 25TH July 2011,
Novotel Twin Waters Resort,
Sunshine Coast, Australia
DVDs 60–90 mins each
PAL & NTSC formats available

1DVD1 • DANGERS OF DIRTY ELECTRICITY AND ELECTROMAGNETIC FIELDS *David Stetzer (USA)*
Co-inventor of RF meters and filters explains how to detect, measure and neutralise high-frequency voltage transients (dirty electricity) and electromagnetic fields.
£15.50 UK, £18 EU, £18 RoW

2DVD1 • REMOTE VIEWING, PSYCHOKINETICS AND LUCK CYCLES
James F. Coyle (Vanuatu)
Author of *Beyond Belief* on secrets of mind power, out-of-body states and luck cycles.
£15.50 UK, £18 EU, £18 RoW

3DVD1 • ESP, MIND CONTROL AND THE NEW ALCHEMICAL PARADIGM
Dr Richard A. Miller (USA)
Physicist and alchemist expands on ESP, mind control and agriculture for a new age.
£15.50 UK, £18 EU, £18 RoW

4DVD1 • TIME-TRAVELLING EXTRATERRESTRIALS AND SELF-ACTIVATING MACHINES
Linda Moulton Howe (USA)
Earthfiles website editor on UFO cover-ups, ET time travellers seeking our DNA, and self-activating symbols and machines.
£15.50 UK, £18 EU, £18 RoW

5DVD1 • UFO MYSTERY AND CONSPIRACY IN SUBURBAN MELBOURNE *Shane Ryan (Aust)*
Presents his film *Westall '66* about a UFO mass sighting and the ensuing official cover-up.
£15.50 UK, £18 EU, £18 RoW

6DVD1 • THE NEW SCIENTIFIC RENAISSANCE AND OUR SURVIVAL BLUEPRINT *Robert Pope (Aust)*
Hails a new era of fractal life-science that's our survival blueprint into the future.
£15.50 UK, £18 EU, £18 RoW

7DVD1 • SACRED GEOMETRY, CONSCIOUSNESS AND THE UNIVERSAL ORDER *Jonathan Quintin (NZ)*
Artist / cosmologist shows how sacred geometry can attune us to the harmony of the universal order.
£15.50 UK, £18 EU, £18 RoW

8DVD1 • SPACE WEAPONS TREATY AND THE COSMIC CULTURAL CONNECTION *Dr Carol Rosin (USA)*
Skype presentation, including NEXUS Editor, on a treaty to ban space-based weapons and plans to link with cosmic cultures.
£15.50 UK, £18 EU, £18 RoW

9DVD1 • LIFE AFTER DEATH, LIFE BEFORE LIFE, AND PAST LIFE RECALL
Barry Eaton (Aust)
Radio presenter, psychic and *Afterlife* author tackles the age-old questions of what happens when we die and what we may find on the other side.
£15.50 UK, £18 EU, £18 RoW

★ SPECIAL OFFER ★
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(*SUMMARY HIGHLIGHTS* NOT INCLUDED) • Code SET11
£149.50 UK, £154 EU, £164.50 RoW

10DV1 • NATURAL SOLUTIONS FOR WEIGHT LOSS AND GREAT HEALTH
Sherrill Sellman (USA)
Naturopathic doctor on hormone and metabolism balancing in weight loss.
£15.50 UK, £18 EU, £18 RoW

11DV1 • STANDING UP TO THE ASSAULT ON OUR HEALTH FREEDOM *Meryl Dorey (Aust)*
Australian Vaccination Network founder on governments and vested interests eroding our freedom in alternative health and vaccination.
£15.50 UK, £18 EU, £18 RoW

12DV1 • PROPHECIES AND ILLUSTRATIONS OF BENJAMÍN PARRAVICINI *Flor Amanowicz (Aust)*
Psychic intuitive presents spiritual messages from an Argentinian seer.
£15.50 UK, £18 EU, £18 RoW

13DV1 • COSMIC COINCIDENCES AND EXPECTATIONS FOR 2012
Pane Andov (Aust)
Computer scientist turned yogi prepares us for the end of a Great Cycle in 2012.
£15.50 UK, £18 EU, £18 RoW

14DV1 • CONVERSATIONS WITH ALIENS ON OUR HISTORY AND FUTURE *Alec Newald (NZ)*
CoEvolution author reveals significant new details which his ET hosts say can be released now.
£15.50 UK, £18 EU, £18 RoW

15DV1 • THE CHANI PROJECT & OTHER HIGH-LEVEL PLANS FOR HUMANITY'S SPIRITUAL AWAKENING *Duncan Roads (Aust) in lieu of 'Acolyte'*
NEXUS Editor summarises the work of an insider on CHANI predictions and BEZERK links.
£15.50 UK, £18 EU, £18 RoW

16DV1 • SUMMARY HIGHLIGHTS
Highlights of the three day NEXUS Conference 2011 containing approximately five minutes of each presentation.
£20.50 UK, £23 EU, £23 RoW

NEXUS CONFERENCE 2013

22ND to 24TH June 2013,
Novotel Twin Waters Resort,
Sunshine Coast, Australia
PAL DVDs, 90 mins each approx.

1DVD3 • MEDICINAL AND INDUSTRIAL USES OF HEMP
Susanna Wilkerson
Naturopath and industrial help grower expands on hemp's amazing health benefits and offers eco-sound solutions in building and farming.
£15.50 UK, £18 EU, £18 RoW

2DVD3 • SMART METERS, WI-FI, MOBILE PHONES & EMF
Dr Don Maisch
Expert on effects of EMF highlights the latest environmental and health concerns, especially with smart meters.
£15.50 UK, £18 EU, £18 RoW

3DVD3 • LIFE BEYOND DEATH
Dannion Brinkley (via Skype)
Lightning-strike survivor and near-death experiencer reveals what happens when we 'die'.
PLEASE NOTE: Dannion's visual begins 20 minutes into his talk but the audio is complete throughout.
£15.50 UK, £18 EU, £18 RoW

4DVD3 • COMMUNICATING WITH ANIMALS *Trisha McCagh*
Internationally acclaimed as a teacher and animal communicator, Trisha is the author of *Stories from the Animal Whisperer*.
£15.50 UK, £18 EU, £18 RoW

5DVD3 • SECRET NAZI TECHNOLOGY AFTER WORLD WAR II
Douglas Dietrich
Former US Department of Defense librarian uncovers secret technology and the hidden history of World War II.
PLEASE NOTE: This DVD will be remastered and forwarded without charge to those who have ordered it, in the event that the slides are released for this presentation.
£15.50 UK, £18 EU, £18 RoW

6DVD3 • MAGNESIUM, THE 'MOTHER MINERAL' *Sandy Sanderson*
Health researcher explores the healing powers of magnesium.
£15.50 UK, £18 EU, £18 RoW

7DVD3 • THE ATACAMA HUMANOID AND DISCLOSURE UPDATE *Dr Steven Greer (via Skype)*
Founder of the Center for the Study of Extraterrestrial Intelligence (CSETI) and The Disclosure Project.
£15.50 UK, £18 EU, £18 RoW

8DVD3 • MILITARY RESPONSE TO HOSTILE UFOS *Gordon Duff*
Senior editor of USA Veterans Today and counterintelligence specialist reflects on his exposure to *Majestic* documents and UFOs.
£15.50 UK, £18 EU, £18 RoW

9DVD3 • CHILDREN'S CONTACT WITH EXTRADIMENSIONAL BEINGS
Mary Rodwell
Contactee researcher records extraordinary conscious contact between children and ETs.
£15.50 UK, £18 EU, £18 RoW

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£149.50 UK, £154 EU, £163.50 RoW

10DV3 • SACRED MATHEMATICS, GEOMETRY AND SYMBOLOGY
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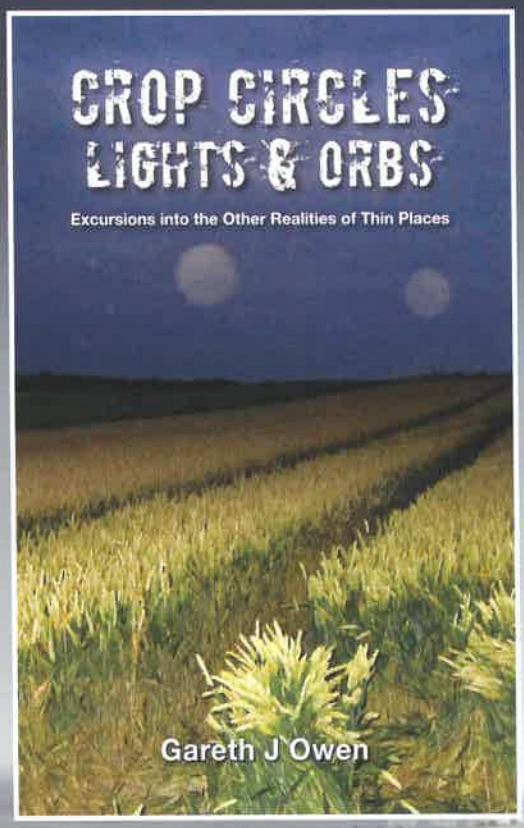

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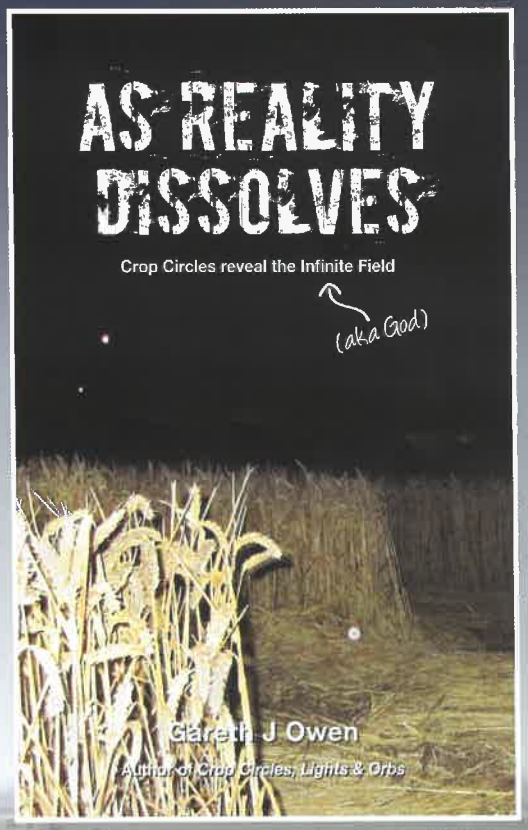

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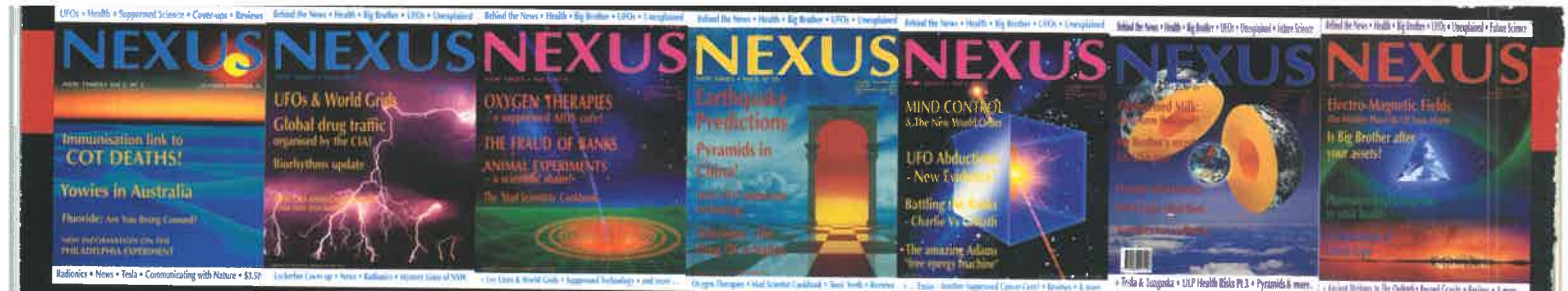
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